



# February 2025

## NHC Place Farragut - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Locations Legend</u></p> <p>Soda Fountain (SF) One on One (1:1) Living Room (LR)</p> <p>Out of Facility (OF) Dining Room (DR)</p>		<p>Activity calendar is subject to change. Please check daily activity signs.</p>		<p><u>Dimensions Of Wellness Legend</u></p> <p>Social Emotional Intellectual Spiritual</p> <p>Physical Vocational Environmental</p>		<p>10:30 Resident Led- Activity Packets (SF)</p> <p>3:00 BINGO (SF)</p> <p>5:30 Resident Led- Pool Game (LR)</p>
<p><b>Groundhog Day</b></p> <p>10:30 Sunday Service (SF)</p> <p>2:00 Catholic Visits with Darlene (1:1)</p> <p>2:30 Resident Led- Card Games (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Book Club- Short Stories and Devotions (LR)</p> <p>2:00 BINGO (SF)</p> <p>3:00 Coffee and Donuts (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Piano Music with Jan (SF)</p> <p>2:30 Romances to Remember (SF)</p> <p>5:30 Diamond Art with Sarah (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Devotions with Chaplain Austin (SF)</p> <p>2:00 Crafting Valentine's Day Cards (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>9:30 Rosary with Carol (1:1)</p> <p>10:30 Random Trivia (SF)</p> <p>2:30 Hot Chocolate and Conversation (SF)</p> <p>3:30 Devotions and Hymns with Karen and Jeff (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Baking Club- Community Project (SF)</p> <p>1:30 Pet Therapy with Piper (1:1)</p> <p>2:30 Super Bowl Themed Happy Hour (SF)</p>	<p>10:30 Resident Led- Activity Packets (SF)</p> <p>3:00 BINGO (SF)</p> <p>5:30 Resident Led- Pool Game (LR)</p>
<p><b>Super Bowl</b></p> <p>10:30 Sunday Service (SF)</p> <p>2:00 Catholic Visits with Darlene (1:1)</p> <p>2:30 Resident Led- Activity Packets (SF)</p> <p>6:30 Super Bowl Watch (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Crafting Cards with Renita (SF)</p> <p>10:30 Book Club- Short Stories and Devotions (LR)</p> <p>2:00 BINGO (SF)</p> <p>3:15 Diamond Art with Sarah (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Card Games (SF)</p> <p>2:00 Animal of the Month- Humminngbirds (SF)</p> <p>2:00 Making Bird Feeders (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Out Trip- Shopping at Publix (OF)</p> <p>10:30 Devotions with Chaplain Austin (SF)</p> <p>2:00 Jewelry Making (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>9:30 Rosary with Carol (1:1)</p> <p>10:30 Family Feud (SF)</p> <p>2:00 Name that Song (SF)</p> <p>3:30 Devotions and Hymns with Karen and Jeff (SF)</p>	<p><b>Valentines Day</b></p> <p>9:30 Morning Exercise (SF)</p> <p>10:30 Valentine's Day Games (SF)</p> <p>1:30 Pet Therapy with Piper (1:1)</p> <p>2:30 Valentine's Day Social (SF)</p>	<p>10:30 Resident Led- Activity Packets (SF)</p> <p>3:00 BINGO (SF)</p> <p>5:30 Resident Led- Pool Game (LR)</p>
<p>10:30 Sunday Service (SF)</p> <p>2:00 Catholic Visits with Darlene (1:1)</p> <p>2:30 Resident Led- Card Games (SF)</p>	<p><b>Presidents Day</b></p> <p>9:30 Morning Exercise (SF)</p> <p>10:30 Crafting Cards with Renita (SF)</p> <p>10:30 Book Club- Short Stories and Devotions (LR)</p> <p>2:00 BINGO (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Active Games (SF)</p> <p>2:00 Resident Council (SF)</p> <p>3:15 Afternoon Social (SF)</p> <p>5:30 Diamond Art with Sarah (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Out Trip- Lunch at Longhorn Steakhouse (OF)</p> <p>10:30 Devotions with Chaplain Austin (SF)</p> <p>2:30 Arts and Crafts- Flower Craft (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>9:30 Rosary with Carol (1:1)</p> <p>10:30 Cranium Crunches (SF)</p> <p>2:30 Monthly Birthday Party (SF)</p> <p>3:30 Devotions and Hymns with Karen and Jeff (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 President Trivia (SF)</p> <p>1:30 Pet Therapy with Piper (1:1)</p> <p>2:00 Live Music with Paul Indelicato (DR)</p> <p>3:00 Happy Hour (SF)</p>	<p>10:30 Resident Led- Activity Packets (SF)</p> <p>3:00 BINGO (SF)</p> <p>5:30 Resident Led- Pool Game (LR)</p>
<p>10:30 Sunday Service (SF)</p> <p>2:00 Catholic Visits with Darlene (1:1)</p> <p>2:30 Resident Led- Activity Packets (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Book Club- Short Stories and Devotions (LR)</p> <p>2:00 BINGO (SF)</p> <p>3:15 Diamond Art with Sarah (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Arts and Crafts- Winter Bird Watercolor Painting (SF)</p> <p>2:30 Which War was It? Trivia (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 Out Trip- Lunch at Cracker Barrel (OF)</p> <p>10:30 Devotions with Chaplain Austin (SF)</p> <p>2:30 Cooking Club- Making Pizzas (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>9:30 Rosary with Carol (1:1)</p> <p>10:30 Jeopardy (SF)</p> <p>2:00 Men's Group-America on the Move (SF)</p> <p>3:30 Devotions and Hymns with Karen and Jeff (SF)</p>	<p>9:30 Morning Exercise (SF)</p> <p>10:30 National Park Series- 5 (SF)</p> <p>1:30 Pet Therapy with Piper (1:1)</p> <p>2:30 Happy Hour (SF)</p> <p>3:00 Karaoke (SF)</p>	