



# This Month's News

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**Flu Vaccines**

Thank you for considering a flu vaccination and helping us with this year's flu prevention program. Our patients and residents we serve are at the highest risk for complications and hospitalization with the flu.

Please make sure you have completed the flu acknowledgment form [HERE](#).

We appreciate your help in promoting health and wellness this flu season



## **Pumpkin Recipes**

Celebrate the fall season, National Pumpkin Day, and Halloween with some delicious pumpkin recipes. Enjoy the tastes of fall and test your skills in the kitchen with these recipes [HERE](#).



**NATIONAL  
PUMPKIN DAY**  
**26 OCTOBER**

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### **Partner Spotlights!**

We want to give recognition to all the following NHC Partners as we recognize their special days. We appreciate each one of these individuals and the amazing qualities they bring to the NHC teams! Be sure to thank these team members if you see them in the center.

National HealthCare Food Service Week

Physical Therapy Month

NHC Recognition Day for Centralized Order Entry Partners

Network Pharmacy Week



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Thank you,  
Susan Taylor  
Administrator, NHC HealthCare Maryland Heights

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