

# December 2023

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |  |  |  |  |   |  |  |  |  |
|--|--|---|--|---|---|---|--|--|--|--|---|--|--|--|--|
|  |  |   |  |   | 10:00am Pick an Exercise from the Santa Hat<br>10:30am Christmas Think Fast Game<br>2:00pm Music Concert with Jeff Pearson<br>3:00pm Christmas Cookies & Chat                                       | 9:30am Morning Movie- Dining Room<br>2:00pm Music Performance with Chris Pawola<br>3:00pm Table Chats<br>3:30pm Relax with Music & Aromatherapy                                     |  |  |  |  |   |  |  |  |  |
| 10:00am Church Service with Hymns<br>2:00pm Manicures & Music<br>3:00pm Hot Cocoa With Friends<br>3:30pm All About Reindeer Puzzle             | 10:30am Santa Says Workout<br>2:00pm Prize Bingo with Jim<br>3:00pm Christmas Cookie Bars<br>3:15pm Candy Cane Count On Game   | 8:30am Hymn Singing with Eddie<br>9:00am Beauty Salon<br>10:00am Tone It Up Tuesday<br>10:30am Christmas Post It Note Game<br>2:00pm Scenic Drive Through Barfield<br>3:30pm Egg Nog & Chats  | 10:00am Sit & Stretch<br>10:30am Christmas Family Feud Game<br>2:15pm Fill in Santa Dice Game<br>3:00pm Peppermint Brownie Trifle  | 10:00am 12 Days of Christmas Workout<br>10:30am Santa Smash!<br>2:00pm Pet Therapy with Lucas<br>2:30pm Prize Bingo with Jim<br>3:30pm Thirsty Thursday- Santa Punch                                      | 10:15am Christmas Challenge Workout<br>10:45am Christmas Mad Lib Fun<br>2:00pm Christmas Music with Lana<br>3:00pm Christmas Tree Treat<br>3:30pm Independent Christmas Coloring Station            | 9:45am Saturday Movin'<br>10:30am Vinny Haynes Christmas Goodies<br>2:00pm Prize Bingo<br>3:00pm Saturday Snack<br>3:30pm Frosty and Friends Word Search                            |  |  |  |  |   |  |  |  |  |
| 10:00am Church Service with Pastor Shaw<br>2:00pm Christmas Movie Matinee and Snacks<br>3:30pm Christmas Themed Hangman                        | 10:30am Christmas Carol Chair Workout<br>2:00pm Prize Bingo with Jim<br>3:00pm Grinch Fluff Salad<br>3:15pm Christmas Song Picture Words   | 8:30am Hymn Singing with Eddie<br>9:00am Beauty Salon<br>10:00am Santa Stretches<br>10:30am Tickle Your Funny Bone Tuesday with Christmas Jokes & Trivia<br>2:00pm Christmas Ornament Craft<br>3:00pm Christmas Wafer Cookies<br>5:45pm Bus Cruise: Look at Neighborhood Christmas Lights | 10:00am Independent Christmas Word Puzzles<br>10:30am Sing Christmas Carols with Wellness Team<br>2:00pm Christmas Music with Kristen Budde<br>3:00pm Peppermint Bark Popcorn<br>3:15pm 1:1 visits & Eyeglass Cleaning | 10:00am Christmas Picture Game<br>10:30am Marleen Visits- Pet Therapy & Christmas Cookies!<br>2:00pm Prize Bingo<br>3:00pm Thirsty Thursday-Orange Cranberry Mimosa Mocktail<br>3:30pm ABC Christmas Race | 9:45am Fun Fitness<br>10:30am Christmas Edition of Fact or Crap<br>2:00pm Sing Christmas Carols with Scott Kimberly & Children<br>3:00pm End of the Week Treat & Talk<br>3:30pm How Many Ornaments? | 9:45am Exercises with Olivia<br>10:30am Backyard Games<br>2:00pm Snowman Ornament Craft<br>3:00pm Melted Snowman Oreo Balls<br>3:30pm Hide the Presents Game                        |  |  |  |  |   |  |  |  |  |
| 10:00am Church Service with Hymns<br>2:00pm Manicures & Aromatherapy<br>3:00pm Santa Bark<br>3:30pm Spotless Spectacles                        | 9:30am Christmas Carols with Northfield Elementary Choir<br>10:00am Christmas Challenge Workout<br>10:30am A Gene Autry Christmas<br>2:00pm Prize Bingo<br>3:00pm Monday Munchies<br>3:30pm Holiday Feud | 8:30am Hymn Singing with Eddie<br>9:00am Beauty Salon<br>9:45am Sweating with Santa<br>10:30am Name Three Things- Christmas Edition<br>2:00pm Bus Excursion to Look at Christmas Decorations<br>3:30pm 1:1 Visits   | 9:45am Naughty or Nice Workout<br>10:30am What is Santa Thinking?<br>11:00am Thigpen Hearing Visits-AL<br>2:00pm Christmas Bingo<br>3:00pm Christmas Dump Cake<br>3:30pm Pick a Christmas Joke!                        | 9:45am Right/Left Christmas Story Game<br>10:30am Smack the Grinch!<br>2:00pm Bus Trip with Brion<br>3:30pm Thirsty Thursday-Grinch Punch   | 9:45am Chair Yoga<br>10:30am Stocking Stuffer Stumper<br>2:00pm Christmas Charades<br>3:00pm Christmas Treat Trolley<br>3:30pm "Adopt a Grandparent" Visits with Gifts                              | 9:45am Christmas Tree Fingerprint Craft<br>2:00pm Prize Bingo<br>3:00pm Santa's Favorite Cookie Bars<br>3:30pm Walking Club with Christmas Music                                    |  |  |  |  |   |  |  |  |  |
| 10:00am Church Service with Pastor Shaw<br>2:00pm Christmas Eve Music with Scott Kimberly<br>3:00pm Christmas Eve Coloring Sheets & Word Games |   |   | 8:30am Hymn Singing with Eddie<br>9:00am Beauty Salon<br>10:00am Build a Snowman Workout<br>10:30am Guess the Winter Phrase<br>2:00pm Prize Bingo with Jim<br>3:00pm Cheese & Crackers & Mingle                        | 9:45am Winter Workout<br>10:30am Snowball Throw Trivia<br>2:00pm Mini Fabric Winter Wreath Craft<br>3:00pm Enjoy Popcorn & Coke with Friends<br>3:30pm Spotless Spectacles                                | 9:45am Circle Exercise Fun<br>10:30am Balloon Ball<br>2:00pm Prize Bingo<br>3:00pm Thirsty Thursday<br>3:30pm Group December Word Puzzles   | 9:45am Pull Out an Exercise<br>10:30am Hoop Competition<br>2:00pm Musical Entertainment with Miranda Powell<br>3:00pm Oatmeal Cream Treat & Talk<br>3:30pm Room Aromatherapy Visits |  |  |  |  |   |  |  |  |  |
| 10:00am Church Service with Hymns<br>2:00pm Manicures & Music<br>3:00pm Firework Cookies<br>3:30pm Fun with Idioms                             |   |   |  |   |   | <i>"Christmas is a season not only of rejoicing, but of reflection."</i>  |  |  |  |  |  |  |  |  |  |