

The Company Standup

Dear NHC Partners:



It is hard to believe April is already upon us. April is a rebirth of all things <u>Spring</u> and the moment nature takes on a new life. We are grateful to all of you for all you do to care for our patients, residents, and their families. It is because of you that we stay in full bloom in our communities!

Important Dates:

National Occupational Therapy Month 6th - National Employee Benefits Day

7th - Good Friday

9th - Easter

16th-22nd - Health Information Professionals Week

22nd-28th - Administrative Professionals Week

25th - Hairstylists Appreciation Day

National Occupational Therapy Month

We would like to thank all our Occupational Therapists for their dedication and the special set of skills they give to our patients and residents. Kami Horsman, Assistant Vice President Rehab, says

"My favorite quote about occupational therapy is by Jessica Kensky: "*OT is where science, creativity and compassion collide.*" This is my favorite quote for our occupational therapists and occupational therapy assistants. They possess a unique ability to take a patient's particular situation and find an answer with the resources on hand for them to best live their life. We talk about quality at NHC a lot. It I hard to deny the quality of life that comes out of the occupational therapy departments in our centers."



National Employee Benefits Day

We would like to recognize and thank all of our <u>partners</u> in the Benefits Department! Donna Miller, AVP Partner Benefits, says:

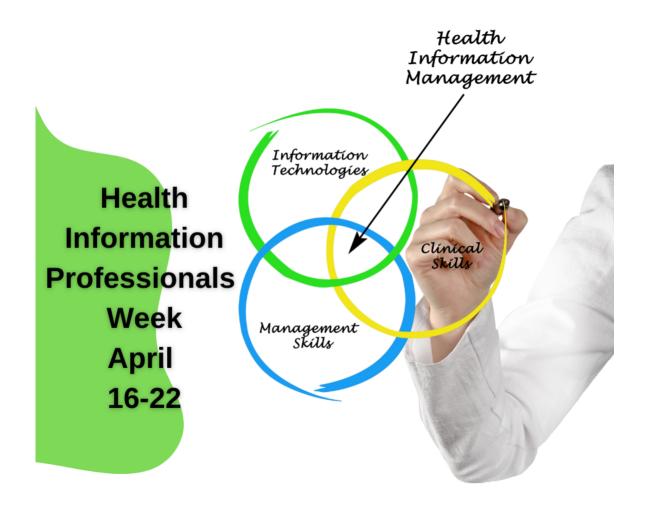
"April 6th is National Employee Benefits Day. NHC provides a variety of employee benefits to promote the well-being of each partner. Various insurance plans, paid time off, tuition reimbursement and retirement benefits help our partners experience success, satisfaction, and security during their NHC career and into retirement. NHC is committed to you, our partner, and the Benefits team is always available to assist you when needed!"



Health Information Professionals Week

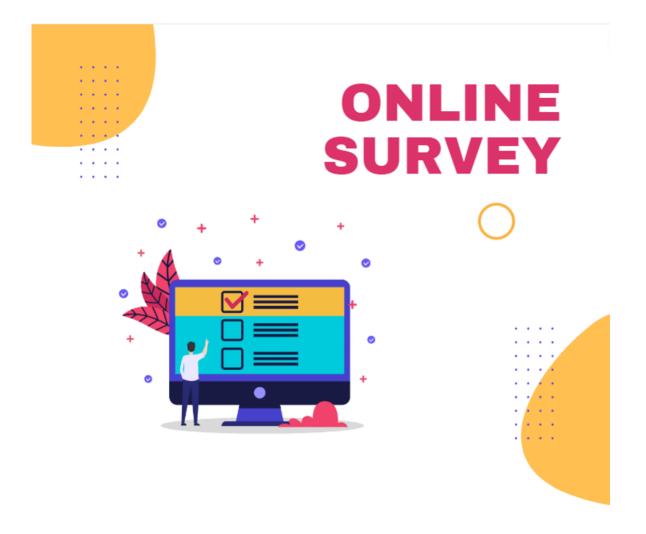
We appreciate and thank all our Health Information teams as we celebrate you this month. Your commitment to our patients is never unnoticed by your peers. Rick Sample, Assistant Vice President Health Information shared the following from the American Health Information Management Association.

"As leaders at the intersection of healthcare, technology, and business, we possess a uniquely comprehensive view of a resource that is critical to meaningful health innovation. The accuracy, protection, and accessibility of health information remains our priority as the definition of healthcare continues to evolve."



Survey Results

We recently <u>held</u> a survey for all partners to see what kind of benefits you would like to see. An overwhelming majority of you said you are most interested in shopping discounts, travel, and restaurants. A lot of <u>partners</u> said they enjoy spending time outdoors and with their family. Lastly, your top goal this year is investing in your physical and mental health. Because of your votes, we will be focusing future benefits to reflect these interests. Thank you to all who participated in this survey and be on the lookout for more in the future!



Shopping Discounts

Be sure to check out our latest NHC Discounts. You can access benefits of up to 40% off most athletic brands, apparel, and much more! Head over to Off the Clock or follow <u>this link</u> to learn more about what discounts you have access to.



Thank you for all you do!

The NHC Communications Team

Our email newsletters are also available on <u>Off the Clock</u> and <u>NHC U</u> nhccare.com | 615-890-2020 | nhccommunications@nhccare.com

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