NHC Kennett P.O Box 696 (1120 Falcon Drive) Kennett, MO 63857 573-888-1150

### **Administrative Staff**

#### Jessica Bader

#### Dr. Jackie Sutherland

Aaron Chase Alissa Hilburn Emily Guthrie Jennifer Ward Kim Jones Ashley Collins Brandy McNabb Sheri Reeves Brad Deckard Raymond Solijon Michael Staggs Courtney Ingram Alicia Morris Tonya Holmes Rebecca Wagster Debbie Massey

#### Administrator

Medical Director

Director of Nursing Nettie Miles Unit Manager Carl Adams Unit Manager Admissions Coordinator Social Services Dietary Manager Recreation Director Laundry/Housekeeping Director of Rehab Asst. Director of Rehab Maintenance Director Medical Records Director Bookkeeping/Office Manage Bookkeeping Human Resources Director MDS Coordinator

# JULY 2024



NATIONAL HEALTHCARE CORPORATION

## **Jpcoming Events**

#### **RESIDENT'S MEETING**

Third Monday of each month in the Activity Room @2:00pm.

DINE IN (RESIDENT'S CHOICE) Third Thursday of Each Month between 11:30 & Noon. This month is M. Cannon Fish Shack which we had scheduled for June but they ended up closing all month, so we had Sonic instead.

**BOOK CLUB**-Every Tuesday Morning in the Activity Room @ 10:30am.

<u>PET DAY</u>– First Tuesday of every month @ 10:00am, Bootheel Commons—9:30am

<u>BINGO!</u> Every Tuesday & Friday @ 2:00pm and twice a month on Saturdays @ 10:30am!

<u>CHURCH SERVICE</u>—Every Sunday @ 2:00pm, Bootheel Commons @ 1:30pm.

<u>GOSPEL MUSIC</u>-Every Monday @ 2:00pm in the Activity Room. On Monday, July 15th it will be at 2:45pm.

<u>BIBLE STUDY</u> with Pastor Alex Palmer twice a month and VNA once a month on Wednesday's at 10:30am. When there is not bible study, we will play Bible Bingo or listen to Gaithers.

<u>MANICURES</u>-Every Thursday @ 9:30am. Bootheel Commons—every Tuesday @ 9:30am. There will be no manicures on Thursday, July 4th. It will be on Wednesday, July 3rd instead.

EXERCISE & HYDRATION-Every Monday & Friday @ 10:30am & Every Wednesday at 3:00pm. Bootheel Commons- Every Monday & Wednesday at 3:30pm & on Friday's at 3:15pm. There will be no exercise on Wednesday, July 3rd. HEALTHY SNACK SOCIAL-Every Monday @ 3:00pm except for

Monday, July 15th will be at 2:45pm.

Patient Shopping is done biweekly by the Social Services Dept. \*We will have our Fourth of July party on Wednesday, July 3rd at 2:00pm. Danny Liford will be

here to do karaoke during this party as well.\*

\*NHC is celebrating its 53rd Anniversary on Tuesday, July 23rd at 3:15pm. \*

\*VOLUNTEERS-If anyone knows of someone or a group that would like to volunteer on weekends, we are looking to increase our weekend activities. We have bingo every other Saturday and church on Sunday's but would like to have more for the residents to do as groups. We are also looking for volunteers for our Bootheel Commons Unit. We are also looking for preachers or church groups to do Bible Study or Church Services on Sunday afternoons and Wednesday mornings so that we can have a rotation going. Please contact Brandy in the Recreation Department if you have any ideas or know someone who is interested. Thank you!

### Like us on Facebook

#### **SPECIAL DAYS:**

1st– International Joke Day, Canada Day & Halfway Point of the Year

4th– Independence Day

**5th-National Workaholics Day** 

6th- National Fried Chicken Day

7th– World Chocolate Day

14th– Bastille Day (France)

**18th-Get to Know Your Customer Day** 

21st-National Ice Cream Day & National Junk Food Day

23rd– NHC's 53rd Anniversary

24th- National Tell an Old Joke Day and National Cowboy Day

26th– Olympic Games

July movies.

28th– National Parent's Day

29th– National Lasagna Day

30th– National Cheesecake Day & International Friendship Day

\*Every Friday afternoon, after activities this month, we will be playing Christmas in



## NOTICEBOARD

#### LIBRARY SERVICE

We have a Library in the Activity Room and on 2 halls on the Nettie Miles unit. They are available 24 hours a day, 7 days a week. Magazines, games, puzzles and all purpose greeting cards are located in this section as well. There is also a sofa table in the day area on Carl Adams, behind the couch full of independent coloring, puzzles, games and trivia. The residents are encouraged to take advantage of these services as often as they please.

#### The Month of July:

Fireworks Safety Month

**Cell Phone Courtesy Month** 

**Family Reunion Month** 

Sandwich Generation Month National Make A Difference to Children Month

**National Recreation and Parks Month** 

National Hemochromatosis Screening Awareness Month

**National Culinary Arts Month** 

Food Related: National Grilling Month, Picnic Month, National Blueberry Month, National Hot Dog Month, National Horseradish Month, National Ice Cream Month, and National Baked Bean Month.

> We would like to issue a heartfelt thanks to relatives, hospice companies, pastors, businesses, schools, clubs, churches and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

July Pa Annive Cather Years Brad E Brand Years Linda Charm Years Domin Years Abbie Hayley Micha Kaira Years Clarice Alicia

#### HAIRDRESSER

We have a hairdresser who attends twice weekly. Your loved ones are getting their hair cut and styled as they wish. If there is a certain way your loved one likes their hair, please let a partner know that way we can get them in to see the beautician!

<u>July Partner</u> <u>Anniversaries</u> Catherine Anderson-18

<u>Brad Deckard</u>–12 Years <u>Brandy McNabb</u>-9

<u>Linda Smith</u>-8 Years <u>Charmain Healy</u>-6

Dominika Brooks-6

Abbie Matheny-5 Years Hayley Brown-3 Years Michael Staggs-3 Years Kaira Gilpin-3 Years Michelle Boykin-3

<u>Clarice Adaway</u>-2 Years <u>Alicia Welch</u>-2 Years <u>Kayelyn Greer</u>-1 Year

### THANK YOU

Want to send a NHC resident an email? Send to 3251\_recreation @nhccare.com

On the subject line, type the residents name & we will print

it out and take it to them.

#### Can you contribute?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to the receptionist, or email us anytime.

Thank you!

#### In July we celebrate birthdays:

#### **Residents:**

**Bradley Lemonds 07-01** Velita Wilson 07-13 Alta Jackson 07-19 **Ricky Batchelor 07-25** Patricia Hannah 07-27 Phillip Bartholomew 07-30

Barbara Rose 07-30

#### **STAFF:**

Tapanga Hollywood 07-06 Cameron Cox 07-08 Rebecca Wagster 07-11 **Beverly Covington 07-13** Candice Rose 07-15 Jennifer Seymore 07-15 Marguise Edwards 07-19 Brad Deckard 07-22 **Catherine Anderson 07-23** Riccole Tillman 07-24 Latonia Townson 07-28 Rebekah Moss 07-30

nday

#### We encourage staff and residents to join us in the Carl Adams dining room on Friday, Jul 26th at 3:00 pm to celebrate! We will also celebrate on the Bootheel Commons at 3:30pm!

#### **CELEBRITY BIRTHDAYS**

Liv Tyler 07-01-1977 Pamela Anderson 07-01-1967 Margot Robbie 07-02-1990 Tom Cruise 07-03-1962 vivester Stallone 07-06-1946 Ringo Starr 07-07-1940 Tom Hanks 07-09-1956 Sofia Vergara 07-10-1972 Michelle Rodriguez 07-12-1978 Richard Simmons 07-12-1948 Patrick Stewart 07-13-1940 Will Ferrell 07-16-1967 Donald Sutherland 07-17-1935 Luke Brvan 07-17-1976 Vin Diesel 07-18-1967 David Spade 07-22-1964 Woody Harrelson 07-23-1961 Matt LeBlanc 07-25-1967 Cate Beckinsale 07-26-1973 Mick Jagger 07-26-1943 lilary Swank 07-30-1974 isa Kudrow 07-30-1963

Dan Aykroyd 07-01-1952 Missy Elliot 07-01-1971 Lindsay Lohan 07-02-1986 Kevin Hart 07-06-1979 Curtis "50 Cent" Jackson 07-06-1975 Kevin Bacon 07-08-1958 Fred Savage 07-09-1976 Jessica Simpson 07-10-1980 Bill Cosby 07-12-1937 Harrison Ford 07-13-1942 Brian Austin Green 07-15-1973 Corey Feldman 07-16-1971 David Hasselhoff 07-17-1952 Kristen Bell 07-18-1980 Selena Gomez 07-22-1992 Daniel Radcliffe 07-23-1989 Jennifer Lopez 07-24-1969 Sandra Bullock 07-26-1964 Kevin Spacey 07-26-1959 Martina McBride 07-29-1966 Arnold Schwarzenegger 07-30-1947 Wesley Snipes 07-31-1962

#### NINE LETTER WORD PUZZLE

Can you find the 9-letter word in this puzzle? The Answer will be in Next Month's Newsletter.

**Keeping Busy** 

Ν	Ε	R	
Α	S	Ε	
S	Ε	G	
5	E	G	

#### July Trivia

July was named by the Roman Senate in honor of the Roman general, Julius Caesar, it being the month of his birth. Prior to that, it was called Quintilis.

> Zodiac signs: Cancer & Leo Birthstone: Rubies Flower: Water Lily

#### Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

Leo (July 23 – August 22)

Leos are natural born leaders. They are able to achieve anything they commit to.

Quote of the Day Believe you can and you're halfway there.

- Theodore Roosevelt

Our resident spotlight this month is Zelma Lacy! Zelma was born in Corning, Arkansas. At age 8 they moved to a farm near Holcomb, Missouri where she was raised. She stated "I was a farmer's daughter." She stayed busy working on the farm and going to school in Holcomb. Zelma has 2 sisters, one is still living and 5 brothers. One brother lives in Corning, Arkansas and the rest of her siblings live in Missour They are a very close family and continue to stay close all these years which she considers a blessing. She is also very close to her niece Judy and Judy's spouse, Russell and she adores her great nieces and nephews. Zelma married her husband hen she was 21 and worked as an assistant manager at Williams Shoes in Kennett, Aissouri. When they closed down she spent her time taking care of her husband efore he passed in 1967. She loved going on vacations during the summer with her pouse, sister and brother in law, especially to Smokey Mountains. Zelma's favorite activity at NHC is bingo. Her favorite food is fried chicken. She has several friends vho are residents at NHC and they enjoy attending activities together and visiting ach other in their rooms. We love seeing and chatting with Zelma, she is a joy to be round. Congratulations!

NHC wants to shine a little light on one of our beloved residents, Carl Williams. On June 6th, Carl was awarded the FCC (Family Counseling Center) Golf Tournament Hall of Fame inductee award. Carl has been associated with FCC for many years, where he has faithfully served on their board since September of 2014. Carl looks forward to attending FCC's monthly board meetings. Congratulations Carl!

### PARTNER OF THE MONTH



NHC Kennett congratulates Debbie Massey on being chosen as Partner of the Month! Debbie is a RN (Registered Nurse) and is also NHC Kennett's MDS Coordinator. In August, Debbie will have worked at NHC for 31 years! She has a husband, Walter, and 2 beautiful daughters, Emily & Annalee. She is very excited to become a Grandma in 2 weeks to her granddaughter, Genova. Debbie also has 3 animals she loves dearly, her chihuahua Bruno, her lab Thor and her tomcat Archie. Thank you Debbie for all your hard work and dedication to NHC all these years and congratulations!

Feeling a little bored in your room or looking for something to do on your own? We have independent leisure materials for you! Visit the Activities department to see what we have.

## **RESIDENT SPOTLIGHT**

### **HAPPY JULY!**

In June we celebrated **National Nursing** Assistant's Week!



WOW



#### **Moon Walk**

In July 1969, Apollo 11 made history when Neil Armstrong became the first human to walk on the moon, famously saying, "That's one small step for man, one giant leap for mankind.". This iconic moment symbolized human achievement and innovation.



NHC would like to remind everyone to contact the Recreation all ages are welcome!

Thank you to everyone who came and gave blood at our blood drive in June!!! Every drop of blood donated has the potential to save lives!



everyone who came to our Family Night, May 30th! We had beautiful weather, fun give aways, great food and entertainment. We all had a blast!

Thank you to

## Department if you would like to volunteer or donate. Volunteers of

