



# This Month's News

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## **Dear Families:**

We want to wish a happy August to you and your family! We hope you are keeping cool as summer is slowly winding down, but the heat is sticking around. Here are some highlights we are recognizing for this month.

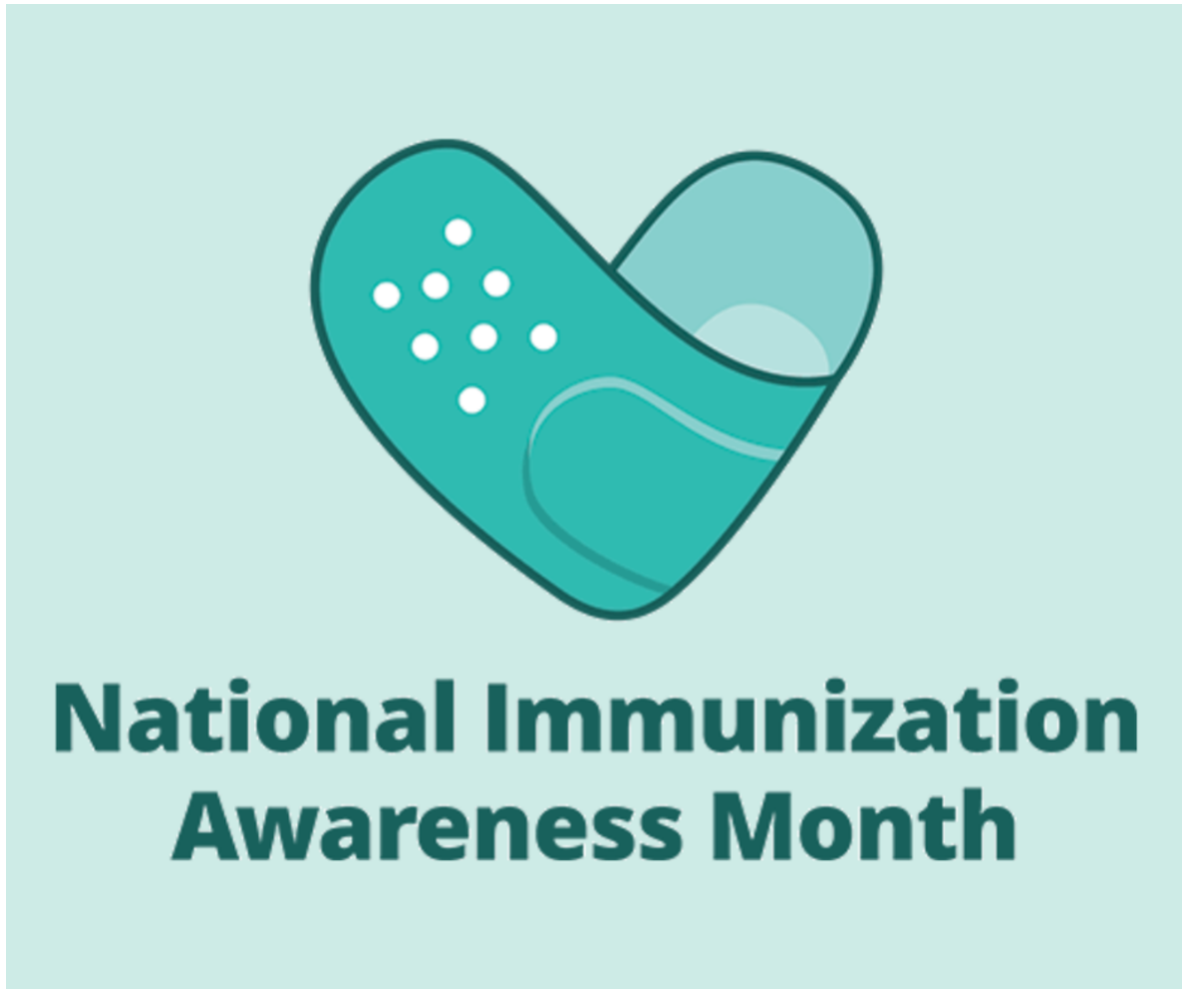
## **Center Events for August**

NHC Oak Ridge is in search of volunteers to lead worship for our Sunday Church Services for patients. If interested, please contact the Recreation Department. If you have a pet that you would like to visit your loved one, please stop by the front office or

see the Recreation Department to provide an up-to-date shot record and sign our pet agreement.

### **National Immunization Awareness Month**

Is your loved one up to date on their vaccines? Please join us in raising awareness as we observe National Immunization Awareness Month. To learn more about immunizations and discover what is right for you, click [HERE](#).



### **Senior Citizens Day Discounts- August 21st**

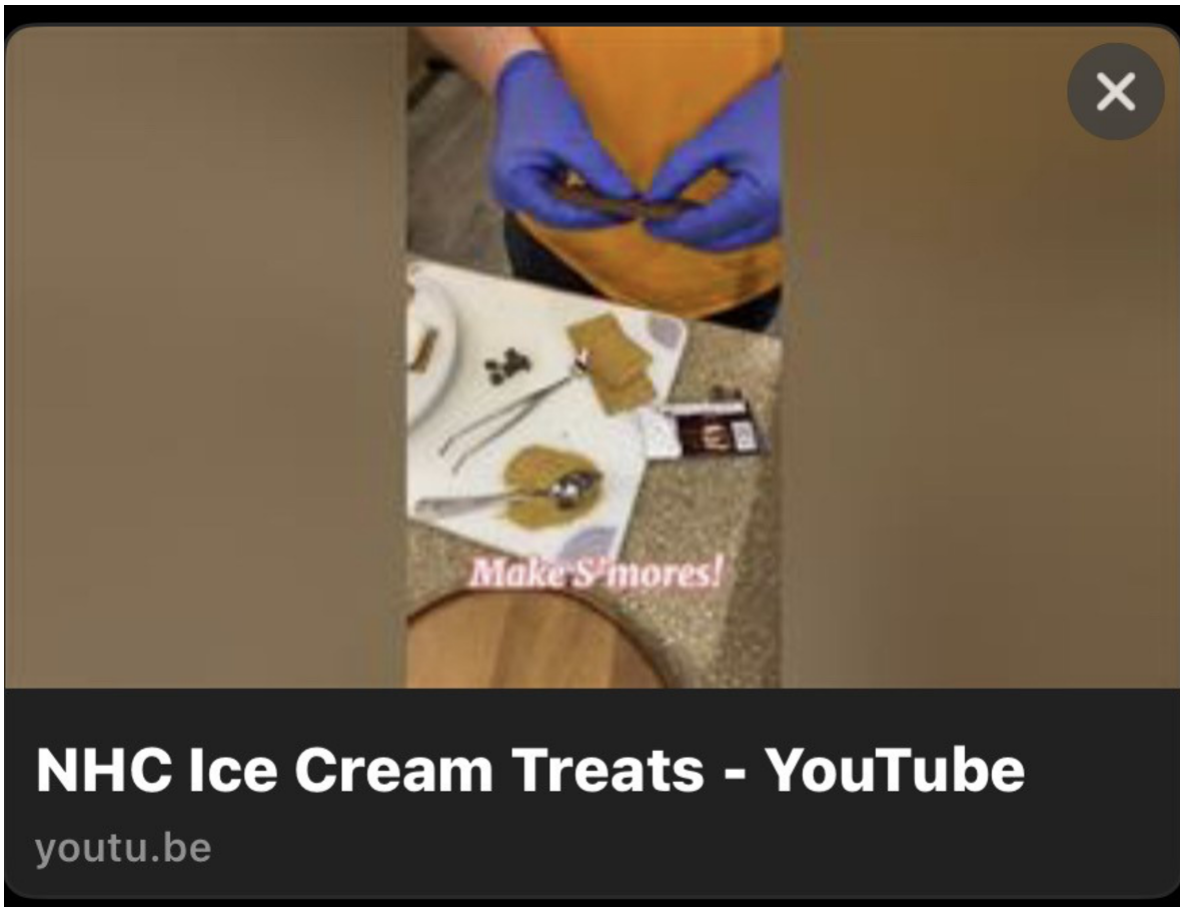
Proclaimed in 1988 by President Ronald Reagan, National Senior Citizen Day celebrates the love, experience, and wisdom of older adults. We celebrate all Senior communities and have researched some great discounts available to them! To check out some senior discounts that may be near you, click [HERE](#).

# WORLD SENIOR CITIZEN DAY



## **National Ice Cream Month**

Beat the summer heat with a sweet, COLD treat. What better way to celebrate National Ice Cream Month than grabbing a cup, or cone, of your favorite flavor? Check out one of NHC's extremely talented chefs, Chef Alan, as he gives us a delicious recipe for S'Mores Ice Cream Cake [HERE](#).



Thank you,

Shawn Smith

Administrator, NHC HealthCare Oak Ridge

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Oak Ridge, TN 37830  
865-482-7698

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 865-482-7698 (TTY: 7-1-1). (Spanish)

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