

September 2019 Rehab Recreational Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9am Catholic Mass (Ch.189) 10:45am Chapel of the Cross (Live streaming in the movie theater) 1:15pm Cards vs Reds (Ch 37)	2  10am Wheel of Fortune (SP) 10:30am Patriotic Word Play (SP) 1:15pm Cards vs Giants (Ch. 37) 2:30pm Movie Matinee: <i>American President</i> (SP)	3 10am Bible Study (Chapel) 10:30am Rosary (SC) 2pm Popcorn Social and Old Hollywood Fun facts (SP) 3pm Movie Matinee: <i>The Seven Year Itch</i> (SP) 6:45pm Cards vs Giants (Ch 37)	4 9:30am Crazy Dog Ladies (All) 10am Spa day- sign up with Robin (SP) 1:30pm Joe's Exercise Class (Gym) 2:30pm Bingo (SP) 6:45pm Cards vs Giants (Ch 37) 	5 Nat'l Cheese Pizza Day 10am Catholic Mass (SC) 10:30am Sports Page Mingle (SP) 12:15pm Cards vs Giants (Ch 37) 1:30pm Joe's Exercise Class (Gym) 3pm Cheese Pizza Happy Hour (SP)	6 10am Communion (IR) 10:30am Horse Racing (SP) 1pm Over the Road Gang (AL) 1:30pm Joe's Exercise Class (Gym) 2:30pm Cookie decorating with Grandparents (SP) 6:05pm Cards vs Pirates (Ch 37) 	7 2pm Bingo (MD) 6:05pm Cards vs Pirates (Ch. 37)
8 Nat'l Grandparent's Day 9am Catholic Mass (Ch.189) 10:45am Chapel of the Cross (Live streaming in the movie theater) 12:35pm Cards vs Pirates (Ch 37) 	9 10am Reminisce Trivia (SP) 10:30am Famous Duos (SP) 1:30pm Joe's Exercise Class (Gym) 1:30pm One on one visits (IR) 2:30pm Meditation and Aromatherapy (SP)	10 10:30am Rosary (SC) 1:30pm Joe's Exercise Class (Gym) 2pm Popcorn Social and Baseball Fun facts (SP) 3pm Movie Matinee: <i>A League of their Own</i> (SP) 7:40pm Cards vs Rockies (Ch 37)	11 Patriot Day 10am Day of Remembrance (SP) 10:30am Moment of Silence (SP) 1:30pm Joe's Exercise Class (Gym) 1:30pm One on One visits (IR) 2:30pm Bingo (SP) 7:40pm Cards vs Rockies (Ch 37) 	12 Nat'l Chocolate Shake Day 10:30am Sports Page Mingle (SP) 1:30pm Joe's Exercise Class (Gym) 1:30pm Health Talk with Laura (AL) 2pm Love on a Leash (All) 2:10pm Cards vs Rockies 3pm Chocolate Shake Happy Hour (SP)	13 10am Communion (IR) 10:30am Kings in the Corner (SP) 2pm Friday the 13 th Haunted Stories (SP) 3pm Movie Matinee: <i>Young Frankenstein</i> (SP) 7:15pm Cards vs Brewers (Ch. 37)	14 2pm Bingo (MD) 6:15pm Cards vs Brewers (Ch. 37)
15 9am Catholic Mass (Ch.189) 10:45am Chapel of the Cross (Live streaming in the movie theater) 1:15pm Cards vs Brewers	16 Western Day 10am Wheel of Fortune (SP) 10:30am Western Word Play(SP) 1pm Over the Road Gang (AL) 1:30pm Joe's Exercise Class (Gym) 2:30pm Snack Social: Make your own trail mix (SP) 6:45 Cards vs Nationals (Ch 37) 	17 10am Bible Study (Chapel) 10:30am Rosary (SC) 1pm Library Stop (Lobby) 1:30pm Joe's exercise class (Gym) 2pm Popcorn! (SP) 2pm Library presents- <i>Remembering the Hope Diamond</i> (MD) 6:45pm Cards v Nationals (Ch.37)	18 10am Spa day- sign up with Robin (SP) 12:15pm Cards vs Nationals (Ch 37) 1:30pm Joe's Exercise Class (Gym) 1:30pm One on one visits (IR) 2pm Precious Memories (AL) 2:30pm Bingo (SP)	19 10:30am Sports Page Mingle (SP) 1:30pm Joe's Exercise Class (Gym) 1:30pm Resident Council (SP) 3pm Happy Hour (SP) 6pm Painting with Twist (AL) 7:05pm Cards vs Cubs (Ch.37) 	20 10am Communion (IR) 10:30am Drag Racing (SP) 1:20pm Cards vs Cubs (Ch. 37) 1:30pm Joe's Exercise Class (Gym) 2pm Movie Matinee: <i>Out to Sea</i> (SP) 2:30pm One on One visits (IR)	21 World ALZ Day 1pm Game Hour with Assembly Church (SP) 1:20pm Cards vs Cubs (Ch. 37) 2pm Bingo (MD) 
22 9am Catholic Mass (Ch.189) 10:45am Chapel of the Cross (Live streaming in the movie theater) 1:20pm Cards vs Cubs 2pm Orchard Farm Baptist Church (AL)	23 First day of autumn 10am Wheel of Fortune (SP) 10:30am Autumn Trivia (SP) 1:30pm Joe's Exercise Class (Gym) 2:30pm Let's Create: Fall Project (SP) 8:40pm Cards vs Diamondbacks (Ch 37) 	24 10am Bible Study (Chapel) 10:30am Rosary (SC) 1:30pm Joe's Exercise Class (Gym) 2:30pm Birthday Bash (MD) 8:40pm Cards vs Diamondbacks (Ch. 37) 	25 10am Game Club- Bunco (SP) 1:30pm Taste of the World Snack Social- Italy (SP) 1:30pm Joe's Exercise Class (Gym) 2:30pm Bingo (SP) 2:40pm Cards vs Diamondbacks (Ch. 37) 	26 Johnny Appleseed Day 10am Sports Page Mingle (SP) 11am One on One visits (IR) 1:30pm Joe's Exercise Class (Gym) 2pm Fall door hanging craft (SP) 3pm John Appleseed Happy Hour (SP) 	27 National Coffee Day 10am Communion (IR) 10:30am Coffee Bar and Coffee Trivia (SP) 1:30pm Joe's Exercise Class (Gym) 2pm Finish door hanging craft (SP) 7:15pm Cards vs Cubs (Ch. 37) 	28 Walk to End ALZ 9-12am Walk @ SCC 2pm Bingo (MD) 6:15pm Cards vs Cubs (Ch. 37) 
29 9am Catholic Mass (Ch.189) 10:45am Chapel of the Cross (Live streaming in the movie theater) 2pm Orchard Farms Baptist Church (AL) 2:15pm Cards vs Cubs (Ch.37)	30 10am Wheel of Fortune (SP) 10:30am Vet to Vet Cafe with Caris (Fox & the Hound- AL) 11am First Assembly of God (AL) 1:30pm One on one visits (IR) 3pm Meditation & Aromatherapy (SP)		Resident Choice Meal Sept. 3rd BBQ Ribs Baked Beans Coleslaw & Texas Toast		Please feel free to attend additional activities throughout the Center. See daily activities schedules posted in the lobby for more information. Schedule subject to change to meet the needs of our residents.	

Legend: Rehab Family Room (Rehab) All neighborhoods (All) Skilled Care Family Room (SC) Sports Page (SP) Main Dining Room (MD) Assisted Living Family Room (AL) In Room (IR)