



This Month's News

Welcome
OCTOBER



Dear Families:

We will be having Music Therapy on October 5th & 19th at 2 pm. We hope you join us on October 31st at 2 p.m. Halloween Party! On October 31st at 9 am we have invited Trick or Treaters from Campus School! Hope you can join us for some of the fun!

Flu Vaccines

Thank you for considering a flu vaccination and helping us with this year's flu prevention program. Our patients and residents we serve are at the

highest risk for complications and hospitalization with the flu.

Please make sure you have completed the flu acknowledgment form [HERE](#).

We appreciate your help in promoting health and wellness this flu season



Pumpkin Recipes

Celebrate the fall season, National Pumpkin Day, and Halloween with some delicious pumpkin recipes. Enjoy the tastes of fall and test your skills in the kitchen with these recipes [HERE](#).

NATIONAL
PUMPKIN DAY
26 OCTOBER





Partner Spotlights!

We want to give recognition to all the following NHC Partners as we recognize their special days. We appreciate each one of these individuals and the amazing qualities they bring to the NHC teams! Be sure to thank these team members if you see them in the center.

National HealthCare Food Service Week

Physical Therapy Month

NHC Recognition Day for Centralized Order Entry Partners

Network Pharmacy Week





NETWORK PHARMACY WEEK

OCTOBER
16-20

Thank you,

Lynn Foster

Administrator, NHC HealthCare Murfreesboro

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 615-893-2602 (TTY: 7-1-1). (Spanish)

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 615-893-2602 (TTY:7-1-1). (Portuguese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 615-893-2602 (TTY：7-1-1)。 (Chinese)