

# ALL ABOUT MONTH OF JULY

**July** is the seventh month of the year in the Julian and Gregorian Calendars. Its length is 31 days. It was named by the Roman Senate in honor of Roman general Julius Caesar in 44 B.C., being the month of his birth. Before then it was called Quintilis, being the fifth

## Birth Flowers

### Floriography (language of flowers)

is a means of cryptological communication through the use or arrangement of flowers. Meaning has been attributed to flowers for thousands of years, and some form of floriography has been practiced in traditional cultures throughout Europe, Asia, and Africa.



**Blue Delphinium (larkspur)**



The water lily is the national flower of Iran, Bangladesh and Sri Lanka. The Emblem of Bangladesh contains a lily floating on water. It is also the birth

flower for the month of July.

The Nymphaeaceae, which is also called (Nilufar Abi in Persian), can be seen in many reliefs of the Achaemenid period (552 BC) such as the statue of Anahita in the Persepolis. Lotus flower was included in Kaveh the blacksmith's Derafish and later

July's **BIRTHSTONE** which symbolizes contentment.



*Ruby*

The **ZODIAC** signs are Cancer (until July 22) and LEO (July 23 onward)

## TAKE TIME

Take time to *laugh*  
It is the music of the soul.

Take time to *think*  
It is the source of power.

Take time to *play*  
It is the fountain of wisdom.

Take time to *pray*  
It is the greatest power on earth.

Take time to *love and be loved*  
It is a God-given privilege.

Take time to be *friendly*  
It is the road to happiness.

Take time to *give*  
It is too short a day to be selfish

Take time to *work, paid or voluntary*  
It is the price of success.

-Anonymous-



# NEWSLETTER

## THE GRAPEVINE NHC-MAULDIN

JULY, 2024

### ADMINISTRATIVE TEAM

**GIDEON SELLARS**

Administrator

**KAREN TROTTER**

Assistant Administrator

**CARRIE TURNQUIEST**

Director of Nursing

**LISA BOLLINGER**

Business Office Manager

**HOPE PATTERSON**

Staff Development

**WALEED BERBER**

Admission & Social Services

**LAUREN DOBSON- WHITE**

Rehabilitation Unit

**DAVID CATHCART**

Dietary

**YOLANDA BROCKMAN**

Health Information Management

**ANNIE MEAD**

Life Enrichment Department

**JOEY HANKS**

Plant Operation

**LAMEL PORTER**

Laundry & Housekeeping

## CNA Appreciation Week Celebrated at NHC-Mauldin

Our community Celebrated the 2024 Certified Nursing Assistants Appreciation Week with a theme "We'll be there for you" on Tuesday, June 18, 2024 at the Main Dining Hall at 2:00pm. The program highlighted the invaluable role of the CNA to Long term healthcare communities. They are the vital source of information needed by each interdisciplinary team who works towards the goals and better understanding of each residents daily living activities.

The recognition for the CNA started way back in 1986 which was lobbied and recognized by Congress. Through the efforts made by the organization of National Network of Career Nursing Assistant (NNCNA), the Tribute for the CNA was successfully achieved and installed worldwide. Since then it became an annual event in the month of June for the dedicated CNA Partners here in our community.

The event was attended by the CNA partners and Administrative Team spearheaded by the Director of Nursing, Carrie Turnquest. Highlights of the event was the awarding of a Plaque of recognition to the deserving and promising CNA. Tokens of Appreciation were also given to each CNA on their dedicated performance. The awards was presented by the Administrator, Mr.

Gideon Sellars and assisted by Ms. Karen Trotter in recognizing the 2024 awardees. The nominees were Maria Balderas, Dietra Clement, Connie Babb and Tonya Clark. The NHC Mauldin CNA of the year award was given to Maria Balderas. NHC is thankful for their unwavering dedication to achieve the greatest quality of life of every residents in the community.



*Maria Balderas, CNA of the year*



July 5

Lee Bolden, Jr.  
July 6  
Tracey Duckett  
Ebony McMorris

July 13

Taurean Arthur

July 15

Helen Burns

July 22

Christina Brown

July 25

Mary Sibert

July 27

Shirley Dendy  
Linda Gilchrist

July 31

Jamaya Boggs  
Lacie Colvin  
Margarita Cruz-Justo  
Tamiya Mike  
Jennifer Ortega Cruz  
Miyishia Taylor  
DayanaraTrejo

*Welcome to our New NHC*  
**PARTNERS**

Annie R. Mead - Life Enrichment Director  
Shaina McCray, Housekeeping  
Antonio Jones, Laundry;  
Jody Collins, CNA  
Jennifer Phillips, CNA  
Quanasha Stone, CNA  
Connie McIvor, LPN  
Jacqueline Green, LPN  
David Simmons, Dietary

**EMPLOYEE OF THE MONTH**

**MAGGIE WEDMORE**

Congratulations to Maggie Wedmore, DPT, Director of Physical Therapy services at NHC Mauldin for July Employee of the Month ; Maggie has done such a wonderful job with her patients, supporting her physical therapy team for the 3 years employed at NHC Mauldin. Maggie reports her favorite part of her job is being able to work with and support the geriatric population, allowing them to progress with mobility skills so necessary for returning to their prior level of function-whether community bound or remaining long term at NHC. Maggie enjoys walking, reading for leisure, playing with her cats, visiting with her family or just catching up on the latest season of Bridgerton. Originally from Northern Illinois, everyone at NHC Mauldin is sure glad that she decided to stay in South Carolina to share her skills.



**JAMAYA BOGGS**

Jamaya Boggs is a shining example of respect, dedication and positivity in our team at NHC. She has a hardworking nature, and is always willing to provide a helping hand to fellow partners whether she is providing direct care or not. Jamaya has a contagious smile that brightens the workplace environment and uplifts the spirits of those around her. Jamaya graduated from our CNA class here at NHC. She is outstanding!



July 1	Doloros Miller	July 14	Quentin Hall
July 4	Shantara Privett	July 14	Wendy Martin
July 7	Shirley Dendy	July 14	Tina Parker
July 8	Justin Julian	July 18	Soraya Nance
July 10	Denise Smith	July 21	Lakeya Brown
July 10	Benjamin Childress	July 25	Vernasa Jacobs
July 13	Janette Newbill		Precious Westbury
July 13	Michael Stone	July 27	Margaret Boozer
		July 29	Lisa Bollinger

**Activities Department renamed to Life Enrichment Department**

For several years Operators and Management Corporations for Long Term Cares Facilities have referred to the department with many titles such as: Recreation Department, Celebration Department, Activities Department and so forth.

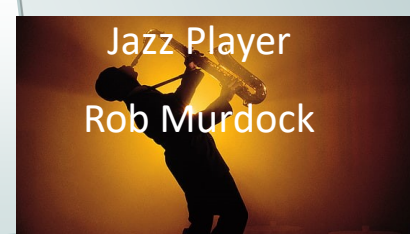
There were so many theories that have developed since the 1960's to recently, they now have come up with one name that will signify the relevance and Quality Life for each resident.

NHC Mauldin has now adapted the new name of the department. From Recreation Department to the new title "Life Enrichment Department" this term means developing and maintaining a strong quality of life while considering each resident's mental, emotional, social, physical and spiritual aspect . A commitment from the Activities professionals to have person-centered activities programs that based on their interest and preferences and reflect the quality of life vision.



July 10  
2:00pm  
VENUE:  
NHC Unit 3

**LIVE CONCERT**



July 17  
2:00pm  
VENUE:  
NHC Special Care Unit & Unit 1

**"THE BLUE GALS" Ventriloquized LIVE**



July 18 at 2:00pm  
VENUE: Unit 2  
**BETHLEHEM BAPTIST CHURCH MISSIONARY GROUP**



**COMMUNITY EVENT**  
**WHEN: July 26, 2024**  
**VENUE: Main Dining Hall**

LIVE MUSIC @ NHC  
Main Dining Hall  
"Lunch Blue Plate SPECIAL" on July 19  
1:00pm  
**PLEASE MAKE RESERVATION NOW FOR**

**Nicole Marie Quinn**  
Vocalist, Pianist & Songwriter  
Blues, Jazz, R&B, Rock, Classical & Originals  
864-828-0038  
[linktree.com/nicolemariequinnmusic](http://linktree.com/nicolemariequinnmusic)



**LIVE CONCERT**  
**"Dandy Don Cowboy"**  
2:00 at NHC Unit 2



# CALENDAR OF ACTIVITIES

JULY 2024

REHAB UNIT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>AR - Activity Room</b> <b>BS - Beauty Shop</b> <b>D:D - Door to door</b> <b>DR - Dining Room</b> <b>L - Library</b> <b>P - Patio</b> <b>SR - Sun Room</b>	9:30 New Calendars - D:D 10:30 Chair Yoga w/Vickie 1:00 Reading Club/One-on-One 2:00 Arts & Crafts 3:00 HappyHour/Friendship Club 4:00 One-on-ones	<b>BEAUTY SHOP OPEN@10AM</b> 9:30 News & Conversation <b>10:30 Chair Yoga w/Instructor Stephanie -SPC</b> 10:30 Group coloring 2:00 BINGO- AR 3:00 Hydration Cart	<b>BEAUTY SHOP OPEN@10AM</b> 9:30 Porch Pal, Coffee & Conversation 10:00 Devotional <b>2:00 Texas Hold'em w/Marilyn</b> 3:00 Ice Cream Cart		9:30 Coffee & Conversation 10:00 Music & Devotional-AR 11:00 Beach Ball Toss -AR <b>2:30 Resident's Council Meeting</b> 3:30 Hydration Cart	9:30 Music & Conversation <b>10:30 BINGO w/Marilyn</b> 2:00 Movie 3:00 Friendship Club 4:00 One-on-ones	
10:00 Gospel Music 10:30 TV Live Church Service 2:00 Bingo 3:00 Friendship Club meet-up	9:30 Music&Conversation-AR 10:00 News and Coffee - AR 10:30 Chair Yoga w/Vickie <b>2:00 BibleStudy with Joe Franks-MDR</b> 3:00 HappyHour/Friendship Club 4:00 One-on-ones	<b>BEAUTY SHOP OPEN@10AM</b> 9:30 News & Conversation 10:30 Group coloring -AR 2:00 BINGO 3:00 Hydration Cart	9:30 Music & Conversation 10:00 Devotional -AR 11:00 Balloon Toss- AR <b>2:00 LIVE CONCERT Jazz Music w/Rob Murdock (unit 3)</b> 3:00 Lemonade Cart	9:30 Music & Conversation 10:30 TRIVIA 2:00 Fun Afternoon Get-together 3:00 Hydration Cart 4:00 One-on-ones	9:30 Coffee & Conversation 10:00 Music & Devotional 10:30 Pretty Nails 2:00 Movie & Popcorn 3:00 Hydration Cart	9:30 Music & Conversation <b>10:30 BINGO w/Marilyn</b> 2:00 Movie 3:00 Friendship Club 4:00 One-on-ones	
10:00 Gospel Music 10:30 TV Live Church Service 2:00 Bingo 3:00 Friendship Club Meet-up	9:30 Music & Conversation 10:30 Chair Yoga w/Vickie 1:00 Reading Club/One-on-ones <b>2:00 Bible Study w/ Joe Franks - MDR</b> 3:00 HappyHour/Friendship Club	9:30 Music & Conversation <b>10:30 Chair Yoga w/Instructor Stephanie -SPC</b> 10:30 Crafts -AR 2:00 BINGO -DR 3:00 Hydration Cart -D:D	9:30 Music & Conversation 10:00 Devotional - SR 11:00 Table Games 2:00Arts&Crafts:River Rock paint <b>2:00 Live "The Blue Gals" Ventriloquized Event -SCU</b> 3:00 Root Beer Floats	9:30 Music & Conversation 10:30 TRIVIA -SR <b>2:00 Fun Afternoon Get-together</b> 3:00 Hydration Cart	9:30 Music & Conversation 10:00 Helping Hands-MDR <b>12:00 Lunch Blue Plate Special with Live Music with Nicole Quinn at 1:00pm - MDR</b> 3:00 Hydration Cart	9:30 Music & Conversation <b>10:30 BINGO w/Marilyn</b> 2:00 Movie 3:00 Friendship Club 4:00 One-on-ones	
10:00 Gospel Music 10:30 TV Live Church Service 2:00 Bingo 3:00 Friendship Club meet-up	9:30 Music & Conversation 10:30 Chair Yoga w/Vickie 11:00 Pretty Nails <b>2:00 Bible Study w/Joe Franks- 1:00 Reading Club/One-on-ones</b> 3:00 HappyHour/Friendship Club	9:30 Music & Conversation 10:30 Group Coloring-AR 2:00 BINGO 3:00 Hydration Cart	9:30 Music & Conversation <b>10:00 Glamour Day (Hairdo and Make-up)Photo shoots follows</b> <b>2:00 LIVE CONCERT w/Dandy Don Cowboy Entertainment-U2</b> 3:00 Lemonade Cart	9:30 Music & Conversation 10:30 TRIVIA - SR 2:00 Fun Afternoon Get-together 3:00 Hydration Cart	9:30 Coffee & Conversation 10:00 Helping Hands -MDR <b>2:00 CARNIVAL EVENT</b> <b>Venue: Main Dining Hall</b>	9:30 Music & Conversation <b>10:30 BINGO w/Marilyn</b> 2:00 Movie 3:00 Friendship Club 4:00 One-on-ones	
10:00 Gospel Music 10:30 TV Live Church Service 2:00 Bingo 3:00 Friendship Club meet-up	9:30 Music & Conversation 10:30 Chair Yoga w/Vickie 1:00 Reading Club/One-on-ones <b>2:00 Bible Study w/Joe Franks - MDR</b> <b>2:30 Art and Craft: Tie Dye</b> 3:00 HappyHour/Friendship Club	9:30 Music & Conversation 10:30 Crafts 2:00 BINGO 3:00 Hydration Cart	9:30 Music & Conversation 10:00 Devotional - SR 10:30 Balloon Toss 2:00 Sing-along w/Vickie 3:00 WaterMelon Cart				

TEAM PAGE OF NHC MAULDIN

Support our team for the Alzheimer's Association Walk to End Alzheimer's", the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Let's support and research. Let's Support those we care for, let's honor those that we have Lost, and let's try to protect those who are living with this disease by walking or donating for this cause.

**DONATE TO THE TEAM OR YOU MAY JOIN OUR TEAM.**

OUR GOAL \$9,000.00

The NHC Team has achieved at least 52% of its goal. As of today, we achieved \$4,674.74.

**PLEASE SUPPORT OUR ADVOCACY**

For more information and inquiries, please contact Yolanda Brockman, Team Captain



UPCOMING FUNDRAING EVENTS

July 10

Breakfast Omelet Bar at Main Dining Hall

August 6-12

Basket Auction

August 13

Potato and Salad Bar (\$5.00)

(Date to be determined)

Silent Auction



T-shirts are available in all sizes. S, M, L (\$12.00) 1XL, 2XL (\$13.00); 3XL ,4XL(\$15.00); Children Size not available

Cash Only

Please make your order NOW. Please see our Front Desk Partner

Please help us reach our goal!



ALICE BLACK

RESIDENT OF THE MONTH

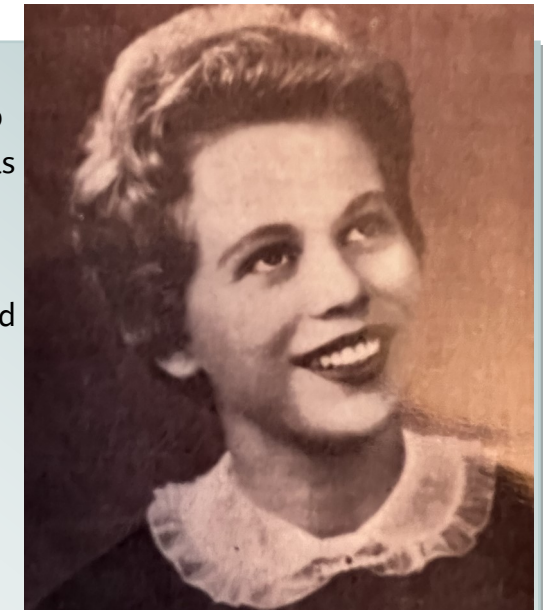
Alice prefers to be called "Patsy". She grew up in Spartanburg, South Carolina as she called it "My hometown." To her families and friends she is a determined and strong willed lady that always finds a way to put a smile on your face.

She was married to Howard for 53 years and have four beautiful children, two boys and two girls. She was a homemaker until her children went to college. As she continued relating her story, she uttered "My children are grown up and have their own families, and they are not all living local. However, when they

visited me, my world lights up like a Christmas tree".

Patsy and her husband's good parenting reflects the goodness of a happy family that has now passed to the new generation .

Now, my home is NHC Mauldin. I meet new residents and staff and I enjoy to having conversations with them. As Barbara the Activity Coordinator state, "Ms. Patsy is a good conversationalist and she enjoys group activities. Outdoor activities". is one of her favorites activity especially when the sun is shining Patsy also never misses her evening news.



APPRECIATION

Remarks

Q. How likely are you to recommend NHC Mauldin to friends or family? 10

What is the primary reason for your score?

ANSWER: Everyone was on task for what each resident needed and were there in a timely manner. The entire staff showed care and compassion while taking care of the people. The meds and meals were given at the appropriate times and the OT and PT were fantastic. Always came in a timely fashion and everyone had a sense of caring. The CNA's were on top of everything they were supposed to do. Stacey was exceptional with getting all of my needs met when I arrived and when I went home. The meals were out of this world...

