



NHC APPOINTS JOSH A. McCREARY AS GENERAL COUNSEL, SVP AND SECRETARY

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MURFREESBORO, Tenn. - [National HealthCare Corporation](#) (NYSE American: **NHC**) announced today that Josh A. McCreary has been appointed as Senior Vice President, General Counsel and Secretary, effective April 15, 2019.

“We are excited to welcome Josh to NHC. His extensive private practice experience and knowledge in multiple areas of law make him an exceptional addition to our team,” said Steve Flatt, Chief Executive Officer.

McCreary is currently a partner at Hudson, Reed & McCreary, PLLC where he has practiced since 1998. He regularly counsels and represents businesses, governments, and individuals in a wide variety of transactional, compliance, and litigation matters. He also serves as the County Attorney for Rutherford County, Tennessee, one of the fastest growing counties in the country.

“I am honored and thankful to join NHC as General Counsel and as a member of its executive team,” McCreary said. “It is a humbling and extraordinary opportunity to join great people to carry out NHC’s commitment to being the nation’s leader in senior care.”

McCreary received his J.D. from University of Tennessee, Knoxville and bachelor’s degree from Lipscomb University.

About NHC

NHC affiliates operate for themselves and third parties 75 skilled nursing facilities with 9,510 beds. NHC affiliates also operate 24 assisted living communities, five independent living communities, one behavioral health hospital, and 35 homecare programs. NHC’s other services include Alzheimer’s and memory care units, hospice services, pharmacy services, a rehabilitation services company, and providing management and accounting services to third party post-acute operators. Other information about the company can be found on our web site at www.nhccare.com.

Forward-Looking Statements

Statements in this press release that are not historical facts are forward-looking statements. NHC cautions investors that any forward-looking statements made involve risks and uncertainties and are not guarantees of future performance. The risks and uncertainties are detailed from time to time in reports filed by NHC with the S.E.C., including Forms 8-K, 10-Q and 10-K, and include, among others, the following: liabilities and other claims asserted against us and patient care liabilities, as well as the resolution of current litigation; availability of insurance and assets for indemnification; national and local economic conditions; including their effect on the availability and cost of labor, utilities and materials; the effect of government regulations and changes in regulations governing the healthcare industry, including our compliance with such regulations; changes in Medicare and Medicaid payment levels and methodologies and the application of such methodologies by the government and its fiscal intermediaries; and other factors referenced or incorporated by reference in the S.E.C. filings. The risks included here are not exhaustive. All forward-looking statements represent NHC’s best judgment as of the date of this release