



This Month's News



National Grandparents Day

We at NHC would like to wish all grandparents a Happy National Grandparents Day. You are a blessing to all your surrounding generations. We recognize you for your love, wisdom, and care not only today but year-round.

Center News

Our theme this month is “Down on the farm”! Our residents are the salt of the earth and many of them share their farming stories. Our September calendar is filled with activities including, baking hand pies, bobbing for apples, line dancing, square dancing, Hee Haw Favorites, Mini Pony, and Donkey petting visits with the Star Therapeutic academy. Please check the calendar and join us when you can throughout the month!

Special Announcements for Families: If you would like to join our Holston Heroes Walk-to-end-Alzheimer’s, please register online. Enter the following in your browser to take you directly to our page: act.org/goto/nhcholstonheroes. We will meet at Zoo Knoxville between 9:15-9:30 and take a group picture for our Holston Health and Rehab Facebook page at 9:45. The event starts at 10:00 and you’ll have the rest of the day to yourselves! Coming Soon! The Holston Family Market, Tuesday, October 24 from 2:00 – 6:00. Resident Council would like to invite you to shop for craft and home-made gift items while visiting. If you enjoy making and selling items and would like to rent a table for \$10.00, contact Kim Uzonyi. (865) 524-1500 x 3028 Scare Crow Fashion show will be sponsored by the Girls Scouts in October. Please take the opportunity to bid on these embellished beauties during the Holston Family Market. Proceeds go to The Foundation for Geriatric Education. If your non-profit group would like to assist in sponsoring events, let us know!



NHC's Top Dog

It's time to vote for NHC's TOP DOG! We have had a company-wide internal "competition" to answer the question "Who is NHC's Top Dog?" with the winner winning a Chewy gift card. The decision was hard, but after multiple submissions, the dogs were narrowed down to the Top 30. Cast your vote for who you think should be NHC's Top Dog! We will leave voting open until September 22nd. We will announce the NHC Top Dog Winner in next month's newsletter! [VOTE HERE!](#)

NHC Top Dog Contest

chewy

Remember to vote for
NHC's
TOP DOG



Fall Prevention Week

Fall Prevention Week is the national health campaign to raise awareness around falls health and injury prevention. At NHC we are committed to lowering risks the falls and injury prevention from any incidents that may occur. Take a look out our latest blog post on how to reduce the risk of falls. Click [HERE](#) to read more about Fall Prevention Awareness.



Housekeeping/Laundry/Environmental Services Week

We want to recognize all our Partners in Housekeeping, Laundry, and Environmental Services. Thank you for keeping your commitment to Promise #9 and keeping all our environments at NHC pleasant. We appreciate you and all your hard work!

Thank You

Housekeeping,
Laundry,
and
Environmental
Services



National Rehabilitation Awareness Week

As we celebrate National Rehabilitation Awareness Week, we want to send a THANK YOU to all our therapy partners here at NHC! These hard-working individuals do so much for our patients. Kami Horsman, AVP Rehab says: “Our Therapists are known for treating the bodies and minds of our patients. In truth, they really treat the entire patient in our centers to help refer to all departments, assist with any social or economic barriers, and work within their teams to ensure every aspect of the patient and the patient’s family is taken into consideration to give the best clinical outcomes and patient experience possible. They are truly committed to the quality of life for our patients.”

Thank You

to all of our wonderful
NHC therapy partners!



Thank you,

Dan McKenzie

Administrator, Holston Health & Rehabilitation Center

Holston Health & Rehabilitation Center
3916 Boyd's Bridge Pike
Knoxville, TN 37914
865-524-1500

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