



This Month's News



Dear Families:

NHC Fort Sanders is hosting the Fall Leaves & Wreaths Silent Auction Fundraiser for Resident Council Sept. 25th - Oct. 6th on ground floor. Place a bid on your favorite wreath! The person who bids the highest on any wreath, wins it! NHC Fort Sander's will hosting their 3rd Annual Trunk-of-Treat Fall Festival on Fri., Oct. 27th at 1:00pm in the back parking lot! There will be food, prizes, and live entertainment! All residents, families, and partners are invited!

Special Announcement:

We encourage families to bring their resident loved one to the Trunk-or-Treat Fall Festival on Fri., Oct. 27th beginning at 1:00pm in the back parking lot. There will be food, prizes, and live entertainment for all! In the event of rain or other inclement weather, the Trunk-or-Treat will be held on ground floor! We are asking families to help donate snacks/soft candies or chocolates (nothing with nuts please) for the Trunk-or-Treat. A letter will be sent to families regarding more information about this event.

Special Thanks

A special thank you to Knoxville Zoomobile, Fit Group USA, and First Baptist Church of Knoxville for providing exciting and special activity programs to our residents this summer! We would also like to say thank you to all our NHC partners and resident families who recently participated with their loved ones in the Fall Leaves and Wreaths Craft Event Fundraiser. Your participation was most appreciated!

Flu Vaccines

Thank you for considering a flu vaccination and helping us with this year's flu prevention program. Our patients and residents we serve are at the highest risk for complications and hospitalization with the flu.

Please make sure you have completed the flu acknowledgment form [HERE](#).

We appreciate your help in promoting health and wellness this flu season



Pumpkin Recipes

Celebrate the fall season, National Pumpkin Day, and Halloween with some delicious pumpkin recipes. Enjoy the tastes of fall and test your skills in the

kitchen with these recipes [HERE](#).



Partner Spotlights!

We want to give recognition to all the following NHC Partners as we recognize their special days. We appreciate each one of these individuals and the amazing qualities they bring to the NHC teams! Be sure to thank these team members if you see them in the center.

National HealthCare Food Service Week

Physical Therapy Month

NHC Recognition Day for Centralized Order Entry Partners
Network Pharmacy Week



Thank you,

Dan McKenzie

Administrator, Holston Health & Rehabilitation Center