## NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BL Bistro Lounge CR Club Room G Gym L Library MPR MultiPurpose Room PDR Room		Activities Subject to Change Please See Board in Front Lobby for Daily Updates! See Front Desk for: Medical Transport: Tuesdays Wednesdays Hair Salon: Thursdays Personal Errands with	Happy Birthday Anne B!  9:00 Catholic Communion with St. Michaels followed by Mass on TV (CR)  9:00 Table Ball with Alyssa (BL)  10:00 Seaside Elementary Choir Patriotic Performance (BL)  11:00 Word Games with Alyssa (BL)  11:00 Word Gomes with Alyssa (BL)  11:00 Word Gome with the Wind (3hr S8m) (CR)  2:00 Visiting Memory Care with Alyssa:Making PB Rice Krisple Treats (MPR)  3:00 Players Choice Independent Card Games (BL)  4:00 Happy Hour (BL)	10:30 Walmart Outing (Outing)  11:00 Rockin' Fitness with Randi (CR)  2:00 Bingo (MPR)  3:00 Balloon Toss (CR)  4:00 Happy Hour (BL)	9:00 Manicures with Alyssa (BL)  11:00 Standing Exercise with Randi (CR)  2:00 Story Lines Creative Story Telling (CR)  3:00 Sing Along with Randi (CR)  4:00 Happy Hour (BL)	11:15 Chair Aerobics (CR)  1:30 TV Series: The Chosen (CR)  1:30 Players Choice Independent Card Games (BL)  2:30 Hygge Social Game (BL)  3:30 Happy Hour (BL)
10:00 Worship Service with Coastal Bible Church (CR) 11:15 30-minute Chair Exercise with Alyssa (CR) 1:30 Snack Cart with Alyssa Comes to You (Facility Wide) 2:30 My2 Cents Social Game (BL) 3:30 Happy Hour (BL) 6:30 Catholic Service (L) 6:30 Sunday Night Movie: Footloose (1hr 47m) (CR)	9:00 You Be The Judge (BL)  10:00 30-minute Chair Exercise with Alyssa (CR)  11:00 Crafting with Erica: Pom Pom Apple Pins (to Bring to Seaside Elementary) (BL)  2:00 Paint & Craft Scarecrow (MPR)  3:00 Hangman Word Game with Alyssa (BL)  4:00 Happy Hour (BL)	10:00 Devotional with Mark McCoy (CR) 11:00 Sit & Be Fit with Randi (CR) 2:00 Live Music with Les Marple (BL) 3:00 "Before or After" Trivia Game (MPR) 4:00 Happy Hour (BL)	Happy Birthday Jo M!  9:00 Catholic Communion with St. Michaels followed by Mass on TV (CR)  9:00 Table Ball with Alyssa (BL)  11:00 Devotional with Dana from Carls (CR) 1:30 Movie: The Man Who Knew Too Much (2hr) (CR)  2:00 Mens Social (Men Only Please) (BL) 3:00 Players Choice Independent Card Games (MPR)  4:00 Happy Hour (BL)	11:00 Rockin' Fitness with Randi (CR)  11:30 Inlet Crab House Lunch (Please Sign Up at Front Desk) (Outing)  2:00 Bingo (MPR)  3:00 Uno- Simple Card Game (BL)  4:00 Happy Hour (BL)	9:00 Manicures with Alyssa (BL)	10:00 Living Zen Class with Mike Smith (CR)  11:15 Chair Aerobics (CR)  1:30 TV Series: The Chosen (CR)  1:30 Players Choice Independent Card Games (BL)  2:30 Veteran's Day Sing Along (CR)  3:30 Happy Hour (BL)
11:15 30-minute Chair Exercise with Alyssa (CR) 1:30 Snack Cart with Alyssa Comes to You (Facility Wide) 2:30 Woven Sunflower Craft with Alyssa (MPR) 3:30 Happy Hour (BL) 6:00 Catholic Service (L) 6:30 Sunday Night Movie: An Unfinished Life (1hr 48m) (CR)	9:00 Daily Chronicle Discussion Group with Alyssa (BL) 10:00 30-minute Chair Exercise with Alyssa (CR) 10:30 Scenic Ride-Pawleys Island (Please Sign Up at Front Desk) (Outing) 2:00 Roll-3-Sunflower Craft & Game with Alyssa (MPR) 3:00 Live Music with Joshua Alan (BL) 4:00 Happy Hour (BL)	11:00 Sit & Be Fit with Randi (CR) 2:00 Bingo (MPR) 3:00 "Who In the Room?"- Social Game (BL) 4:00 Happy Hour (BL)	9:00 Table Ball with Alyssa (BL) 11:00 Word Games with Alyssa (BL) 1:30 Movie: Paris Holiday (1hr 43m) (CR) 2:00 Visiting Memory Care with Alyssa (BL) 2:00 Players Choice Independent Card Games (BL) 3:30 Catholic Mass with St Michaels (CR) 4:00 Happy Hour (BL)	Happy Birthday Dot R!  10:00 Seaside Elementary Snack Cart Outing (Please Sign Up at Front Desk) (Outing)  10:00 Bible Study with Billy Miles (CR)  11:00 Rockin' Fitness with Randi (CR) 2:00 Bingo (MPR) 3:00 Balloon Toss (CR) 4:00 Happy Hour (BL)	9:00 Manicures with Alyssa (BL)  11:00 Standing Exercise with Randi (CR) 2:00 PicLink Picture Game (BL) 3:00 Sing Along with Randi (CR) 4:00 Happy Hour (BL)	11:15 Chair Aerobics (CR)  1:30 TV Series: The Chosen (CR)  1:30 Players Choice Independent Card Games (BL)  2:30 "You Know What I'm Saying?" Brain Game (BL)  3:30 Happy Hour (BL)
11:00 Worship Service with Christ United (CR)  1:30 30-minute Chair Exercise with Alyssa (CR)  2:30 Macrame Leaf Craft with Alyssa (MPR)  3:30 Happy Hour (BL)  6:00 Catholic Service (L)  6:30 Sunday Night Movie: Jerry Maguire (2hr 19m) (CR)	9:00 Short Story Discussion Group with Alyssa (BL) 10:00 30-minute Chair Exercise with Alyssa (CR) 11:00 Crafting with Erica: Paper Owl (BL) 2:00 Balking Pumpkin Spice Bread with Alyssa (BL) 3:00 Book Club with Alyssa (L) 4:00 Happy Hour (BL)	11:00 Sit & Be Fit with Randi (CR)  1:30 Food Council Meeting with Kristen (PDR)  2:00 Bingo (MPR)  3:00 "Did I Win?" Trivia Game (MPR)  4:00 Happy Hour (BL)	9:00 Table Ball with Randi (BL) 9:00 Catholic Communion with St. Michaels followed by Mass on TV (CR) 11:00 Word Games with Randi (BL) 1:30 Movie: Under the Tuscan Sun (1hr 53m) (CR) 2:00 Visiting Memory Care with Randi (BL) 3:00 Players Choice Independent Card Games (BL) 4:00 Happy Hour (BL)	8:00 Independent Hitchcock Scavenger Hunt (All Day) (Facility Wide) 9:00 96th Annual Macys Thanksgiving Day Parade (NBC) (Facility Wide) 2:00 Independent Thanksgiving Word Games (BL) 4:00 Happy Hour (BL)	Meeting (CR)	10:00 Living Zen Class with Mike Smith (CR)  11:15 Chair Aerobics (CR)  1:30 TV Series: The Chosen (CR)  1:30 Players Choice Independent Card Games (BL)  2:30 Veteran's Social (Vets Only Please) (BL)  3:30 Happy Hour (BL)
2:30 30-minute Chair Exercise with Alyssa (CR) 3:30 Happy Hour (BL) 6:00 Catholic Service (L) 6:15 Step By Step Painting with Alyssa (MPR)	9:00 Animal Stories & Discussion Group with Alyssa (BL) 10:00 30-minute Chair Exercise with Alyssa (CR) 10:30 Scenic Ride Myrtle Beach (Please Sign Up at Front Desk) (Outing) 2:00 Live Music with Jim Seem (BL) 3:00 Wheel of Fortune Word Game with Alyssa (BL) 4:00 Happy Hour (BL)	Happy Birthday Charlotte W! 11:00 Sit & Be Fit with Randi (CR) 2:00 Bingo (MPR) 3:00 "Big Talk" Social Game (MPR) 4:00 Happy Hour (BL)	9:00 Catholic Communion with St. Michaels followed by Mass on TV (CR) 9:00 Table Ball with Alyssa (BL) 11:00 Word Games with Alyssa (BL) 13:00 Movie: O Brother, Where Art Thou? (1hr 47m) (CR) 2:00 Visiting Memory Care with Alyssa (BL) 3:00 Players Choice Independent Card Games (BL) 4:00 Happy Hour (BL)	11:00 Rockin' Fitness with Randi (CR)  1:30 Seaside Market General Store (Please Sign Up at Front Desk) (Outing)  2:00 Bingo (MPR)  3:00 Balloon Toss (CR)  4:00 Happy Hour (BL)		Social- Red Vocational- Orange Intellectual- Green Physical- Blue Spiritual- Purple Environmental- Pink Emotional- Brown