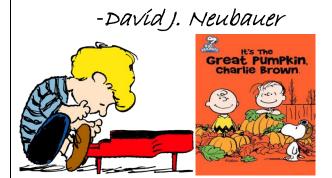


Neubie News and Views

Back again after a few weeks......Summer is fading and Fall is upon us. I have a "new look". The hair on my head is shaven and I now resemble "Curlie" of the Three Stooges. This afternoon I got a "new-to-me" wheelchair. One thing I would like to say from last month: I mentioned that I had three hobbies. Only the miniature railroad and playing the Saxophone got onto the printed page, but doing the monthly newsletter for the St. Louis Railway Enthusiasts somehow was discarded. Now, at the age of 82 and living here at "the home", and not driving a car...all the interests are just about becoming memories. I only have space for a couple things.

Did you know that we have a licensed notary here at the Villages? If you ever need to have something notarized for whatever reason it may be, you can always see our notary, Brooke! Brooke Ceruitti is our Bookkeeper for the Villages of St. Peters and is also a notary. Her office can be found on the left side of the main doors next to the reception desk. Her hours are 8-4 Monday through Friday, and she can meet with you about notary and financial needs.



Breast Cancer Awareness

October is Breast Cancer Awareness Month, and as we look at this disease, let's talk about contributing factors and what we can do to help our bodies stay strong. Breast cancer is a malignant cancer in the breast tissue. This can happen to anyone, male or female, and you tend to have a higher risk over the age of 40 years old. Some known risk factors for Breast Cancer include excessive alcohol consumption, poor diet, and lack of exercise.

So, what can I do to help myself?
Well, for starters, medical experts
recommend doing self-examinations once a
month to make sure that nothing has
changed in appearance or feeling. Experts
also recommend maintaining a healthy diet,
exercising regularly, and eating plenty of
fruits and vegetables.

Events for the Month!

October 13- Love on a Leash
October 14- Library Stop
October 18- Sterling
October 26- Catholic Mass
October 31- Elvis & Halloween









Jacki Pudlowski	Shanta Fullerton	Sar	nantha Davis		Lynn Park
Administrator	Executive Director of Nursing	Ass	istant Director of Nursing		DON- Assisted Living
Jenn Wagner	Lori Tucker	Dia	na Smith	,	Amber Neiswenter
Rehab Care Coordinator	LTC & Memory Care Coordinator	Dire	ector of Therapy	H	Hospital Liaison
Mollie Levine	Brooke Ceruitti	Eve	elyn Redding	K	Kathy Barksdale
Wellness Director	Business Office Manager	Dire	ector of Housekeeping	D	ining Manager
Susan Juncker	Tori McCarty		Laura Smith, RD, LD	E	ddie Hendricks
Director of Social Services	Social Services- LTC & Memory Car	е	Dietician	С	Director of Maintenace