



# This Month's News

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**Dear Families:**

As we start this season of giving thanks, we are thankful for the opportunity to care for your loved ones and the bonds we have created with each of you. We would like to wish all of you a very Happy Thanksgiving.

**Events for this month:** We have a lot of fun events lined up for the month of November! From the 5th - 9th is Holston's Great Closet Cleanout. On the 7th is Girls in Pearls Tea Party. The 10th is Remembering Veteran's Day. On the 13th we have a Birthday Party with Lillie Madison, former Ms. Senior TX. On the 16th is our Thanksgiving Family Dinners by reservation only. Please check the calendar and join us for any scheduled activity.

**Special announcements for families:** Please assist your loved one in Holston's Great Closet cleanout scheduled for LTC Residents with start date November 5th through our finish date of Thursday November 9th. If you cannot assist your loved one, please let us know if you would like us to assist by contacting [kimberly.uzonyi@nhccare.com](mailto:kimberly.uzonyi@nhccare.com). Thanksgiving Family Dinners (by r.s.v.p. only) fill up fast with two scheduled meals. Deadline to reserve your table with money is Friday, November 10th. Reservations can be made for 11:00 a.m. or 1:00 p.m.

**Special Thanks:** We would like to recognize the UT Therapeutic Recreation Students who have been very supportive and energetic with our residents and patients while enhancing our calendar! Thank you, Kerrigan, Hanna and

Ella! Thank you to UT Mechanical, Aerospace, and Biomedical Engineering, Department of Electrical Engineering and Computer Science, College of Nursing, Professor Ruth Lopez of the MGH Institute of Health Professions, Monica Crane, founder and medical director of Genesis Neuroscience Clinic, and Tyler Morris with his associates who came to Holston to introduce Pepper the Robot to our residents. Holston will be in contact with this team in the near future to offer more opportunities for the residents and patients to engage with Pepper. Thank you to ZTA Sorority sisters who assisted with the Fall Festival. Kimberly Way assisted with face painting, Overcomers Believers Church for providing assistance with the Funny Money Shopping spree for our residents. Girl Scouts Scare Crow Fashion Show! The Scare Crows were amazing! The recreation department is appreciative of our volunteers!



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## Veterans Day

Thank you to all veterans for your bravery and sacrifice. We thank you not only on your dedicated day but every day. Thank you!



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## **National HomeCare, Hospice, and Palliative Care Month**

At NHC, we understand that your loved one's needs may change during their stay with us or after discharge. Our team at NHC HomeCare and Caris Hospice are honored to deliver personalized care in the communities we serve. If your loved one is discharged and may need more care at home, our [homecare team](#) provides nursing and rehabilitation services. If palliative care and hospice may be the next step for your loved one, our [hospice team](#) is here to help.

We would like to recognize all our NHC HomeCare and Caris partners this month. Please join us in recognizing their commitment to our patients and

their families.



## Top Dog Winner

Congratulations to NHC Top Dog Winner, Maggie, and her owner Olivia Page from NHC Greenville.

Be sure to check out all the precious doggy contestants featured on our Facebook page.



**NHC  
TOP DOG  
WINNER:  
MAGGIE!**

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Thank you,

Dan McKenzie

Administrator, Holston Health & Rehabilitation Center

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865-524-1500

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 865-524-1500 (TTY: 7-1-1). (Spanish)

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 865-524-1500(TTY:7-1-1). (Portuguese)