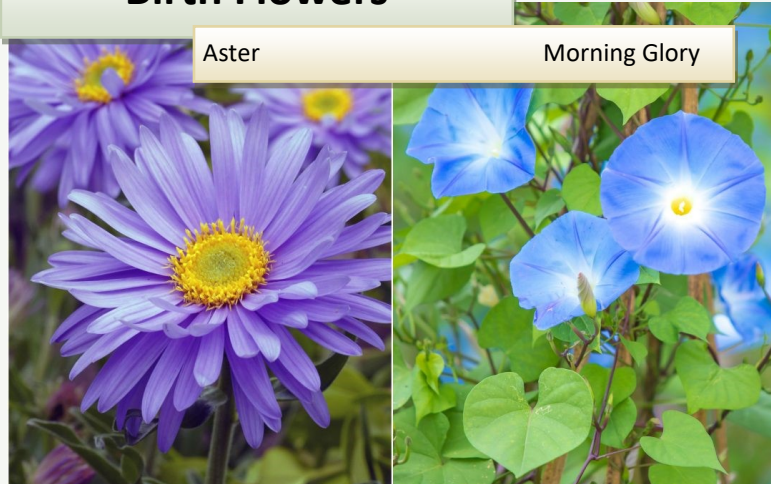


SEPTEMBER

The Romans believed that September was looked after by the god of fire. So they always expected fires and volcanic eruptions to occur during this month. Out of all 12 months of the year, September is spelled with the most letters. It contains nine letters, and it happens to be the ninth month of the year.

Birth Flowers



September Birthday Symbols and Zodiac Signs

The birthday symbols and signs for September are:

- Official birthstone: Sapphire
- Alternative birthstone: Lapis Lazuli
- Birthstone color: deep blue
- Birth flowers: Aster and Morning Glory
- Zodiac star sign: Virgo (Aug 23 - Sep 23)
- Zodiac star sign: Libra (Sep 24 - Oct 23)
- 5th and 45th wedding anniversaries: Sapphire
- 65th wedding anniversary: Star Sapphire

Blue Sapphire

The origin of the word 'sapphire' appears to come from Latin sapphirus and Greek sappheiros meaning 'blue' or 'precious stones'. The brilliant blue Sapphire gemstone is associated with truth, sincerity, constancy and purity of the soul.

Blue Sapphire, one of the four precious gemstones together with [Diamond](#), [Ruby](#) and [Emerald](#) and is extremely valuable.

The origin of the word 'sapphire' appears to come from Latin *sapphirus* and Greek *sappheiros* meaning 'blue' or 'precious stones'.

The brilliant blue Sapphire gemstone is associated with truth, sincerity, constancy and purity of the soul.

Besides being a meaningful September birthday gift, Sapphire is also given to celebrate the 5th and 45th wedding anniversaries, and Star Sapphire is the traditional 65th anniversary gift.

BIRTHSTONE



ADMINISTRATIVE TEAM

GIDEON SELLARS

Administrator

KAREN TROTTER

Assistant Administrator

CARRIE TURNQUIEST

Director of Nursing

LISA BOLLINGER

Business Office Manager

HOPE PATTERSON

Staff Development

WALEED BERBER

Admission & Social Services

LAUREN DOBSON- WHITE

Rehabilitation Unit

DAVID CATHCART

Dietary

YOLANDA BROCKMAN

Health Information Management

ANNIE REBADULLA - MEAD

Life Enrichment Department

JOEY HANKS

Plant Operation

LAMEL PORTER

Laundry & Housekeeping

NHC –Mauldin Ranked in Fund-Raising for the “End to Walk Alzheimer’s Event” Slated on October 5.

Ms. Yolanda Brockman, Team Captain for team NHC-Mauldin to “End to Walk Alzheimer’s Event” announces the achievements of the team. She is proud to announce that our community is now on first top listing for Greenville South Carolina Fund raiser listings. The team was also the highest ranking number 1 of the top ten in NHC Corporate Level. Through the leadership and commitment of Ms. Brockman for this cause have raised the amount of \$9,727.29 exceeding the set goal of \$9,000.00. She is still gearing towards \$10,000 before the event.

Team Captain is extending her appreciation to the NHC patrons–

families, friends and staff who supported the fundraising by giving cash donations, items such as furniture, antique China wares, basket of assorted goodies which was sold during the silent auctioned, snack cart, food events and the time devoted by the team for helping realized and achieved the goal.

NHC-Mauldin Team is still to continue to raise more money before the Walk in October. .

The Walk “End to Walk Alzheimer’s Event” is slated on Saturday, October 5, 2024 at Greenville Flour Field West-end. The registration starts at 8:00am and Opening Ceremony is at 8:45am. (amead)

THE END OF ALZHEIMER’S STARTS WITH YOU.



EMPLOYEE OF THE MONTH

STACEY GARY



CONNIE BABB



Sept. 1	Jennifer Balon
Sept. 4	Bridget Golden
Sept.5	Jaclyn Tompkins
Sept. 6	Connie Babb
Sept. 7	McIntosh Brownlee
Sept. 7	Brianna O.
Sept. 20	Julie Gombash
Sept. 21	Vernasa Jacobs
Sept. 25	Stacey Gary
Sept. 25	Ndyishimiye Jeanette
Sept.25	Carrie Turnquist
Sept. 29	Deena Clark
Sept. 29	Shenika Smith

Welcome to our New NHC PARTNERS

Muria Watts	CNA
Cici Trans-Reynolds	CNA
Vanessa Jones	RN
Tyler Robinson	LPN
Alexis Cromer	CNA
Richard Martin	Volunteer
Don Arturo Cuadra	Volunteer
Africa Bruster	RN
Laqueshia Grant	CNA
Tiffany Tuff	Dietary
Kayla Sexton	CNA
Kendra Gilchrist	Unit2-Manager
Tytiyanu Williams	CNA



Aug. 2	Emmerline Alfred	Aug. 11	Paulette Robinson	Rozine	
Aug. 3	Bianca Echeverria	Aug. 17	Theresa Garrett	Aug. 23	Michael Berk
Aug. 7	Dietra Clement	Aug. 17	Elizabeth Hammett	Aug. 28	Serphine Muneza
Aug. 7	Linda Gilchrist	Aug. 19	Jaclyn Tompkins	Aug. 29	Jaquraka Foggie
Aug. 10	Kathy Gambrell	Aug. 22	Nsengiyumva Marie	Aug. 30	Travia Henderson

**A quick look back
AUGUST SPECIAL EVENT**





- Wednesday, Sept. 11** | 2:00 | Venue: Main Dining Rm. | *Tony Washington*
- Saturday, Sept. 14** | 3:00 | Venue: Rehab– Unit 3 | *Young Adult Gospel Live Music Community Baptist Church*
- Saturday, Sept. 15** | 3:30 | Venue: Rehab—Unit 3 | *Local Vocals*
- Tuesday, Sept. 17** | 2:00 | Venue: Main Dining Room | *Live Country Music “Jacob Eber”*
- Friday, Sept. 20** | 11:30 | Venue: Main Dining Room | *Blue Plate Special with Live Concert “John & Lory”*
- Tuesday, Sept. 24** | 2:00 | Venue: Main Dining Room | *Alzheimer’s Awareness Banquet*
- Wednesday, Sept. 25** | 7:30 | Venue: Main Dining Room | *Breakfast Buffet*
- Thursday, Sept. 26** | 2:00 | Venue: Main Dining Room | *Chips Auction*



LIVE CONCERT
JOHN AND LORY
FRIDAY, Sept. 20, 2024
11:30am
VENUE: Main Dining Hall

Council Officers Inauguration to Serve for Two-Years

The Resident’s Council Officers’ Inauguration happened on August 14, 2024 during the Special Lunch a joint community Cruise Week Event.

Mr. Gideon Sellars and Karen Trotter inducted the officers Oath-Taking Ceremony. The Council Officers affirmed their dedication to serve their constituents for the span of two years 2024-2026.

The Officers who took the Oath were Ms. Anne Webb-Pratt, President; Mr. John Hopkinson, Vice President; Ms. Patt Hammack, Secretary and Ms. Judy Sanders, Asst. Secretary.



Yolanda Brockman Elected as AHIMA Commissioner for 2025



Ms. Yolanda Brockman, HIM Director

Congratulations to Yolanda Brockman, Registered Health Information Technician (RHIT) who was recently elected for the position of a Commissioner to serve for the start of year 2025 under the (CCHIIM) Commission on Certification for Health Informatics and Information Management for the American Health Information Management Association (AHIMA).

The Commissioner has the sole and independent authority on the approvals and issuing New Certification

and renewals of the HIM Professionals. It is responsible in establishing and enforcing the Mandates of the Commission.

The election of the candidates was meticulously executed by the Selection Board . The candidates went through layers of interview process, video presentations, background checks and biographies before announcing the selection of the candidates for the position. The voting was done on July 22 to August 5.

EXCERPTS FROM THE EXPERTS

Laughter is the Best Medicine

The phrase "laughter is the best medicine" is an aphorism that may have originated in the Old Testament. Research suggests that laughter can have many health benefits, including:

- Pain relief: Laughter releases endorphins, which are natural painkillers, and can temporarily relieve pain.
- Stress reduction: Laughter decreases levels of cortisol, the stress hormone, which can help reduce stress and anxiety.
- Improved cardiovascular health: Laughter increases blood flow and oxygen intake, which can improve cardiovascular health and reduce the risk of heart disease or stroke.

- Improved immune system: Laughter increases immune cells and infection-fighting antibodies, which can improve resistance to disease.
- Improved mood: Laughter releases serotonin, which is a natural anti-depressant, which can contribute to an immediate boost in mood and relaxation.
- Improved glucose tolerance: Laughter may improve glucose tolerance.
- Raised pain threshold: Laughter may raise the pain threshold.

Laughter engages many different parts of the brain and releases neurochemicals such as serotonin, dopamine, oxytocin, and endorphins (by Google AI)



Newly Installed Library/Reading Room at Unit 2/ Activity Room



Unit 3 New Library.



Rehab-Unit 3 Dining Area got a Piano for Live Entertainers

RESIDENT OF THE MONTH

Lucile Newton Stuckey

CELEBRATING MONUMENTAL MILESTONE
THIS SEPTEMBER



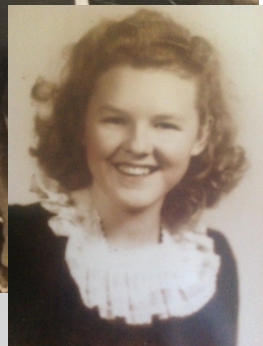
graders and multiple Sunday school and bible study classes throughout her lifetime. After WWII, she met Kingstree, SC native James Henry Stuckey who was a Clemson cadet and pilot during the war. They moved to Kingstree where they raised their four children.

Lucile was an excellent cook. She canned fresh vegetables from the garden, made jams and jellies, and baked the best homemade coconut cake on the planet. She was an avid reader of biographies, healing food books, and the Bible. Lucile has read the Bible through many times marking her favorite verses and writing her prayers in the margins. A huge animal lover, she always had cats and dogs as pets and enjoyed feeding the birds and animals on the farm.

Lucile's greatest love is for her children and grandchildren. She cherishes her large family - 4 children, 9 grandchildren, 17 great-grandchildren, and 16 great-great-grandchildren who all call her Mama Ceil.



Lucille at age 21



Lucille at her 19s-/20s

Lucile Newton Stuckey was born on September 1924 and raised in Central, SC where she attended Central High School and Wesleyan Methodist College. A natural born teacher, Lucile loved teaching first, second and third



Lucile & Henry Stuckey in their mid-20s



Lucile with her 4 children from Left to right: Keith, Betty, Mary and Jimmy

