



# This Month's News

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## **National Grandparents Day**

We at NHC would like to wish all grandparents a Happy National Grandparents Day.

You are a blessing to all your surrounding generations. We recognize you for your love,

wisdom, and care not only today but year-round.

### **Center Events for August**

We will be hosting some fun events for the month of September. On September 8th Smokey Mountain Variety Show at 10am. On the 20th we'll be having our Monthly Birthday Party with the Golden Eagles. Please contact us with any questions regarding our events.

**Special Announcements for Families:** We will hold our 1st Trunk or Treat in October. If you are interested in participating with your loved ones, please contact the Activities Department by September 25th.



## NHC's Top Dog

It's time to vote for NHC's TOP DOG! We have had a company-wide internal "competition" to answer the question "Who is NHC's Top Dog?" with the winner winning a Chewy gift card. The decision was hard, but after multiple submissions, the dogs were narrowed down to the Top 30. Cast your vote for who you think should be NHC's Top Dog! We will leave voting open until September 22nd. We will announce the NHC Top Dog Winner in next month's newsletter! [VOTE HERE!](#)



## Fall Prevention Week

Fall Prevention Week is the national health campaign to raise awareness around falls health and injury prevention. At NHC we are committed to lowering risks the falls and injury prevention from any incidents that may occur. Take a look out our latest blog post on how to reduce the risk of falls. Click [HERE](#) to read more about Fall Prevention Awareness.



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## Housekeeping/Laundry/Environmental Services Week

We want to recognize all our Partners in Housekeeping, Laundry, and Environmental Services. Thank you for keeping your commitment to Promise #9 and keeping all our environments at NHC pleasant. We appreciate you and all your hard work!



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### **National Rehabilitation Awareness Week**

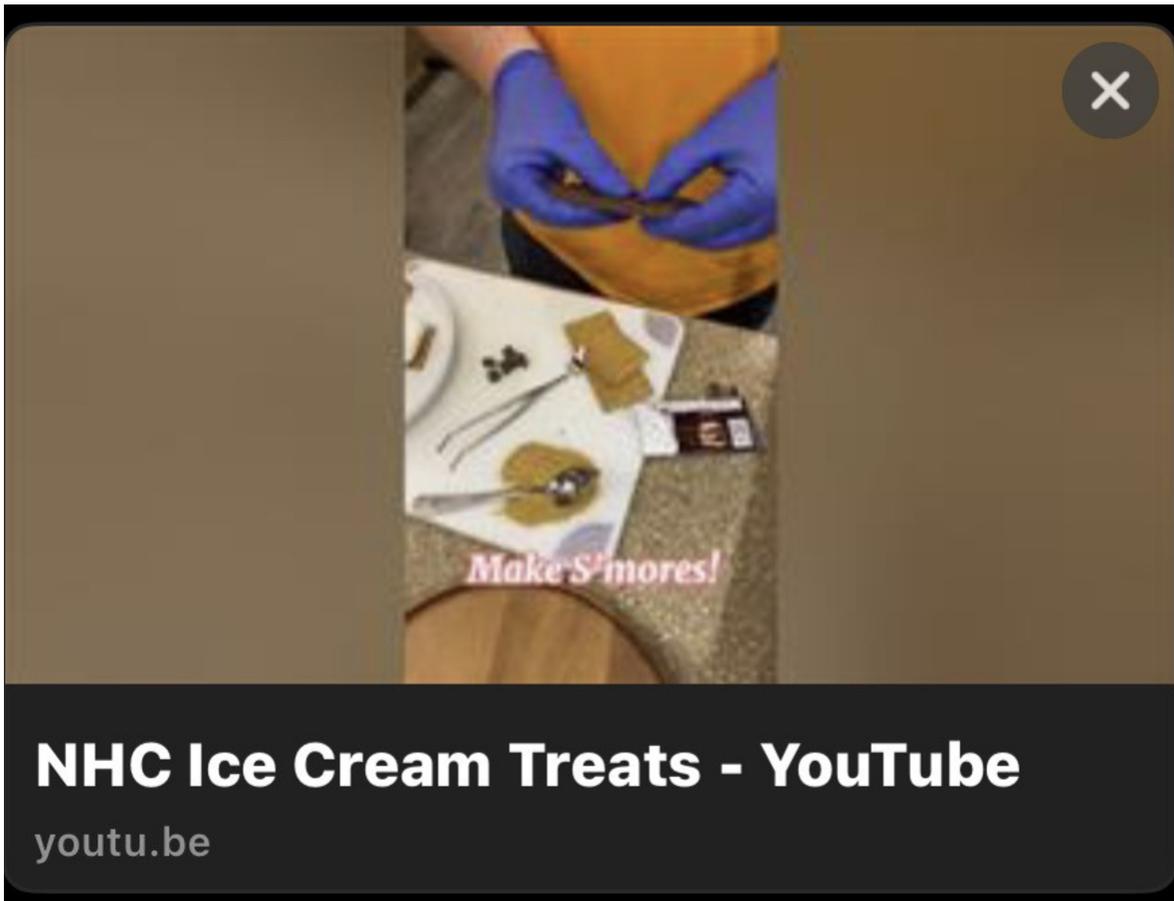
As we celebrate National Rehabilitation Awareness Week, we want to send a THANK YOU to all our therapy partners here at NHC! These hard-working individuals do so much for our patients. Kami Horsman, AVP Rehab says: "Our Therapists are known for treating the bodies and minds of our patients. In truth, they really treat the entire patient in our centers to help refer to all departments, assist with any social or

economic barriers, and work within their teams to ensure every aspect of the patient and the patient's family is taken into consideration to give the best clinical outcomes and patient experience possible. They are truly committed to the quality of life for our patients.”



### **National Ice Cream Month**

Beat the summer heat with a sweet, COLD treat. What better way to celebrate National Ice Cream Month than grabbing a cup, or cone, of your favorite flavor? Check out one of NHC's extremely talented chefs, Chef Alan, as he gives us a delicious recipe for S'Mores Ice Cream Cake [HERE](#).



Thank you,

Shawn Smith

Administrator, NHC HealthCare Oak Ridge

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