# Springfield Rehab & HealthCare Center Care Connection



#### **August Highlights**

**3rd National Watermelon Day** 

6th National Root Beer Float Day Root Beer Float Social

8th International Cat Day

10th Spoil Your Dog Day

12th & 13th Annual Perseid Meteor Shower

14th National Creamsicle Day Creamsicle Social

15th Karaoke w/Chaplain James with Phoenix Homecare & Hospice

18th Music w/Squeeze Play

20th NFL's Birthday & Lemonaide Social

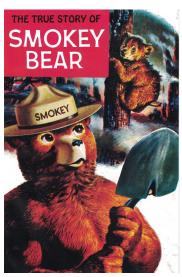
21st Senior Citizens Day

25th End of Summer Luau

29th This months B-Day Party w/Terrace Home Health

### **Happy Birthday Smokey Bear!**





Since August 9, 1944, Smokey Bear has urged us to prevent forest fires. The story of Smokey begins with World War II. Japanese attacks against America would reach mainland California in 1942, when a submarine fired at an oil field near Santa Barbara, inciting fears of massive forest fires along the Pacific coast. That same year, on August 9, Disney released Bambi and would later authorize the Forest Service to use its animated deer on posters urging forest fire prevention. The campaign was a success for two years until the Forest Service developed its own mascot, a bear in blue jeans wearing a ranger hat. Smokey, as he was called, was first painted by artist Albert Stahl. In 1947, Smokey would adopt the slogan "Only YOU can prevent forest fires." Then, in 2004, Smokey reunited with Bambi to produce a series of public service announcements on fire prevention.



2800 S Fort Ave. Springfield MO 65807 417-882-0035

# Springfield Rehab & HealthCare Management

Administrator: **Troy Lacey** 

Director of Nursing: Lysandra Harmon

Assistant Director of Nursing: Erin Buttlar

Clinical Coordinator: Krista Porter

Director of Rehab: Rodel Ravela

Social Services Director: Amy Devane

Head Bookkeeper: Jerome Irmen

Dietary Manager: Kelly Hunter

Plant Operations Director/Laundry & House-

keeping: Tony White

Recreation Director: Angie Yancey

Health Information Manager: Shayna Samek

Medical Director: William Rosen MD

Marcelo Mantala MD





## August Resident Birthdays

8/10 Bunice James
8/11 Nancy Miller
8/11 Dora Watson
8/13 Charles Perkins
8/15 Ruth Rojean Jones
8/16 Patty Lathrom
8/16 Jennifer Pintar
8/18 Jean Cook
8/20 Elvin Green
8/24 Darcy Harriell
8/27 Ella Murray
8/30 Marilyn Burdette

In astrology, those born from August 1–22 are Leo's Lions. As lions are kings of the animals, Leos are strong and charismatic leaders. Proud and confident, Leos enjoy performing and the attention it brings. Those born from August 23–31 are Virgo's Virgins. Often symbolized by the goddess of agriculture, Virgos are deeply connected to the material world. They are logical, practical, and aware of every detail.

P.D. James (writer) - August 3, 1920

Meghan Markle (princess) – August 4, 1981

Leslie Odom Jr. (actor) - August 6, 1981

Whitney Houston (singer) - August 9, 1963

Viola Davis (actress) - August 11, 1965

Don Ho (singer) - August 13, 1930

Halle Berry (actress) - August 14, 1966

Angela Bassett (actress) – August 16, 1958

Usain Bolt (sprinter) - August 21, 1986

Kobe Bryant (athlete) - August 23, 1978

Mother Teresa (nun) - August 26, 1910

Richard Gere (actor) - August 31, 1949

# Happy Work Aniversary!

Debbie Carroll 10 years
Amanda Cox 3 years
Kim Crawford 3 years
Amber Daccache 4 years
Candy Damrill-Parrish 12 years
Callie Doke 2 years
Scott Keeton 2 years
John Schlipp 2 years
Andrew Totter 13 years



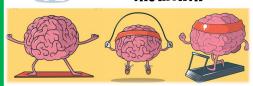


Please check the calendar for specific days of activities.
All activity dates are subject to change, any changes will be announced.



#### **EXERCISE YOUR BRAIN!**

WITH CRANIUM CRUNCHES, PUZZLES, & TRIVIA ACTIVITIES THROUGHOUT THE MONTH







Strengthen Your Mind and Body with

> Tai Chi, Stronger Longer, & Chair Yoga throughout the month.

















AUGUST

# HUGE SUMMER

## WORD SEARCH PUZZLE

ENDSOCCERUIFFLS H LY K F A M I X V S В Τ. S RE W OL F N 0 A M N S PY G IJ Т A D P Т P Т ОТ L C L E E 0 D O P M N E MR K Y G Ι U EM Y В A J F D Т Ν J M IMO D V H W Y Ε A E B N T G N UAE R Z N R Τ. RH D N S H G P Ι H E F. J D Τ. T S РТ K н т L RWG D T R F. T D Ι W S I H F A S UAP C P W UB AOX A E F 0 Y Y E A R T A Ν Y Ν AE L F В S TC AJE 0 I S R U F D L P X В Е PA Ν RAM ВР C T T K R E G T NGRXS AVW M J XLD XEC H U 7 UH ECKEUDFXTGOJIO LENEJVSLADNASAT The words appear UP, DOWN, BACKWARDS, and DIAGONALLY. Find and circle each word.



BARBECUE BASEBALL BFACH BIKE BOAT CAMP FAMILY FISHING FLIGHT FLIP FLOPS FLOWERS FRIENDS GARDEN HEAT HOLIDAYS HOT HUMID ICED TEA INSIDE JULY JUNE LEMONADE OUTSIDE PARK PICNIC PLAY POOL RFIAX SANDALS SHORTS SKATEBOARD SOCCER SUNSCREEN SUNSET SWIMMING TAN **TANKTOPS** TFNT

THEMEPARK

VACATION WATERPARK

TOUR TRAVEL TRIP

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NATIONAL HEALTHCARE CORPORATION

NHC

		n	12	19	26	20.06
	Saturday	4 10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR)	10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR) R)	18 10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR)	25 10:00 Bingo (LDR) 2:00 Movie & Popcorn (DR)	
	Friday	9:30 Therapeutic Circle (AR) 10:00 Coffee & Coloring (LDR) 11:00 Chair Yoga (AR) 2:00 Popcorn & Soda Social (LDR)	9:30 Therapeutic Circle (AR) 11:00 Chair Yoga (AR) 2:00 Happy Hour (LD	9:30 Therapeutic Circle (AR) 10:00 Coffee & Trivia (LDR) 11:00 Chair Yoga (AR) 2:00 Music w/ Squeeze Play (	Wal-Mart Shopping Cut Off 8:30 Therapeutic Circle (AR) 10:00 Resident Council (LDR) 11:00 Chair Yoga (AR) 2:00 End of Summer Luau (LD	
	Thursday	Day  10:00 Watermelon Social (LDR) 12:30 Fancy Nails/C-Hall (AR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	10:00 Coffee & Puzzles 10 (LDR) 12:30 Fancy Nails/D-Hall (AR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	16 10:00 Craft-Luau Party Shell Bracelet (DR) 12:30 Fancy Nails/R-Hall (RDR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	23 10:00 Craft-Tiki Mask 24 (DR) 12:30 Fancy Nails/A-Hall (AR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)	10:00 Bowling (LDR) 12:30 Fancy Nails/B-Hall (AR) 1:30 Movie Matinee (DR) 3:30 Bible Study w/ South Creek Baptist (DR)
	Wednesday	8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 10:30 Cranium Crunches (DR) 2:30 Ice Cream Social (DR)	8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 1:30 Communion w/ Season' Hospice (DR) 2:30 Ice Cream Social (DR)	8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 10:30 You Be the Judge (DR) 2:30 Ice Cream Social (DR)	8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 10:30 Who, What, Where An (DR) 2:30 Ice Cream Social (DR)	8:00 Memory Care Short Story (SDR) 10:00 Stronger Longer (DR) 10:30 Health Education (DR) 2:30 Ice Cream Social (DR)
	Tuesday	9:30 Therapeutic Circle (AR) 10:00 Bingo (LDR) 11:30 Memory Care Dining (AR) 2:30 Dice Race (DR)	8:00 Therapeutic 8 Circle (AR) 10:00 Bingo (LDR) 2:30 Craft-3D Tropical Island Scene (DR)	9:30 Therapeutic Circle (AR) 10:00 Bingo (LDR) 11:30 Memory Care Dining (AR) 2:30 Karaoke w/ Chaplain James & Phoenix (DR)	9:30 Therapeutic Circle (AR)  10:00 Bingo (LDR)  11:30 Memory Care Dining (AR)  2:00 Baking-Brownies (DR)	10:00 Juice & Daily 28 9:30 Therapeutic Circle 29 Chronides (LDR) (AR) 10:00 Bingo (LDR) 11:30 Memory Care Dining (AR) 11:30 Memory Care Dining (AR) 2:30 Boccia Ball w/ Good Shepherd (LDR) Home Health (LDR)
	Monday		6 10:00 Juice & Daily Chronicles (LDR) 10:45 Tai Chi (AR) 2:30 Nickel Jackpot (DR)	National Creamsicle 14 Day 10:00 Juice & Daily Chronicles (LDR) 10:45 Tai Chi (AR) 11:30 Memory Care Dining (AR) 2:30 Creamsicle Social (DR)	20 10:00 Juice & Daily 21 Chronicles (LDR) 10:45 Tai Chi (AR) 11:30 Memory Care Dining (AR) (AR)	r Chronicles (LDR)  Chronicles (LDR)  10:45 Tai Chi (AR)  11:30 Memory Care Dining (AR)  urch Z:30 Boccia Ball w/ Good  Shepherd (LDR)
The second secon	Sunday	AR Activity Room DR Day Room LDR Large Dining Room RDR Rehab Dining SDR Small Dining Room	National Root Beer 6 Float Day 10:00 Bingo (LDR) 2:00 Root Beer Float Social (DR) 4:00 Devotion's w/ Sunset Church of Christ (DR)	10:00 Bingo (LDR) 2:00 Dry "Desert" Humor (DR) 4:00 Devotion's w/ Sunset Church of Christ (DR)	Birthday/National Lemonade Day 10:00 Church w/ Postor Eutsler (DR) 2:00 Football Trivia & Lemonade Social (DR) 4:00 Devotion's w/ Sunset Church of Christ (DR)	Banana Lovers Day 27 10:00 Juice & Daily 10:00 Church w/ Pastor Eutsler (Chronicles (LDR) (DR) 2:00 Banana Fudge Bomb Pop Social (DR) 11:30 Memory Care Dining 4:00 Devotion's w/ Sunset Church of Christ (DR) Shepherd (LDR)