



This Month's News



Flu Vaccines

Thank you for considering a flu vaccination and helping us with this year's flu prevention program. Our patients and residents we serve are at the highest risk for complications and hospitalization with the flu.

Please make sure you have completed the flu acknowledgment form [HERE](#).

We appreciate your help in promoting health and wellness this flu season



Pumpkin Recipes

Celebrate the fall season, National Pumpkin Day, and Halloween with some delicious pumpkin recipes. Enjoy the tastes of fall and test your skills in the kitchen with these recipes [HERE](#).

A graphic for National Pumpkin Day. The top half features a white, torn-paper-like background with a teal border at the top and bottom. The text "NATIONAL PUMPKIN DAY" is centered in a dark blue, sans-serif font, with "26 OCTOBER" below it in a smaller, similar font. The bottom half of the graphic shows four pumpkins of various sizes and colors (orange, yellow, and white with orange stripes) arranged in a row on a teal surface.

NATIONAL PUMPKIN DAY

26 OCTOBER

Partner Spotlights!

We want to give recognition to all the following NHC Partners as we recognize their special days. We appreciate each one of these individuals and the amazing qualities they bring to the NHC teams! Be sure to thank these team members if you see them in the center.

National HealthCare Food Service Week

Physical Therapy Month

NHC Recognition Day for Centralized Order Entry Partners

Network Pharmacy Week



Thank you,
Debbie Hubbard
Administrator, NHC HealthCare Kingsport
