

NHC Kennett
P.O Box 696
(1120 Falcon Drive)
Kennett, MO 63857
573-888-1150

FEBRUARY 2024



Administrative Staff

Jessica Bader	Administrator
Dr. Jackie Sutherland	Medical Director
Aaron Chase	Director of Nursing
Alissa Hilburn	Nettie Miles Unit Manager
Emily Guthrie	Carl Adams Unit Manager
Jennifer Ward	Admissions Coordinator
Kim Jones	Social Services
Ashley Collins	Dietary Manager
Brandy McNabb	Recreation Director
Sheri Reeves	Laundry/Housekeeping
Brad Deckard	Director of Rehab
Raymond Solijon	Asst. Director of Rehab
Michael Staggs	Maintenance Director
Courtney Ingram	Medical Records Director
Alicia Morris	Bookkeeping/ Office Manager
Tonya Holmes	Bookkeeping
Rebecca Wagster	Human Resources Director
Debbie Massey	MDS Coordinator



Upcoming Events

RESIDENT’S MEETING
Third Monday of each month in the Activity Room @2:00pm.

DINE IN (RESIDENT’S CHOICE) Every Third Thursday of Each Month @ Noon.

BOOK CLUB-Every Tuesday Morning in the Activity Room @ 10:30am.

PET DAY– First Tuesday of every month @ 10:00am, Bootheel Commons—9:30am

BINGO! Every Tuesday & Friday @ 2:00pm and twice a month on Saturdays @ 10:30am!

CHURCH SERVICE—Every Sunday @ 3:30pm, Bootheel Commons @ 3:00pm.

GOSPEL MUSIC-Every Monday @ 2:00pm in the Activity Room. On Monday, February 19th it will be at 2:45pm.

DOUGHNUTS & BIBLE STUDY with Pastor Alex Palmer Every Wednesday @ 10:30am. We started this Bible Study on Wednesday, January 10th and it was a huge success. Please come out and join us!

MANICURES-Every Thursday @ 9:30am. Bootheel Commons—every Tuesday @ 9:30am.

EXERCISE & HYDRATION-Every Friday @ 10:30am & Every Monday & Wednesday at 10:15am. Bootheel Commons– Every Wednesday at 3:30pm & on Friday’s at 3:15pm.

HEALTHY SNACK SOCIAL-Every Monday @ 3:00pm except for Monday, February 19th will be at 2:45pm.

Patient Shopping is done biweekly by the Social Services Department.

We will be having 3 big parties this month! We will have our Super Bowl Party Friday, February 9th at 3:00pm. This will be at 2:30pm on the Bootheel Commons. Our Mardi Gras Party will be Tuesday, February 13th at 3:00pm. This will be at 2:30pm on the Bootheel Commons. We will have our Valentine’s Day Party on Wednesday, February 14th at 2:00pm. This will be at 2:30pm on the Bootheel Commons.



SPECIAL DAYS:

- 1st-7th= National Patient Recognition Week
- 2nd– National Tater Tots Day, Groundhog Day, Job Shadow Day, National Wear Red Day
- 4th– Thank A Mail Carrier Day & Homemade Soup Day
- 5th-9th= Pride in Food Service Week
- 5th– World Read Aloud Day
- 7th– Send A Card to A Friend Day & National Fettuccini Day
- 8th– National Potato Lover’s Day, National Kite Flying Day, & Boy Scout Day
- 9th– National Pizza Day
- 11th– Make A New Friend Day & Super Bowl LVIII
- 12th– Abraham Lincoln’s Birthday
- 13th– Mardi Gras
- 14th– Valentine’s Day & National Donor Day
- 14th-21st= Alzheimer’s & Dementia Staff Education Week
- 15th– National Chewing Gum Day
- 16th– National Almond Day
- 17th– Random Acts of Kindness Day
- 19th– Presidents’ Day & Family Day
- 20th-National Muffin Day
- 21st– National Sticky Bun Day
- 22nd– Be Humble Day
- 23rd– National Chile Day
- 26th– Tell A Fairy Tale Day
- 27th– National Strawberry Day
- 29th– Leap Day

NOTICEBOARD



LIBRARY SERVICE

We have a Library in the Activity Room and on 2 halls on the Nettie Miles unit. They are available 24 hours a day, 7 days a week. Magazines, games, puzzles and all purpose greeting cards are located in this section as well. There is also a corner in the Carl Adams dining room full of independent coloring, puzzles, games and trivia. The residents are encouraged to take advantage of these services as often as they please.

HAIRDRESSER

We have a hairdresser who attends twice weekly. Your loved ones are getting their hair cut and styled as they wish. If there is a certain way your loved one likes their hair, please let a partner know that way we can get them in to see the beautician!

The Month of February:

- Random Acts of Kindness
- AMD/Low Vision Awareness
- National Cancer Prevention
- American Heart & Women’s Heart Health
- National Senior Independence
- National Black History
- National Therapeutic Recreation
- Library Lovers’
- Relationship Wellness
- International Boost Self-Esteem
- International Friendship
- National Laugh-Friendly
- February Food Related Days:
Sweet Potato, Potato Lovers, Snack Food, Cherry, Great American Pie, Chocolate Loves, Grapefruit & National Hot Breakfast

THANK YOU

We would like to issue a heartfelt thanks to relatives, hospice companies, and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

February Partner Anniversaries
Edna Adaway 28 Years
Ashley Collins 12 Years
Angelica Dealejandro 8 Years
Alissa Hilburn 5 Years
Mycria Lewis 1 Year

Want to send a NHC resident an email? Send to 3251_recreation@nhccare.com

On the subject line, type the residents name & we will print it out and take it to them.

Can you contribute?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to the receptionist, or email us anytime.

In February we celebrate birthdays:

Residents:

Audrie Hood 02-04

Doyle Middleton 02-08

Elva Clifton 02-10 Jerry Dudley 02-22

Joe Fry 02-14 Louise Pritchett

Mary Lewis 02-14 02-26

Virginia Groves 02-18

STAFF:

Dennis Childress 02-01

Debbie Laster-Wood 02-02

Veronica Clark 02-03 Stacey Skelton 02-16

Mycria Lewis 02-03 Roy Stender 02-16

Christie Street 02-04

Victoria Williams 02-05

Dominika Brooks 02-06

Barbara Lebo 02-08



We encourage staff and residents to join us in the Carl Adams dining room on Friday, February 23rd at 3:00 pm to celebrate! We will also celebrate on the Bootheel Commons at 3:30pm!

CELEBRITY BIRTHDAYS

Pauly Shore 02-01-1968

Lisa Marie Presley 02-01-1968

Lauren Conrad 02-01-1986

Harry Styles 02-01-1994

Shakira 02-02-1977

Julia Garner 02-02-1994

Isla Fisher 02-03-1976

Alice Cooper 02-04-1948

Chris Rock 02-07-1965

Garth Brooks 02-07-1962

Ashton Kutcher 02-07-1978

Seth Green 02-08-1974

Tom Hiddleston 02-09-1981

Michael B. Jordan 02-09-1987 Millie Bobby Brown 02-19-2004

Joe Pesci 02-09-1943

Emma Roberts 02-10-1991

Jennifer Anniston 02-11-1969

Brandy 02-11-1979

Kelly Rowland 02-11-1981

Josh Brolin 02-12-1968

Christina Ricci 02-12-1980

Mena Suvari 02-13-1979

Michael Bolton 02-26-1953

Jane Seymour 02-15-1951

Elizabeth Olsen 02-16-1989

Ice-T 02-16-1958

Joseph Gordon-Levitt 02-17-1981

Denise Richards 02-17-1971

Paris Hilton 02-17-1981

Ed Sheeran 02-17-1991

John Travolta 02-18-1954

Cybill Shepherd 02-18-1950

Matt Dillon 02-18-1964

Dr. Dre 02-18-1965

Molly Ringwald 02-18-1968

Seal 02-19-1963

Millie Bobby Brown 02-19-2004

Miles Teller 02-20-1987

Rhianna 02-20-1988

Kelsey Grammer 02-21-1955

Ashley Greene 02-21-1987

Drew Barrymore 02-22-1975

Emily Blunt 02-23-1983

Kristin Davis 02-23-1965

Dakota Fanning 02-23-1994

Ali Larter 02-28-1976

February Trivia

2024 is a leap year! This means you'll find an extra day in February this year. What will you do with it?

Zodiac signs: **Aquarius & Pisces**
Birthstone: **Amethyst**
Flower: **Primrose**

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

Pisces (Feb 19 – Mar 12)

Pisces are friendly and selfless. They are always willing to help others.

“The only thing we should scream into the world is love.”
— Jill Telford

RESIDENT SPOTLIGHT



Our resident spotlight this month is Allen O'Neal! Allen has always lived in Missouri, 14 1/2 years which have been in Kennett. He is a true Missouri sports fan! You can definitely tell which room is Allen's. He has a Cardinals sign on the door of his room and several St. Louis Cardinals décor in his room. He is also a big fan of St. Louis Blues hockey team, Los Angeles Rams football team (which used to be St. Louis Rams) and Missouri Tigers basketball team. When you enter his room, more then likely there is a sports game on or sports news. He looks forward to receiving his tv guide twice a month. His favorite food is BBQ ribs and he loves when dietary department makes it for their meal. Alen is always very sweet and a lot of fun to talk to. We love you Allen!



In January, we celebrated NHC Maintenance Partners Appreciation Week and National Activity Professionals Week which was themed, "Innovate, Inspire, Involve."



NHC would like to remind everyone to contact the Recreation Department if you would like to volunteer or donate. Volunteers of all ages are welcome! Also, visitation is open for family & friends!



In February There is Everything to Hope For and Nothing to Regret.



We are very thankful for Pastor Alex Palmer coming in every Wednesday morning at 10:30am!!! He is volunteering his time to give us an amazing Bible study every week.

WOW!

Galentine's Day?

Not all love is a romantic love. Celebrating the friends you love is the purpose of a new "holiday", Galentine's Day! Friends gather for glasses of wine or a relaxed dinner to show their appreciation for one another.



PARTNER OF THE MONTH



NHC Kennett congratulates Elisha Wallace on being chosen Partner of the Month! Elisha is a mother of three beautiful children and one grandbaby. She is a certified med technician and has been for 6 years. She has also been a CNA (Certified Nurse Aide) for 25 years. Elisha stated, "I love taking care of people and always have loved taking care of them. I love being with my wife and kids and spending time with them when I am not taking care of my patients." Elisha always has the best attitude, always happy, positive, energetic and loves to have fun with the residents. She helps out during activities when she is able to and the residents love having her join in. She puts a smile on everyone's face and makes us all laugh, no matter if we are having a good day or a bad day. Thank you for always being a joy to be around and congratulations!



We are incredibly proud and honored to be named the 2023 Missouri Region Center of the Year! This award is a testament to the dedication and excellence of our entire team. This recognition inspires us to continue our mission of providing exceptional care and making a positive impact on the lives of those we serve. We extend our sincere thanks to the families who trust us with the care of their loved ones.