OCTOBER

NHC
NATIONAL HEALTHCARE CORPORATION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Sunday School w/ Penny Philips (South Dining) 12:30 NFL Football all day (South Dining)	**2** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Glamour Nails (South Dining)	**3** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Bingo w/ large group	**4** 10:15 Bingojive (South Dining)	**5** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room)	**6** 2:00 Bingojive (South Dining) 2:00 Bingo w/ large group (South Dining)	**7** 12:00 College Football all day (South Dining)
8 9:15 Sunday School w/ Penny Philips (South Dining) 12:30 NFL Football all day (South Dining)	**9** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Glamour Nails (South Dining)	**10** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Bingo w/ large group	**11** 10:15 Bingojive (South Dining) 2:00 Foodie Fun (South Dining)	**12** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room)	**13** 2:00 Bingojive (South Dining) 2:00 Bingo w/ large group (South Dining)	**14** 10:00 Bible Board Game (South Dining) 12:00 College Football all day (South Dining) 2:30 Women on a mission (South Dining)
15 9:15 Sunday School w/ Penny Philips (South Dining) 12:30 NFL Football all day (South Dining)	**16** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Glamour Nails (South Dining)	**17** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Bingo w/ large group	**18** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 10:00 Bible Study/ Activity (Day Room)	**19** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room)	**20** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Bingo w/ large group (South Dining)	**21** 10:30 Bible Study with Dawn Clark (South Dining) 12:00 College Football all day (South Dining)
22 9:15 Sunday School w/ Penny Philips (South Dining) 12:30 NFL Football all day (South Dining)	**23** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Glamour Nails (South Dining)	**24** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Halloween Party	**25** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 10:00 Bible Study/ Activity (Day Room) 2:00 Foodie Fun (South Dining)	**26** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room)	**27** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Halloween Party (South Dining)	**28** 10:00 Bible Board Game (South Dining) 12:00 College Football all day (South Dining)
29 9:15 Sunday School w/ Penny Philips (South Dining) 12:30 NFL Football all day (South Dining)	**30** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Glamour Nails (South Dining)	**31** 9:00 Drop-off/ Hydration & Snack (Day Room) 9:30 Exercise Fun (Day Room) 2:00 Bingo w/ large group				