

This Month's News



Dear Families:

We have some fun events lined up for the month of October. Oct 12th from 7 pm - 8 pm is the Start of our monthly presentations with Dr. Itzy & Beth Bernat, NP! On the 21st will be our Trick or Treat celebration -all ages- 2:00-4:00, and on the 27th 3:30 we'll be having a Reptile Show. Please check our activity calendar or give us a call for more information.

Flu Vaccines

Thank you for considering a flu vaccination and helping us with this year's flu prevention program. Our patients and residents we serve are at the highest risk for complications and hospitalization with the flu.

Please make sure you have completed the flu acknowledgment form <u>HERE</u>.

We appreciate your help in promoting health and wellness this flu season



Pumpkin Recipes

Celebrate the fall season, National Pumpkin Day, and Halloween with some delicious pumpkin recipes. Enjoy the tastes of fall and test your skills in the kitchen with these recipes <u>HERE</u>.



We want to give recognition to all the following NHC Partners as we recognize their special days. We appreciate each one of these individuals and the amazing qualities they bring to the NHC teams! Be sure to thank these team members if you see them in the center.

National HealthCare Food Service Week

Physical Therapy Month

NHC Recognition Day for Centralized Order Entry Partners

Network Pharmacy Week







