

# OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	<b>1</b> 9:00 Nail Polish 100-200 (RTR) 11:00 Read & Relax (WLR) 2:00 Lotions and Potions: Spa Day (MDR) 6:00 Creative Coloring (MDR)	<b>2</b> 8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Riddles and Mystery Stories (MDR) 2:30 Men's Group (WLR) 6:00 Jigsaw Puzzles (MDR)	<b>3</b> 9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 10:00 Greeting Cards (WLR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR)	<b>4</b> 9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 2:00 Art Session: Cauldrons	<b>5</b> 9:15 Virtual Laptops (RTR) 10:00 Pet Visits (RTR) 11:00 Uplift (MDR) 2:00 Potions and Notions with Kimberly Way (MDR) 6:00 Neighbor visits	<b>6</b> 9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR) 4:00 Chatter Box (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	<b>8</b> 9:00 Nail Polish 300 Hall (RTR) 11:00 Read & Relax (WLR) 1:30 CNA Graduation (MDR) 2:00 Birthday with Paul Indelicato (MDR) 6:00 Creative Coloring (MDR)	<b>9</b> 8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Mystery Box (MDR) 6:00 Jigsaw Puzzles (MDR)	<b>10</b> 9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR)	<b>11</b> 9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 1:30 Fall Festival	<b>12</b> 9:15 Virtual Laptops (RTR) 11:00 Uplift (MDR) 2:00 Mysterious Civilizations (MDR) 6:00 Neighbor visits	<b>13</b> Tennessee vs Texas A&M 9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR) 4:00 Chatter Box (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	<b>15</b> 9:00 Nail Polish 400 Hall (RTR) 11:00 Read & Relax (WLR) 1:00 Resident Council 2:00 Monster Match (MDR) 6:00 Creative Coloring (MDR)	<b>16</b> 8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Knox City VOTE 6:00 Jigsaw Puzzles (MDR)	<b>17</b> 9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR)	<b>18</b> 9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 2:00 Art Session: Greeting Cards	<b>19</b> 9:15 Virtual Laptops (RTR) 10:00 Pet Visits (RTR) 11:00 Uplift (MDR) 2:00 Mythical Creature Folklore (MDR) 6:00 Neighbor visits	<b>20</b> Tennessee vs Alabama 9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR) 4:00 Chatter Box (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	<b>22</b> 9:00 Nail Polish 500 Hall (RTR) 11:00 Read & Relax (WLR) 2:00 Scarecrow Fashion Show (CY) 6:00 Creative Coloring (MDR)	<b>23</b> 8:30 Focus Paper (RTR) 11:00 Chair Exercise & Brain Games (MDR) 2:00 Holston Family Market (MDR) 6:00 Jigsaw Puzzles (MDR)	<b>24</b> 9:00 Scripture / Hydration (RTR) 9:15 Beauty Shop 11:00 Chair Exercise & Brain Games (MDR) 2:00 Bingo (MDR)	<b>25</b> 9:00 1:1 Fun! (RTR) 10:30 Knox News & Westerns (MDR) 11:00 Mystery Music (MDR) 2:00 Art Session: Paper Mache Punmpkins	<b>26</b> 9:15 Virtual Laptops (RTR) 11:00 Uplift (MDR) 1:30 Clue Movie Matinee (MDR) 6:00 Neighbor visits	<b>27</b> Tennessee vs Kentucky 9:00 Weekend Packets (RTR) 1:30 Movie Matinee (WLR) 4:00 Chatter Box (WLR)
2:00 Worship with Temple Baptist Church (MDR) 4:00 Table Games (WLR)	<b>29</b> 9:00 Nail Polish: 600 Hall (RTR) 11:00 Read & Relax (WLR) 2:00 Create Your Own Mystery Story (MDR) 6:00 Creative Coloring (MDR)	<b>30</b> 8:30 Focus Paper (RTR) 10:30 Trick Or Treat 2:00 Who Dunnit? (MDR) 6:00 Jigsaw Puzzles (MDR)	<b>31</b> CY Courtyard (s) FP Front Porch MDR Main Dining Room RTR Room to Room WLR West Living Room		VOTE! Election Day, Tuesday, October 17, 2023 2:00 Do you need to register? Ask Kim or Rebecca in activities.	All Activities are Subject to change