

All activities are subject to change.

Ask your CNA for in-room supplies such as word search, coloring, reading, and magazines when the Life Enrichment Partners are unavailable.

January 2025

Holston Health & Rehabilitation Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>We will Thrive in 2025!</p>		<p>HAPPY NEW YEAR</p>	<p>9:30 Scripture Cart 1 11:00 Chair Exercise and Brain Games 2:00 Uninvited Guest Story</p>	<p>9:15 1:1 Fun! 2 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy with Bodie 2:00 Art Session</p>	<p>9:15 Virtual Laptops 3 11:00 Uplift 2:00 Wonderful Word Games</p>	<p>9:00 Weekend Packet 4 1:00 Movie Matinee</p>
<p>1:00 Pet Therapy with Finnegan 5 2:00 Worship with Temple Baptist</p>	<p>9:00 Nail Polish 100-200 6 11:00 Gameshows 2:00 Elvis Entertainer Birthday Party 6:00 Creative Coloring</p>	<p>8:30 Focus Paper 7 11:00 Undecorating Day 2:00 Bingo</p>	<p>9:30 Beauty Shop 8 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Elvis B-day fun!</p>	<p>9:15 1:1 Fun! 9 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy with Bodie 2:00 Butterfly Art Session</p>	<p>9:15 Virtual Laptops 10 10:30 Pet Therapy with Jack 11:00 Uplift 1:30 Men's Group 2:00 Basket Ball Challenge</p>	<p>9:00 Weekend Packet 11 1:00 Movie Matinee</p>
<p>1:00 Pet Therapy with Finnegan 12 1:45 Celebration of Life 2:00 Worship with Temple Baptist</p>	<p>9:00 Nail Polish 300 13 11:00 Gameshows 2:00 Pizza Baking 6:00 Creative Coloring</p>	<p>8:30 Focus Paper 14 11:00 Chair Exercise and Brain Games 2:00 Bingo</p>	<p>9:30 Beauty Shop 15 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Steve Carr Birthday Party</p>	<p>9:15 1:1 Fun! 16 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy with Bodie 2:00 Greeting Cards with Kathy</p>	<p>9:15 Virtual Laptops 17 11:00 Uplift 2:00 Dolly Day!</p>	<p>9:00 Weekend Packet 18 1:00 Movie Matinee</p>
<p>1:00 Pet Therapy with Finnegan 19 2:00 Worship with Temple Baptist</p>	<p>9:00 Nail Polish 400 20 11:00 Gameshows 1:00 Resident Council 2:00 Spa Day with HASLAM 6:00 Creative Coloring</p>	<p>8:30 Focus Paper 21 11:00 Chair Exercise and Brain Games 2:00 Bingo</p>	<p>9:30 Beauty Shop 22 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Glamour Day</p>	<p>9:15 1:1 Fun! 23 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy with Bodie 2:00 Art Session</p>	<p>9:15 Virtual Laptops 24 10:30 Pet Therapy with Jack 11:00 Uplift 2:00 Let's Laugh</p>	<p>9:00 Weekend Packet 25 1:00 Movie Matinee</p>
<p>1:00 Pet Therapy with Finnegan 26 2:00 Worship with Temple Baptist</p>	<p>9:00 Nail Polish 500-600 27 11:00 Gameshows 2:00 Balloon Bop 6:00 Creative Coloring</p>	<p>8:30 Focus Paper 28 11:00 Chair Exercise and Brain Games 2:00 Bingo</p>	<p>9:30 Beauty Shop 29 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Chinese New Year</p>	<p>9:15 1:1 Fun! 30 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy with Bodie 2:00 Art Session</p>	<p>9:15 Virtual Laptops 31 11:00 Uplift 2:00 Puzzling Pictures</p>	