

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Coordinators: Amanda Greaves and Cindy Harris Ext. 4260</p> <p>Activities Subject to Change</p> <p>*Sign Up Outside the Soda Shop</p> <p>+ Located Outside the Dining Room</p>	<ul style="list-style-type: none"> 9:45 Morning Stretches 1 10:15 Morning Manicures 2:00 Group Crossword 2:30 "Firsts" Timeline Game 3:00 January Fitness Challenge Kickoff 	<ul style="list-style-type: none"> 9:15 Bible Study w/ Barnabas Vision 9:45 Full Body Workout 10:15 Lucky Dog Card Game 2:00 Name That Tune w/ Pam 3:00 Bridge Club* 3:00 Snowball Punch 4:30 & 5:45 Sensory Tub+ 6:45 Snowball Stack Knockout 	<ul style="list-style-type: none"> 9:45 Weight Workout 3 10:15 Bible Study: Dinah 11:30 Hymn Sing-Along w/Esther 1:00 Bingo 2:15 Bingo 3:00 Snowman Veggie Tray+ 	<ul style="list-style-type: none"> 9:15 Walmart Shopping 4 Trip 10:15 Bookmobile 2:00 Grocery Delivery Tutorial w/ Claire 3:00 Bridge Club* 3:00 Manicures 4:00 Snowman Toss 6:45 Pictionary 	<ul style="list-style-type: none"> 9:45 Winter Workout 5 10:15 Snowman Roll and Cover 10:50 Funny Resolutions+ 2:00 Jessica June Rose Concert 2:50 Happy Hour: Kissed Carmel Cocoa+ 3:30 Scrabble Club (Reflection Room) 	<ul style="list-style-type: none"> Activity Folders (Card Room) 6 Chocolate Guessing Game+ 1:00 Saturday Bingo 2:15 Saturday Bingo 3:00 Saturday Matinee: "Willy Wonka and the Chocolate Factory" 3:00 Saturday Snack: White Cheddar Popcorn
<ul style="list-style-type: none"> Activity Folders (Card Room) 7 10:00 Catholic Mass 2:00 Church Service w/ Chuck and Beth Arnett 	<ul style="list-style-type: none"> 9:45 Monday Movements 8 10:15 Morning Manicures 2:00 Group Crossword 2:30 Random Word Game 3:00 Hand Bell Choir Class 	<ul style="list-style-type: none"> 9:15 Bible Study w/ Barnabas Vision 9 9:45 Parachute Fitness 10:15 Sparkle Spelling Game 2:00 Snowflake Door Craft 3:00 Bridge Club* 3:00 New Year Celebration Punch Beverage Cart 4:00 Kick the Bean Bag 6:45 Fish Bowl Game 	<ul style="list-style-type: none"> 9:45 Drumming with a Beat Workout 10 10:15 Hymn Story: "In the Garden" 11:30 Hymn Sing-Along w/Esther 1:00 Bingo 2:15 Bingo 3:00 Four Fold Delight+ 3:30 Advanced Exercise Class 	<ul style="list-style-type: none"> 9:45 Total Body Chair Workout 11 10:15 Bookmobile 10:15 Trash Card Game (Card Room) 2:00 January Bean Auction 3:00 Bridge Club* 3:00 Manicures 4:30 & 5:45 Guess the Logo+ 6:45 Penguin Roll and Cover 	<ul style="list-style-type: none"> 9:45 Frosty Fitness 12 10:30 Cracker Barrel Shopping and Lunch Trip* 2:00 Lana Mason Concert 2:50 Happy Hour: Winter Spritzer+ 3:15 Food Advisors Meeting 3:30 Scrabble Club (Reflection Room) 	<ul style="list-style-type: none"> January Coloring Contest+ 13 Activity Folders (Card Room) 1:00 Saturday Bingo 2:15 Saturday Bingo 3:00 Saturday Matinee: "The Greatest Showman" 3:00 Saturday Snack: Cheese Balls
<ul style="list-style-type: none"> Activity Folders (Card Room) 14 10:00 Catholic Mass 2:00 Church Service w/ Wayne Wells 	<ul style="list-style-type: none"> 9:45 Musical Monday Workout 15 10:15 Morning Manicures 2:00 Group Crossword 2:30 Save Frosty Word Game 3:00 Gardening Club: Winter Botanicals 	<ul style="list-style-type: none"> 9:15 Bible Study w/ Barnabas Vision 16 9:45 Stretch and Strength 10:15 Target Toss 2:00 DIY Fleece Scarf 3:00 Bridge Club* 3:00 Hot Chocolate Beverage Cart 4:30 & 5:45 Name Three+ 6:45 Evening Tea Time 	<ul style="list-style-type: none"> 9:45 Band Workout 17 10:15 Bible Study: Tamar 11:00 Thigpen Hearing (Card Room) 11:30 Hymn Sing-Along w/Esther 1:00 Bingo 2:15 Bingo 3:00 Velveeta Cheese Dip+ 	<ul style="list-style-type: none"> 9:45 Exercise w/ Elvis 18 10:15 Bookmobile 10:15 Crazy Eights (Card Room) 2:00 Wilderness Station Animal Program 3:00 Bridge Club* 3:00 Manicures 4:00 Book Club w/ Cindy 6:45 Muffin Pong 	<ul style="list-style-type: none"> 9:45 Playing Card Fitness 19 10:15 Sock Snowman 10:50 January Trivia+ 2:00 Tony Zain Concert 2:50 Happy Hour: Coffee and Rum Punch+ 3:30 Scrabble Club (Reflection Room) 	<ul style="list-style-type: none"> Snowflake Activity Table+ 20 Activity Folders (Card Room) 1:00 Saturday Bingo 2:15 Saturday Bingo 3:00 Saturday Matinee: "The Jungle Book" 3:00 Saturday Snack: Peanuts
<ul style="list-style-type: none"> Activity Folders (Card Room) 21 10:00 Catholic Mass 2:00 Church Service w/ Chris Warren 	<ul style="list-style-type: none"> 9:45 Morning Stretches 22 10:15 Morning Manicures 2:00 Group Crossword 2:30 Words in a Word Game 3:00 Cooking Club: Mini Fruit Pies 	<ul style="list-style-type: none"> 9:15 Bible Study w/ Barnabas Vision 23 9:45 Favorite Song Fitness 10:15 Snowman Dice Race 2:30 January Jeopardy 3:00 Blue Party Punch Beverage Cart 3:00 Bridge Club* 4:00 Snowstorm in a Bottle Science Experiment 6:45 Pillow Talk 	<ul style="list-style-type: none"> 9:45 Ball Fitness 24 10:15 Hymn Story: w/Esther 11:30 Hymn Sing-Along w/Esther 1:00 Bingo 2:15 Bingo 3:00 Peanut Butter No Bakes+ 3:30 Advanced Exercise Class 	<ul style="list-style-type: none"> 9:45 Total Body Chair Workout 25 10:15 Bookmobile 10:15 Trash Card Game (Card Room) 2:00 Resident Council Meeting 3:00 Bridge Club* 3:00 Manicures 4:30 & 5:45 Mitten Movements+ 6:45 Rummikub Game 	<ul style="list-style-type: none"> 9:45 Easy as Pie Workout 26 10:15 Coffee and Chat: Winter Wonderings 10:50 Pie Facts+ 2:00 Annalisa Thomas and Bernadette Comage Concerts 2:50 Happy Hour: Cosmopolitan+ 3:30 Scrabble Club (Reflection Room) 	<ul style="list-style-type: none"> Snowflake Scavenger Hunt 27 Activity Folders (Card Room) 1:00 Saturday Bingo 2:15 Saturday Bingo 3:00 Saturday Matinee: "Mary Poppins" 3:00 Saturday Snack: Popcorn
<ul style="list-style-type: none"> Activity Folders (Card Room) 28 10:00 Catholic Mass 	<ul style="list-style-type: none"> 9:30 Dollar Tree Shopping Trip* 29 2:00 Group Crossword 2:30 January Cranium Crunches 3:00 Men's Group: Korean Cuisine and Traditions 	<ul style="list-style-type: none"> 9:15 Bible Study w/ Barnabas Vision 30 9:45 Morning Stretches 10:15 Morning Manicures 2:00 Birthday Bash 3:00 Bridge Club* 3:00 Roy Rogers Beverage Cart 4:30 & 5:45 Eye Glass Cleaning+ 6:45 Winter Spa 	<ul style="list-style-type: none"> 9:45 Chair Yoga 31 10:15 Bible Study: Potiphar's Wife 11:30 Hymn Sing-Along w/Esther 1:00 Bingo 2:15 Bingo 3:00 Parmesan and Herb Tots+ 	<h1>JANUARY 2024</h1> <h2>ADAMSPLACE ASSISTED LIVING ACTIVITY CALENDAR</h2>		

DATES TO REMEMBER
Fitness Kickoff 1st
Name that Tune w/ Pam 2nd
Grocery Delivery Tutorial 4th
Cracker Barrel Lunch Trip 12th
Food Advisors Meeting 12th
Evening Tea Time 16th
Wilderness Station Animal Program 18th
Book Club 18th
Bernadette Comage Concert 26th
HAPPY BIRTHDAY
Lorene Campbell 1st
Lee Davenport 2nd
Nancy Edwards 6th
Doris Smith 10th
Rosemary Thorne 18th
Michael B Roark 28th