

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:45 New Year's Fitness 1 Test 10:30 New Year's Trivia & Resolutions 2:00 Prize Bingo 3:00 Monday Treat Trolley 3:30 Name That Year	8:30 Hymn Singing with 2 Eddie 9:00 Beauty Salon 9:45 Tone It Up Tuesday 10:30 Snowball Competition 2:00 Penguin Craft 3:00 Trail Mix Tuesday 3:30 1:1 Room Visits	9:45 Winter Workout 3 10:30 Winter Time Charades 2:00 Prize Bingo 3:00 Snowman Yogurt Cups 3:30 Enjoy Jig Saw Puzzles	9:45 Name Game 4 10:30 Keep It Up Exercise 2:00 Pet Therapy with Lucas 2:30 Winter Cruise	9:45 Workout to Elvis 5 10:30 How Well Do You Know Elvis? 2:00 Music Concert with Shawn Pody 3:00 Peach Cobbler Treat & Talks 3:30 How Many Snowballs? Win a Prize!	9:45 Let's Get Moving 6 10:30 Kickball Game 2:00 Prize Bingo 3:00 Hydrate with New Year Punch 3:30 Walking Club	
10:00 Church Service 7 with Hymns 2:00 January Coloring Sheets 3:00 Enjoy Popcorn & Coke with Friends 3:30 Table Top Curling	9:45 Pass it Around 8 10:30 Say It With Music 2:00 Prize Bingo 3:00 Muffins & Mingle 3:30 Nail Care	8:30 Hymn Singing with 9 Eddie 9:00 Beauty Salon 9:45 Tone It Up with Arm Bands 10:30 EZ January Trivia Competition 2:00 "Ripped Paper" Masterpiece 3:00 Tuesday Trail Mix & Mingle 3:30 Inspirational Room Visits	9:45 Let's Get Moving 10 Workout Fun 10:30 5 Second Rule Game 2:00 Don't Burst My Bubble! 3:00 Mid Week Snack 3:30 Aromatherapy & Music	9:45 Pick a Joke 11 10:30 Volleyball 2:00 Prize Bingo 3:00 Thirsty Thursday 3:30 Fitness Walk	9:45 Friday Fitness 12 Time 10:30 Noodle Ball Fun 2:00 Bus Cruising with Brion 3:30 Rebus Puzzle	9:45 Morning Fitness 13 10:30 Giant Tic-Tac-Toe 2:00 Sock Snowman Craft 3:00 Saturday Snack 3:30 It's Snow Time Puzzle	
10:00 Church Service 14 with Pastor Shaw 2:00 Manicures & Music 3:00 No Bake Bars 3:30 Mixed Up Buffet Word Unscramble	9:45 Kick It Around 15 Leg Workout 10:30 "King" Category Word Game 2:00 Music with Scott Kimberly 3:00 Enjoy a Moon Pie! 3:30 Sensory Tub Fun	8:30 Hymn Singing with 16 Eddie 9:00 Beauty Salon 9:45 Frosty Fitness 10:30 1960's Trivia 2:00 Prize Bingo 3:00 Celebrate Fig Newton Day with Taste Testing! 3:30 Heart to Heart Visits	9:45 Wednesday Stretches 17 10:30 Zig Zag Zoom Game 11:00 Thigpen Hearing Visits-AL 2:00 Art Therapy- My Emotions Wheel 3:00 Cookies & Chat 3:30 Baby Animal Lover's Day Puzzle	9:45 "Dance to 18 Travolta" Exercise Class 10:30 Marleen Visits- Pet Therapy 2:00 Prize Bingo 3:00 Thirsty Thursday-Hot Chocolate 3:30 Spotless Spectacles	9:45 Dolly Pardon's 19 Birthday! Move & Groove to Dolly 10:30 True or False Friday 2:00 Musical Fun with Richard Wineland 3:00 Winter Ice cream Treat 3:30 Dolly Pardon Group Word Search	9:45 Chair Yoga 20 10:30 Ladder Ball Competition 2:00 Prize Bingo 3:00 Potato Chip Bar 3:30 Baby Animals Word Match	
10:00 Church Service 21 with Hymns 2:00 "Coloring Words of Truth" Therapeutic Art Station 3:00 Sunday Snack	9:45 Move it Monday! 22 10:30 Corn Hole Competition 2:00 Prize Bingo 3:00 No Bake Cookies & Chat 3:30 Reminiscence & Remember	8:30 Hymn Singing with 23 Eddie 9:00 Beauty Salon 9:45 Hymn Sing a Long 10:30 The Write Word Game 2:45 Badminton Competition 3:30 Winter Wonderland Dip with Friends	9:45 Chair Yoga 24 10:30 Snowflake Toss 2:00 Frozen Hot Chocolate Treat 2:30 Making Fleece Scarfs 3:30 Room to Room Friendly Visits	9:45 Workout with 25 Weights 10:30 Pickle Ball 2:00 Pet Therapy with Lucas 2:30 Prize Bingo 3:30 Winter Trail Mix & Talks	9:45 Build a Snowman 26 Workout 10:30 Bocce Ball 2:00 Musical Entertainment with Carolyn German 3:00 Crockpot Apple Streusel 3:30 What's in the Jar?	9:45 Exercise with 27 Olivia 10:30 Keep It Up Game 2:00 Roll and Cover Snowman 3:00 Birthday Bash!	
10:00 Sing-A-Long to 28 Church Music 2:00 Manicures & Aromatherapy 3:00 End of the Week Treat & Talk 3:30 Spotless Spectacles	9:45 Soccer Exercises 29 10:30 Group Sing a Long to the Fifties 2:00 Bus Trip with Brion 3:30 Room to Room Devotionals	8:30 Hymn Singing with 30 Eddie 9:00 Beauty Salon 9:45 Core & Cardio 10:30 ABC's Of Winter 2:00 Prize Bingo 3:00 Donuts & Discussions 3:30 Putting the Past in Order	9:45 Full Body in 31 Motion 10:30 Group Giant Jenga 2:00 Banana Split Word Fun 3:00 Fruit with Friends 3:30 Hand Massages	<h1 style="color: blue;">JANUARY 2024</h1> <h2 style="color: red; text-decoration: underline;">HAPPY NEW YEAR</h2>			