



# FEBRUARY

NHC  
NATIONAL HEALTHCARE CORPORATION

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|---|---|--|---|--|--|--|
|   |   |  |   | 9:00 Devotional<br>9:30 Exercise<br>10:00 Book Club The Bible<br>1:00 One on One/ In Room<br>2:00 Game Day   | <b>1</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Art Class<br>1:00 One on One/ In Room<br>2:00 Outside Time<br>3:00 Bubble Gum Day | <b>2</b> 9:00 Newspaper/ Current Events<br>10:00 Mind Joggers/ Brain Teasers<br>11:00 Lunch<br>1:00 Tv or Movie Time<br>3:00 Family Time/ Free Time  |
| 9:00 Bible Study with Church<br>11:00 Lunch<br>2:00 Gospel Music Time MCOC<br>4:00 Movie Time | <b>4</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Coffe & Donut Social<br>1:00 One on One/ In Room<br>2:00 Fondue Day<br>5:00 Movie Time | <b>5</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Yahtzee<br>1:00 One on One/ In Room<br>2:00 Balloon Volleyball        | <b>6</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Valentines Day Craft<br>1:00 One on One/ In Room<br>2:00 Making Valentines Day Box | <b>7</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Book Club The Bible<br>1:00 One on One/ In Room<br>2:00 valentines Day Cards                                | <b>8</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Art Class<br>1:00 One on One/ In Room<br>2:00 BINGO with Jakita                   | <b>9</b> 9:00 Newspaper/ Current Events<br>10:00 Mind Joggers/ Brain Teasers<br>11:00 Lunch<br>2:00 Glamour Shots<br>5:00 Family Time/ Free Time     |
| 9:00 Bible Study with Church<br>11:00 Lunch<br>2:00 Gospel Music Time                         | <b>11</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Coffe & Donut Social<br>1:00 One on One/ In Room<br>2:00 Oatmeal Cookie Day           | <b>12</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 hand Massages<br>1:00 One on One/ In Room<br>2:00 Mardi Gras Party   | <b>13</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Glamour Nails<br>1:00 One on One/ In Room<br>2:00 Baby Shower                     | <b>14</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Book Club The Bible<br>1:00 One on One/ In Room<br>2:00 Gum Drop Day & Spintopia<br>5:00 Movie and Popcorn | <b>15</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Patinen Council<br>1:00 One on One/ In Room<br>2:00 Valentines Day Ball          | <b>16</b> 9:00 Newspaper/ Current Events<br>10:00 Mind Joggers/ Brain Teasers<br>11:00 Lunch<br>1:00 Tv or Movie Time<br>3:00 Family Time/ Free Time |
| 9:00 Bible Study with Church<br>11:00 Lunch<br>2:00 Gospel Music Time Hatton                  | <b>18</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Coffe & Donut Social<br>1:00 One on One/ In Room<br>2:00 Rickettes<br>6:00 Movie Time | <b>19</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Making Cherry Pie<br>1:00 One on One/ In Room<br>2:00 Cherry Pie Day | <b>20</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Glamour Nails<br>1:00 One on One/ In Room<br>2:00 BINGO with HOV                  | <b>21</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Book Club The Bible<br>1:00 One on One/ In Room<br>2:00 Margaritia Day                                     | <b>22</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Art Class<br>1:00 One on One/ In Room<br>2:00 BINGO                              | <b>23</b> 9:00 Newspaper/ Current Events<br>10:00 Mind Joggers/ Brain Teasers<br>11:00 Lunch<br>1:00 Tv or Movie Time<br>3:00 Family Time/ Free Time |
| 9:00 Bible Study with Church<br>11:00 Lunch<br>2:00 Gospel Music Time                         | <b>25</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Coffe & Donut Social<br>1:00 One on One/ In Room<br>2:00 Spintopia                    | <b>26</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Craft Time<br>1:00 One on One/ In Room<br>2:00 Paint Pour            | <b>27</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Making Monkey Bread<br>1:00 One on One/ In Room<br>2:00 Monkey Bread              | <b>28</b> 9:00 Devotional<br>9:30 Exercise<br>10:00 Book Club The Bible<br>1:00 One on One/ In Room<br>2:00 Leap Day Party                                     | <b>29</b>  |  |