

January 2025

NHC HealthCare Oak Ridge



WIFI: NHC-guestaccess
PASSWORD: nhcguest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><i>"You are never too old to set another goal or to dream a new dream"</i> - C.S Lewis</p>	<p>New Year's Day 1 8:00 1:1 Visits 10:00 Workout Wednesday 10:15 Resident Council 2:00 2025 Toast & Trivia 5:00 Rose Bowl</p>	<p>2 8:00 1:1 Visits 10:15 Temple Baptist Church 2:30 Bingo-Fit</p>	<p>3 8:00 1:1 Visits 10:00 Fun Friday Group 2:30 Hot Chocolate & Soothing Tunes</p>	<p>4 8:00 1:1 Visits 10:00 Saturday Cinema 6:00 Welcome to January Leisure Packet</p>
<p>5 8:00 1:1 Visits 8:30 Catholic Mass 9:00 Old Fashioned Gospel Hour 11:00 Temple Baptist Church</p>	<p>6 8:00 1:1 Visits 10:30 Daily Chronicles, Horoscopes & Weather 2:30 Bingo</p>	<p>7 8:00 1:1 Visits 9:30 Manicures & Music 2:30 Brain Games</p>	<p>8 8:00 1:1 Visits 10:00 Workout Wednesday 2:30 Elvis Lives Day 7:30 Spring Hill Baptist Church</p>	<p>9 8:00 1:1 Visits 10:15 Temple Baptist Church 2:30 Sentimental Travel 7:30 Orange Bowl</p>	<p>10 8:00 1:1 Visits 10:00 Fun Friday Group 2:30 Reminisce with Friends</p>	<p>11 8:00 1:1 Visits 10:00 Saturday Cinema 6:00 Busy Bee Leisure Packet</p>
<p>12 8:00 1:1 Visits 8:30 Catholic Mass 9:00 Old Fashioned Gospel Hour 11:00 Temple Baptist Church</p>	<p>13 8:00 1:1 Visits 10:30 Daily Chronicles, Horoscopes & Weather 2:30 Bingo</p>	<p>14 8:00 1:1 Visits 9:30 Manicures & Music 2:30 Creative Crafts</p>	<p>15 8:00 1:1 Visits 10:00 Workout Wednesday 2:30 Martin Luther King History</p>	<p>16 8:00 1:1 Visits 10:15 Temple Baptist Church 2:30 Monthly Birthday Party</p>	<p>17 8:00 1:1 Visits 10:00 Fun Friday Group 2:30 Sip & Paint</p>	<p>18 8:00 1:1 Visits 10:00 Saturday Cinema 6:00 Martin Luther King Leisure Packet</p>
<p>19 8:00 1:1 Visits 8:30 Catholic Mass 9:00 Old Fashioned Gospel Hour 11:00 Temple Baptist Church</p>	<p>Martin Luther King JR Day 20 8:00 1:1 Visits 10:00 Sit & Be Fit 10:30 Daily Chronicles, Horoscopes & Weather 2:30 Bingo</p>	<p>21 8:00 1:1 Visits 9:30 Manicures & Music 2:30 Mind Benders</p>	<p>22 8:00 1:1 Visits 10:00 Workout Wednesday 2:30 Table Top Games</p>	<p>23 8:00 1:1 Visits 10:15 Temple Baptist Church 2:30 Bingo-Fit</p>	<p>24 8:00 1:1 Visits 10:00 Fun Friday Group 2:30 Valentine Craft</p>	<p>25 8:00 1:1 Visits 10:00 Saturday Cinema 1:00 All about Winter Leisure Packet</p>
<p>26 8:00 1:1 Visits 8:30 Catholic Mass 9:00 Old Fashioned Gospel Hour 11:00 Temple Baptist Church</p>	<p>27 8:00 1:1 Visits 10:00 Sit & Be Fit 10:30 Daily Chronicles, Horoscopes & Weather 2:30 Bingo</p>	<p>28 8:00 1:1 Visits 9:30 Manicures & Music 2:00 Color Me Calm</p>	<p>29 8:00 1:1 Visits 10:00 Workout Wednesday 2:30 Hot Tea Social</p>	<p>30 8:00 1:1 Visits 10:15 Temple Baptist Church 2:30 Bingo-Fit</p>	<p>31 8:00 1:1 Visits 10:00 Fun Friday Group 2:30 Valentine craft boxes</p>	