

# Springfield Rehab & HealthCare Center Care Connection 2023



## November Highlights

- \*American Indian Heritage Month
- \*Lung Cancer Awareness Month
- \*National Diabetes Month
- \*National Caregivers Appreciation Month
- 2nd All Souls Day
- \*3rd Music w/Country Cross
- 5th Daylight Savings Time ends
- 9th Indigenous Peoples' Day
- \*10th Veterans Day Celebration
- 11th Veterans Day (U.S.) & Indigenous Peoples' Day
- \*12th Second Baptist Hand Bells
- 23rd Thanksgiving
- \*29th Christmas Decorating & Peppermint Ice Cream Social
- \*30th Christmas Decorating & Hot Chocolate



## Thanksgiving



## Dinner

## with Family & Friends

**Thursday, November 16th @ Noon**

**RSVP by 5pm on Wed. November 8th  
TO RECEPTION DESK ONLY**

**Limit 2 GUESTS per resident**

**There will be NO CHARGE for this meal!**



# SPRINGFIELD

REHABILITATION AND HEALTH CARE  
CENTER

2800 S Fort Ave. Springfield MO 65807  
417-882-0035

## Springfield Rehab & HealthCare Managementdake

*Administrator: Troy Lacey*

*Director of Nursing: Lysandra Harmon*

*Assistant Director of Nursing: Erin Buttlar*

*Clinical Coordinator: Krista Porter*

*Director of Rehab: Rodell Ravela*

*Social Services Director: Amy Devane*

*Head Bookkeeper: Jerome Irmen*

*Dietary Manager: Kelly Hunter*

*Plant Operations Director/Laundry & House-keeping: Tony White*

*Recreation Director: Angie Yancey*

*Health Information Manager: Shayna Samek*

*Medical Director: William Rosen MD*

**Marcelo Mantala MD**



## November Resident Birthdays

**11/5 Teresa Layton**

**11/6 Art Hains**

**11/7 Charles Hendrix**

**11/10 Marjorie Mooney**

**11/11 Sarah Goetz**

**11/13 Bill Webb**

**11/15 Norma Barsh**

**11/15 Mark Rufenacht**

**11/17 Sally Baldwin**

**11/17 Mary Ann Jackson**

**11/21 Josephine Hayes**

**11/22 Ronnie Smith**

**11/27 Carrol Dake**

**11/27 Joseph Long**

In astrology, those born from November 1–21 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want. Those born from November 22–30 are Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures.

Burt Lancaster (actor) – Nov. 2, 1913

Walter Cronkite (journalist) – Nov. 4, 1916

Alfre Woodard (actress) – Nov. 8, 1952

Dorothy Dandridge (entertainer) – Nov. 9, 1922

Anne Hathaway (actress) – Nov. 12, 1922

Whoopi Goldberg (comedian) – Nov. 13, 1955

Gloria Foster (actress) – Nov. 15, 1933

RuPaul (model) – Nov. 17, 1960

Delroy Lindo (actor) – Nov. 18, 1952

Michael Strahan (TV host) – Nov. 21, 1971

Scott Joplin (composer) – Nov. 24, 1868

Don Cheadle (actor) – Nov. 29, 1964

Ben Stiller (actor) – Nov. 30, 1965

# HARVEST

*blessings*





**Congratulations to our August Partner of the Month Brittany Cohen**

**&**

**September Partner of the Month Bailey Jones**

**Thank you for all that you do!**

*Happy Work Anniversary!*

**Janice Duvall 5 years**

**Margaret Wicks 6 years**

**Heather Myers 6 years**

**Tiffany Peel 1 year**

**Jennifer Pendergrass 1 year**

**Jaylan Robinson 1 year**



**Strengthen Your Mind and Body with**

*Tai Chi, Stronger Longer,  
& Chair Yoga throughout  
the month.*



**WHAT'S HAPPENING!!**

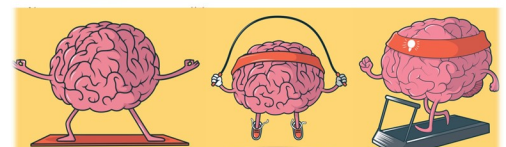
Please check the calendar for specific days of activities. All activity dates are subject to change, any changes will be announced.



**Ice Cream Social**  
**Wednesdays at 2:30**  
**in the Day Room**



**EXERCISE YOUR BRAIN!**  
**WITH CRANIUM CRUNCHES,**  
**PUZZLES, & TRIVIA**  
**ACTIVITIES THROUGHOUT**  
**THE MONTH**



A look back at October



Crafting Fall Hedgehogs!



Further celebrating the season by making pumpkin patches!



Our lunch outing to McAlister's.



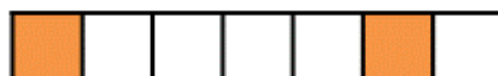
# Thanksgiving Word Scramble

Unscramble the Thanksgiving words and then use the highlighted letters to form the secret message. You will have to unscramble the message as well.

ICUONROPCA



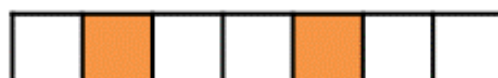
ETRSHVA



MEVRNOEB



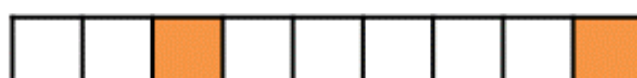
ILIGPMR



KUTEYR



BCNERRRAY



YRAOMEFWL



TMOLPYUH



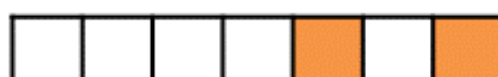
AYHLIOD



GWNMPAAAO



INKPMUP



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# Fall Word Search

C U W V B F K S Q S W H A R V E S T H G  
 O Y S M A N T A T O U U O G K R P M L E  
 A C F D F O O T B A L L W B T Q W O Z B  
 S E E Z Z A G E R Y N T U E N I B E X R  
 W J P N X T B U W A A P P L E C I D E R  
 E A U O A H U D C N U T U U U N C T A Q  
 A P R V S A U U R K K P P Z M H R B C T  
 T P L E A N N O J Y S R P C U P A G I C  
 E L E M J K C A D B E F W K E U K Y M K  
 R E A B U S K F Y O P L I O H Z E I Y B  
 P S V E L G P H L N T Z H P S J S Q N O  
 Q Q E R S I Q A W F E Y E M U W E Q J O  
 J N S O M V V C N I M C O Q N R M W K T  
 T B M E K I F Z B R B R Y C F K N L J S  
 V Y A P N N Q K G E E A V G L U T A A O  
 V N R R D G H N A B R U Q T O O N I G V  
 C Y A O O P I Q O N H T X F W J Z Y P E  
 L C X F E A L T K O E U W Z E S U P P B  
 R D E F I D C W K O Q M Z Q R B F Z U S  
 D R Q R J O V Z O Y W N C J G R K N E U



CORN  
 AUTUMN  
 BONFIRE  
 BOOTS  
 OCTOBER  
 RAKE

THANKSGIVING  
 HARVEST  
 LEAVES  
 CARNIVAL  
 APPLES  
 APPLE CIDER

PUMPKIN  
 FOOTBALL  
 SWEATER  
 NOVEMBER  
 SEPTEMBER  
 SUNFLOWER



# NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room DR Day Room LDR Large Dining Room RDR Rehab Dining Room SDR Small Dining Room			8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 2:30 Ice Cream Social (DR)	1 10:00 Who, What, Where Am I? (DR) 12:30 Fancy Nails/A-Hall (AR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	2 9:30 Therapeutic Circle (AR) 10:00 Coffee & Coloring (LDR) 11:00 Chair Yoga (AR) 2:00 Music w/ Country Cross (DR)	3 10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR)
10:00 Bingo (LDR) 2:00 November Humor (DR) 4:00 Devotion's w/ Sunset Church of Christ (DR)	5 10:00 Juice & Daily Chronicles (LDR) 10:45 Tai Chi (AR) 2:30 Nickel Jackpot (DR)	6 9:30 Therapeutic Circle (AR) 10:00 Bingo (LDR) 11:30 Memory Care Dining (AR) 2:00 Baking-Pumpkin Pie Cookies (DR)	7 8:00 Memory Care Short Story (SDR) 10:45 Stronger Longer (DR) 1:30 Communion w/ Season's Hospice (DR) 2:30 Ice Cream Social (DR)	8 10:00 Christmas Ornament Sculpting w/ Tony (DR) 12:30 Fancy Nails/B-Hall (AR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	9 9:30 Therapeutic Circle (AR) 10:00 Coffee & Puzzles (LDR) 11:00 Chair Yoga (AR) 2:00 Veteran's Day Celebration (LDR)	10 Veterans Day 10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR)
10:00 Bingo (LDR) 2:00 2nd Baptist Hand Bells (DR) 4:00 Devotion's w/ Sunset Church of Christ (DR)	12 10:00 Juice & Daily Chronicles (LDR) 10:45 Tai Chi (AR) 11:30 Memory Care Dining (AR) 2:30 Rob the Table (DR)	13 9:30 Therapeutic Circle (AR) 10:00 Bingo (LDR) 11:30 Memory Care Dining (AR) 2:30 Ice Cream Social (DR)	14 8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 10:30 Cranium Crunches (DR) 12:30 Fancy Nails/C-Hall (AR)	15 9:00 Craft-Goofy Turkey Hat (DR) 12:00 Thanksgiving Dinner w/ Family and Friends 3:30 Bible Study w/ South Creek Baptist (DR)	16 9:30 Therapeutic Circle (AR) 10:00 Coffee & Trivia (LDR) 11:00 Chair Yoga (AR) 2:00 Happy Hour (LDR)	17 10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR)
10:00 Church w/ Pastor Eutsler (DR) 2:00 Family (and Friends) Feud (DR) 4:00 Devotion's w/ Sunset Church of Christ (DR)	19 10:00 Juice & Daily Chronicles (LDR) 10:45 Tai Chi (AR) 11:30 Memory Care Dining (AR) 2:30 Resident Council (DR)	20 9:30 Therapeutic Circle (AR) 10:00 Bingo (LDR) 11:30 Memory Care Dining (AR) 2:30 Karaoke w/ Chaplain James & Phoenix (DR)	21 8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 10:30 A Different Kind of Puzzle (DR) 12:30 Fancy Nails/D-Hall (AR)	22 Thanksgiving Day 10:00 Coffee & Discussion (LDR) 2:00 Craft-Thankful "Outta" My Gourd Sign (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	23 Wal-Mart Shopping Cut Off 9:30 Therapeutic Circle (AR) 11:00 Chair Yoga (AR) 2:00 Ice Cream Social (LDR)	24 10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR)
10:00 Church w/ Pastor Eutsler (DR) 2:00 Trivia Time (DR) 4:00 Devotion's w/ Sunset Church of Christ (DR)	26 10:00 Juice & Daily Chronicles (LDR) 10:45 Tai Chi (AR) 11:30 Memory Care Dining (AR) 2:30 Bocca Ball (LDR)	27 9:30 Therapeutic Circle (AR) 10:00 Bingo (LDR) 11:30 Memory Care Dining (AR) 2:30 Birthday Party w/ Terrace Home Health (LDR)	28 8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 10:30 Health Education (DR) 2:00 Christmas Decorating & Peppermint Ice Cream Social (DR)	29 10:00 Christmas Decorating & Hot Chocolate (DR) 12:30 Fancy Nails/R-Hall (RDR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	30 10:00 Christmas Decorating & Hot Chocolate (DR) 12:30 Fancy Nails/R-Hall (RDR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	