Exhibit 99.1



For release: August 4, 2023 Contact: Brian F. Kidd, SVP/Chief Financial Officer Phone: (615) 890-2020

NHC Reports Second Quarter 2023 Earnings

MURFREESBORO, Tenn. -- <u>National HealthCare Corporation</u> (NYSE American: NHC), the nation's oldest publicly traded senior health care company, announced today net operating revenues and grant income for the quarter ended June 30, 2023 totaled \$282,582,000 compared to \$271,359,000 for the quarter ended June 30, 2022, an increase of 4.1%. Excluding the government stimulus income and the seven skilled nursing facilities in Massachusetts and New Hampshire in which we ceased operations in September 2022, same-facility net operating revenues increased 11.5% during the second quarter of 2023 compared to the same period a year ago.

For the quarter ended June 30, 2023, the reported GAAP net income attributable to NHC was \$16,281,000 compared to \$3,203,000 for the same period in 2022. Excluding the unrealized gains or losses in our marketable equity securities portfolio and other non-GAAP adjustments, adjusted net income for the quarter ended June 30, 2023 was \$13,658,000 compared to \$7,172,000 for the same period in 2022 ^(*). The increase in non-GAAP earnings for the quarter ended June 30, 2023 compared to the second quarter of 2022 was primarily due to the continued occupancy increase in our skilled nursing and assisted living facilities, skilled nursing per diem increases from some of our government payors, and the continued reduction of nurse agency staffing expense within our operations. The GAAP diluted earnings per share was \$1.06 for the quarter ended June 30, 2023 compared to \$0.21 for the quarter ended June 30, 2022. Adjusted diluted earnings per share were \$0.89 and \$0.46 for the quarters ended June 30, 2023 and 2022, respectively ^(*).

(*) - See the tables below that provide a reconciliation of GAAP to non-GAAP items.

About NHC

NHC affiliates operate for themselves and third parties 68 skilled nursing facilities with 8,732 beds. NHC affiliates also operate 23 assisted living communities with 1,181 units, five independent living communities with 475 units, three behavioral health hospitals, 35 homecare agencies, and 30 hospice agencies. NHC's other services include Alzheimer's and memory care units, pharmacy services, a rehabilitation services company, and providing management and accounting services to third party post-acute operators. Other information about the company can be found on our web site at www.nhccare.com.

Non-GAAP Financial Presentation

The Company is providing certain non-GAAP financial measures as the Company believes that these figures are helpful in allowing investors to more accurately assess the ongoing nature of the Company's operations and measure the Company's performance more consistently across periods. Therefore, the Company believes this information is meaningful in addition to the information contained in the GAAP presentation of financial information. The presentation of this additional non-GAAP financial information is not intended to be considered in isolation or as a substitute for the financial information prepared and presented in accordance with GAAP.

Forward-Looking Statements

Statements in this press release that are not historical facts are forward-looking statements. NHC cautions investors that any forward-looking statements made involve risks and uncertainties and are not guarantees of future performance. The risks and uncertainties are detailed from time to time in reports filed by NHC with the S.E.C., including Forms 8-K, 10-Q, and 10-K. All forward-looking statements represent NHC's best judgment as of the date of this release.

Page 2

Consolidated Statements of Operations

(in thousands, except share and per share amounts)

(in thousands, except share and per share amounts)	Three Months Ended June 30				Six Months Ended June 30						
		2023 2022				2023 2022					
	(unaud			d)		(unau	dited	lited)			
Revenues and grant income: Net patient revenues Other revenues Government stimulus income	\$	269,605 12,977 -	\$	260,077 10,962 320	\$	527,612 24,533 -	\$	516,414 22,988 10,940			
Net operating revenues and grant income		282,582		271,359		552,145		550,342			
Costs and expenses: Salaries, wages and benefits		175,294		174,936		343,118		345,630			
Other operating		73,234		71,311		144,723		145,396			
Facility rent		9,901		10,411		19,993		20,476			
Depreciation and amortization		10,083		10,001		20,131		19,758			
Interest		93		149				314			
Total costs and expenses		268,605		266,808		528,156		531,574			
Income from operations		13,977		4,551		23,989		18,768			
Non-operating income		3,696		2,521		8,019		5,720			
Unrealized gains/(losses) on marketable equity securities		4,650		(3,549)		6,036		(423)			
Income before income taxes Income tax provision		22,323 (6,406)		3,523 (1,362)		38,044 (10,842)		24,065 (6,555)			
Net income	-	15,917		2,161		27,202		17,510			
Net loss attributable to noncontrolling interest		364		1,042		802		1,011			
Net income attributable to National HealthCare Corporation	<u>\$</u>	16,281	\$	3,203	<u>\$</u>	28,004	\$	18,521			
Net income per common share											
Basic Diluted	\$ \$	1.06 1.06	\$ \$	0.21 0.21	\$ \$	1.83 1.83	\$ \$	1.20 1.20			
Weighted average common shares outstanding Basic Diluted	15,297,435 15,322,344				15,317,319 15,339,240		15,434,718 15,475,553				
Dividends declared per common share	\$	0.59	\$	0.57	\$	1.16	\$	1.12			
Balance Sheet Data (in thousands)	June 30 2023		December 31 2022								
		naudited)									
Cash, cash equivalents and marketable securities Restricted cash, cash equivalents and marketable securities Current assets	\$	193,444 167,683 368,734	\$	182,589 158,067 353,932							

Total assets

Current liabilities Stockholders' equity 501,890

197,798

886,358

1,280,684

506,532

197,887

877,514

1,275,450

Page 3 Selected Operating Statistics

		nths Ended e 30		hs Ended e 30				
	2023	2022	2023	2022				
	(unaudited)			(unaudited)				
Skilled Nursing Per Diems:		·		·				
Medicare	\$ 548.74	\$ 540.15	\$ 552.38	\$ 542.48				
Managed Care	445.00	413.58	444.97	423.56				
Medicaid	253.22	226.40	245.12	227.45				
Private Pay and Other	275.11	268.70	276.79	269.42				
Average Skilled Nursing Per Diem	\$ 318.92	\$ 297.63 (1)	\$ 317.38	\$ 301.66 (1)				
Skilled Nursing Patient Days:								
Medicare	79,981	85,438	164,013	177,021				
Managed Care	59,567	55,230	118,013	110,867				
Medicaid	284,681	313,171	561,187	617,431				
Private Pay and Other	164,000	166,454	321,422	320,409				
Total Skilled Nursing Patient Days	588,229	620,293 (1)	1,164,635	1,225,728 (1)				

⁽¹⁾ For the three and six months ended June 30, 2022, the skilled nursing per diems and patient days listed above include the seven skilled nursing facilities that were located in Massachusetts and New Hampshire. NHC exited these seven skilled nursing facilities on September 1, 2022. For the three months ended June 30, 2022, the exited Massachusetts and New Hampshire skilled nursing facilities had an average skilled nursing per diem of \$297.02 and 52,320 total patient days. For the six months ended June 30, 2022, the exited Massachusetts and New Hampshire skilled nursing facilities had an average skilled nursing per diem of \$297.02 and 52,320 total patient days. For the six months ended June 30, 2022, the exited Massachusetts and New Hampshire skilled nursing facilities had an average skilled nursing per diem of \$294.20 and 104,486 total patient days.

The tables below provide reconciliations of GAAP to non-GAAP items (in thousands, except per share amounts):

	Three Months Ended June 30				Six Months Ended June 30			
	2023		2022		2023		2022	
-		(unau	udited)		(una		udited)	
Net income attributable to National Healthcare Corporation Non-GAAP adjustments	\$	16,281	\$	3,203	\$	28,004	\$	18,521
Unrealized (gains)/losses on marketable equity securities		(4,650)		3,549		(6,036)		423
Operating results for newly opened operations not at full capacity ⁽²⁾		333		1,185		1,550		1,928
Stock-based compensation expense		772		629		1,411		1,341
Income tax (benefit)/provision on non-GAAP adjustments		922		(1,394)		800		(960)
Non-GAAP Net income	\$	13,658	\$	7,172	\$	25,729	\$	21,253
GAAP diluted earnings per share Non-GAAP adjustments	\$	1.06	\$	0.21	\$	1.83	\$	1.20
Unrealized (gains)/losses on marketable equity securities		(0.23)		0.16		(0.29)		0.02
Operating results for newly opened operations not at full capacity ⁽²⁾		0.02		0.06		0.07		0.09
Stock-based compensation expense		0.04		0.03		0.07		0.06
Non-GAAP diluted earnings per share	\$	0.89	\$	0.46	\$	1.68	\$	1.37

⁽²⁾ The newly opened operations not at full capacity for the 2023 periods presented consisted of operations opened from 2021 through 2023. This consisted of two behavioral health hospitals, two homecare agencies, and two hospice agencies. The newly opened operations for the 2022 periods presented consisted of operations opened from 2020 through 2022. This consisted of two behavioral health hospitals, and one hospice agency.