

## **This Month's News**



**Dear Families:** 

We have a lot of fun events lined up for this month! October 31st at 2:00 pm we'll be having our Costume contest, then at 4:00 pm Trick or Treat with the residents. All families are welcome to bring their children. Be sure to check out our activity calendar online or give us a call for more information.

## Flu Vaccines

Thank you for considering a flu vaccination and helping us with this year's flu prevention program. Our patients and residents we serve are at the highest risk for complications and hospitalization with the flu.

Please make sure you have completed the flu acknowledgment form HERE.

We appreciate your help in promoting health and wellness this flu season



## **Pumpkin Recipes**

Celebrate the fall season, National Pumpkin Day, and Halloween with some delicious pumpkin recipes. Enjoy the tastes of fall and test your skills in the kitchen with these recipes <u>HERE</u>.



We want to give recognition to all the following NHC Partners as we recognize their special days. We appreciate each one of these individuals and the amazing qualities they bring to the NHC teams! Be sure to thank these team members if you see them in the center.

National HealthCare Food Service Week

Physical Therapy Month

NHC Recognition Day for Centralized Order Entry Partners

Network Pharmacy Week







