



This Month's News

Welcome
OCTOBER



Flu Vaccines

Thank you for considering a flu vaccination and helping us with this year's flu prevention program. Our patients and residents we serve are at the highest risk for complications and hospitalization with the flu.

Please make sure you have completed the flu acknowledgment form [HERE](#).

We appreciate your help in promoting health and wellness this flu season



Pumpkin Recipes

Celebrate the fall season, National Pumpkin Day, and Halloween with some delicious pumpkin recipes. Enjoy the tastes of fall and test your skills in the kitchen with these recipes [HERE](#).

A graphic for National Pumpkin Day. The background is white with a torn paper effect at the top and bottom, revealing a teal background underneath. At the bottom, there are several pumpkins of different colors: orange, yellow, and white. The text is centered in a dark blue, sans-serif font.

**NATIONAL
PUMPKIN DAY**
26 OCTOBER



Partner Spotlights!

We want to give recognition to all the following NHC Partners as we recognize their special days. We appreciate each one of these individuals and the amazing qualities they bring to the NHC teams! Be sure to thank these team members if you see them in the center.

National HealthCare Food Service Week

Physical Therapy Month

NHC Recognition Day for Centralized Order Entry Partners

Network Pharmacy Week

Thank you

for all you do!



**NATIONAL HEALTHCARE
FOOD SERVICE WEEK**

**OCTOBER
2-8**



**NHC
PHYSICAL
THERAPY
MONTH**



THANK YOU



**NHC CENTRALIZED ORDER ENTRY
PARTNERS DAY**

OCTOBER 17



NETWORK PHARMACY WEEK

OCTOBER
16-20

Health Center at AdamsPlace
1927 Memorial Blvd.
Murfreesboro, TN 37129
615-904-9111

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 615-904-9111 (TTY: 7-1-1). (Spanish)

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 615-904-9111 (TTY:7-1-1). (Portugese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 615-904-9111 (TTY : 7-1-1) 。 (Chinese)