



JANUARY

NHC
NATIONAL HEALTHCARE CORPORATION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CY Courtyard (s) FP Front Porch MDR Main Dining Room RTR Room to Room WLR West Living Room	9:00 Nail Polish 100-200 (RTR) 11:00 Pet Therapy with Bear and Erin (RTR) 11:00 Gameshows (WLR) 1:00 Tennessee Bowl Game Watch Party (MDR) 6:00 Creative Coloring (MDR)	8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 CNA Graduation 2:30 Men's Group (WLR) 6:00 Jigsaw Puzzles (MDR)	9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR)	9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 2:00 Art Session	9:15 Virtual Laptops (RTR) 10:00 Undecorated 10:15 Weekly Menu Delivery (RTR) 11:00 Uplift (MDR) 2:00 Undecorating Day (MDR) 6:00 Neighbor visits	9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	9:00 Nail Polish 300 Hall (RTR) 11:00 Pet Therapy with Bear and Erin (RTR) 11:00 Gameshows (WLR) 2:00 Tribute to Elvis 6:00 Creative Coloring (MDR)	8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR) 6:00 Jigsaw Puzzles (MDR)	9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Brain Games (MDR) 2:00 Undecorating Continued (WLR)	9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 2:00 Art Session	9:15 Virtual Laptops (RTR) 10:00 Pet Visits (RTR) 10:15 Weekly Menu Delivery (RTR) 11:00 Uplift (MDR) 2:00 All About Ice (MDR) 6:00 Neighbor visits	9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	9:00 Nail Polish 400 Hall (RTR) 11:00 Pet Therapy with Bear and Erin (RTR) 11:00 Gameshows (WLR) 1:00 Resident Council 2:00 Snowball Hockey (MDR) 6:00 Creative Coloring (MDR)	8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Snow Ball 2:00 Bingo (MDR) 6:00 Jigsaw Puzzles (MDR)	9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Restore (MDR) 2:00 All Things New - Brain Games (MDR)	9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 2:00 Art Session	9:15 Virtual Laptops (RTR) 10:15 Weekly Menu Delivery (RTR) 11:00 Uplift (MDR) 2:00 Dolly Parton Happy Hour (MDR) 6:00 Neighbor visits	9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	9:00 Nail Polish 500-600 Hall (RTR) 11:00 Pet Therapy with Bear and Erin (RTR) 11:00 Gameshows (WLR) 2:00 Curling (MDR) 6:00 Creative Coloring (MDR)	8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR) 6:00 Jigsaw Puzzles (MDR)	9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Restore (MDR) 2:00 Happy Birthday Party with Timothy Stoffberg (MDR)	9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 2:00 Art Session	9:15 Virtual Laptops (RTR) 10:00 Pet Visits (RTR) 10:15 Weekly Menu Delivery (RTR) 11:00 Uplift (MDR) 2:00 Exploring Ice Caves and Castles (MDR) 6:00 Neighbor visits	9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	11:00 Pet Therapy with Bear and Erin (RTR) 11:00 Gameshows (WLR) 2:00 Let It Snow Balloon Bop (MDR) 6:00 Creative Coloring (MDR)	8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR) 6:00 Jigsaw Puzzles (MDR)	9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Restore (MDR) 2:00 Family Feud (MDR)			