

January Recreational Activities Memory Care

2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Location Key</u> LTC – Long Term Care Living Room MDR – Main Dining Room MT – Movie Theater AL LR – Assisted Living Living Room SP – Sports Page AP – Audrey's Place (AL 2 nd Floor)	Supplemental activities are available for staff and family members to share with residents and are located in the bins next to the Nurse's Station	*Activities are subject to change to meet the needs of our residents*	1 10:00 – Crazy Dog Ladies AM – Music and Movement PM – Snack PM - January Q-tip Painting	2 10:00 - Catholic Mass (LTC) PM - Snack PM - Bowling 9:00 - Blues @ Colorado (ch. 37)	3 10:00 - Communion 11:00 - Rosary (LTC) AM - Music & Movement PM - Snack 1:00 - Over the Road Gang (AL LR)	4 2:00 - Bingo (MDR) 4:00 - Blues @ Vegas (ch. 37)
	6 AM – Music and Movement PM – Snack PM – Snowflake Fun	7 10:00 - Bible Study (Chapel) PM - Snack PM - Bingo 5:30-7:00 - Mocktails (lobby) 8:00 - Blues vs San Jose (ch. 37)	8 10:00 - Spa Day (SP; sign up) PM - Snack PM - Bag Toss	9 AM – Sensory Stimulation PM – Snack PM – Balloon Toss PM – Winter Hangman 5:30 – Support Group (MT) 8:00 – Blues vs Buffalo (ch. 37)	10 10:00 – Communion 11:00 – Rosary (LTC) AM – Music & Movement PM – Snack	11 2:00 - Bingo (MDR) 8:00 - Blues vs NY Rangers (ch. 37)
	13 AM – Music and Movement AM – Trivia and Chat PM – Snack PM – Water Coloring 8:00 – Blues vs Analysim (ch. 37)	14 10:00 – Bible Study (Chapel) AM – Balloon Toss PM – Snack PM – Bingo	 15 AM – Music and Movement AM – Massage Therapy PM – Snack 2:00 – Precious Memories (AL LR) 8:00 – Blues vs Philadelphia (ch. 37) 	16 PM – Snack 1:30 – Resident Council (Chapel) PM – Snack 2:00 – Love on a Leash	17 10:00 – Communion 11:00 – Rosary (LTC) AM – Music & Movement PM – Snack	18 2:00 - Bingo (MDR) 3:00 - Blues @ Colorado (ch. 37)
19 9:00 - Catholic Mass (ch. 189) 10:45 - Chapel of the Cross Live Stream (MT) PM – Manicures	20 Martin Luther King Jr. Day AM – January Coloring 10:30 – Apple Jack (lobby) PM – Snack: National Che Lovers Day PM - "I Have a Dream" "Mountaintop" Speech	21 10:00 - Bible Study (Chapel) PM - Snack 1:00 - Library Stop (lobby) 2:00 - Reminisce Talk: The History of Anheuser Busch PM - Bingo	22 10:00 - Spa Day (SP; sign up) PM - National Blonde Brownie Day PM - Bottle Snowflakes	23 AM – Pie Prep PM – Snack: National Pie Day PM – Peanut Butter Pine Cones	24 10:00 - Communion 11:00 - Rosary (Loci NGO) AM - Music & Movement PM - Snack 7:00 - 9:00 - Bingo Night Fundraiser *Pay to Play*	25 2:00 - Bingo (MDR)
10:45 - Chapel of the Cross Live Stream (MT) PM – Afternoon Chat	27 Valentine Balloon-o-grams begin selling AM – Music and Movement AM – Trivia and Chat PM – Snack: Chocolate Cake PM – Bingo 10:00 – Blues @ Vancouver (ch. 37)	28 10:00 – Bible Study (Chapel) AM – Balloon Toss PM 2:30 – Birthday Bash: Elvis 9:00 – Blues @ Calgary (ch. 37)	29 AM – Music and Movement PM – Snack PM – Bag Toss	30 10:00 - 11:30 - Sports Page Boutique PM - Snack 1:30 - 3:00 - Sports Page Boutique	31 10:00 - Communion 11:00 - Rosary (LTC) AM - Music & Movement PM - Snack 9:00 - Blues @ Edmonton (ch. 37)	

