



This Month's News



Dear Families:

We wish all of you a Merry Christmas and Happy Holiday season. We hope that during this busy time of year, you also receive moments full of love, comfort, and cherished memories.

Center News:

We have a lot of fun events lined up for December. On Wednesday, December 20th, we'll be having a Christmas party with Santa. On Tuesday, December 26th at 2:00, we'll be having Christmas karaoke with Danny Liford, food, and drinks. Lastly, on Thursday, December 28th at 2:00, we'll be having a New Year's Eve party with Jeff Dorris entertainment, food, and drinks.

Special Announcements for Families:

We will be having Buster the Elf (elf on the shelf) moving throughout the facility in December for residents to find each day. Residents who attend activities on December 7th at 2:00 will all receive a mini-Christmas tree for their room with decorations to decorate for their tree. Christmas pictures will be taken Tuesday, December 5th for A, B, and D halls, and Wednesday will be for Nettie Miles and anyone missing from other halls. Thursday will be C hall. These pictures will be sent out in a Christmas card from the center. December 15th wear your favorite "ugly" Christmas sweater for ugly Christmas sweater day, The competition will start at 3:00.

Special Thanks:

Thank you to all the churches and schools coming out to do handbells, sing Christmas carols, and hand out gifts/cards you have made throughout December. Thank you to CLGW for always donating and volunteering at our events. Thank you to all who donated items to our shopping spree this past month, it was a huge success. Lastly, Thank you to Legacy Hospice and VNA Hospice for helping with crafts and manicures this past month.



NHC's Whisked Wonderland Hot Cocoa

What's a better way to warm our spirits this holiday season than with a cup of homemade hot cocoa? We're thrilled to share our secret recipe that's guaranteed to add a sprinkle of joy to your holiday season! So, grab your favorite mug, put on those fuzzy socks, and let's dive into the art of crafting

the perfect cup of hot cocoa.

Ingredients:

2 cups whole milk

2 tablespoons unsweetened cocoa powder

2 to 3 tablespoons sugar (or sweeten to your liking)

1/4 cup chocolate chips (because we believe in chocolate indulgence!)

1/4 teaspoon vanilla extract

A pinch of enthusiasm (the secret ingredient!)

Instructions:

In a saucepan, warm the milk over medium heat until it's steamy but not boiling.

In a cozy corner, mix cocoa powder and sugar to create a blissful blend.

Gradually whisk your cocoa-sugar magic into the warming milk, infusing it with love and flavor.

Add the chocolate chips, stirring until they melt into a velvety symphony of goodness.

Sprinkle in the vanilla extract and a pinch of enthusiasm (because everything tastes better with a dash of joy!).

Continue to heat, making sure it's nice and toasty but never boiling – we're aiming for hot cocoa, not a volcano!

Pour this liquid comfort into your favorite mug and let the aroma of happiness fill the air.

Finish it off with your choice of toppings – whipped cream clouds, marshmallow mountains, or a sprinkle of cocoa stardust.

And there you have it, our NHC Whisked Wonderland Hot Cocoa! Share the warmth, spread the joy, and let's make this season extra cozy. Tag us in your hot cocoa adventures using #NHCSipSipHooray!

Wishing you all the sweetness the season has to offer!

Erasing Holiday Stress for Seniors

While the holiday season is typically associated with feelings of joy, comfort, and happiness, it also is not short of stress during this extremely busy time of year. Our seniors can also feel the stress during the holidays. Please take a look at our latest blog by clicking [HERE](#) for tips to erase stress for our seniors.



Thank you,
Jessica Bader
Administrator, NHC HealthCare Kennett

NHC HealthCare Kennett
1120 Falcon Drive
Kennett, MO 63857
537-888-1150

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Llame al 537-888-1150 (TTY: 7-1-1). (Spanish)

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Ligue para 537-888-1150 (TTY:7-1-1). (Portuguese)