

Springfield Rehab & HealthCare Center Care Connection 2023



JANUARY

January Highlights

International Creativity Month

Mentoring Month

1st New Year's Day/ World Day
of Peace

2nd National Science Fiction Day

5th National Bird Day

16th Martin Luther King Jr. Day

22nd Chinese New Year

24th Winter Soup Bar & Contest
at 2pm

For additional details check with
Activities

23rd- 27th Activity Professionals
Week



HOLIDAY EDITION!



SPRINGFIELD
REHABILITATION AND HEALTH CARE
CENTER



Springfield Rehab & HealthCare

Management

Administrator: Troy Lacey

Director of Nursing: Lysandra Harmon

Clinical Coordinator: Krista Porter

Director of Rehab: Rodel Ravela

Social Services Director: Amy Devane

Head Bookkeeper: Jerome Irmen

Dietary Manager: Janie Chadwell

**Plant Operations Director/Laundry &
House-keeping: Tony White**

Recreation Director: Angie Yancey

**Health Information Manager: Shayna
Samek**

Medical Director: William Rosen MD

**Springfield Rehab &
HealthCare**

2800 South Fort Ave

Springfield, Missouri
65807

Phone: 417 882-0035

January Resident Birthday's

1/1 Dorothy Rolufs

1/5 Dorothy Cantrell

1/6 John Burnett

1/10 Barbara Cupp

1/20 Brenda Brown

1/21 William Rutledge

1/29 George Hawley

In astrology, those born from January 1–19 are Capricorn's Goats. Like goats that perch on mountain crags, Capricorns are masters of self-control and responsibility. Intense focus and fortitude help them reach their goals. Those born from January 20–31 are the Water Bearers of Aquarius. Just as water gives life to the land, Aquarians are the humanitarians of the zodiac. Their heightened compassion and empathy compel them to help those in need.

Betsy Ross (upholsterer) – Jan. 1, 1752

Diane Keaton (actress) – Jan. 5, 1946

Zora Neale Hurston (novelist) – Jan. 7, 1891

Soupy Sales (comedian) – Jan. 8, 1926

Max Roach (jazz drummer) – Jan. 10, 1924

Jeff Bezos (Amazon exec) – Jan. 12, 1964

Regina King (director) – Jan. 15, 1971

Muhammad Ali (boxer) – Jan. 17, 1942

Ernest Borgnine (actor) – Jan. 24, 1917

Oprah Winfrey (talk show host) – Jan. 29, 1954

Jackie Robinson (ballplayer) – Jan. 31, 1919



Congratulations to the following Partners of the Month:

October- Paul Compton

**November- Lucia Chichinejdi
& Charlie Wicks**

December- Scott Keeton

Thank you for all that you do!

Happy Work Anniversary!

**Amanda Cox 1 year
Janice Barron 3 years
Shayna Samek 3 years
Melinda Peavey 4 years
Tony White 10 years
Crystal Bentz 4 years
Ester Murphy 20 years**



Pet Therapy Thursdays

*The best
Therapist
has fur
and four legs*



**Movie Matinee
with popcorn
every Saturday
at 1:30**



**play
NICKEL
JACKPOT**

check the Activity calendar for date & time

**WHAT'S
HAPPENING!!**

*Strengthen Your Mind and Body
with*

*Tai Chi, Stronger Longer,
& Chair Yoga throughout
the month.*



**Every Tuesday & Saturday at
10am**

Ice Cream Social
**Wednesdays at 2:30
in the Day Room**



**Fancy Nails
Thursdays**

Please check the calendar for specific days of activities. All activity dates are subject to change, any changes will be announced.

A look back at the Holidays



Kicking off the Holiday Season with decorating the residents Christmas tree!



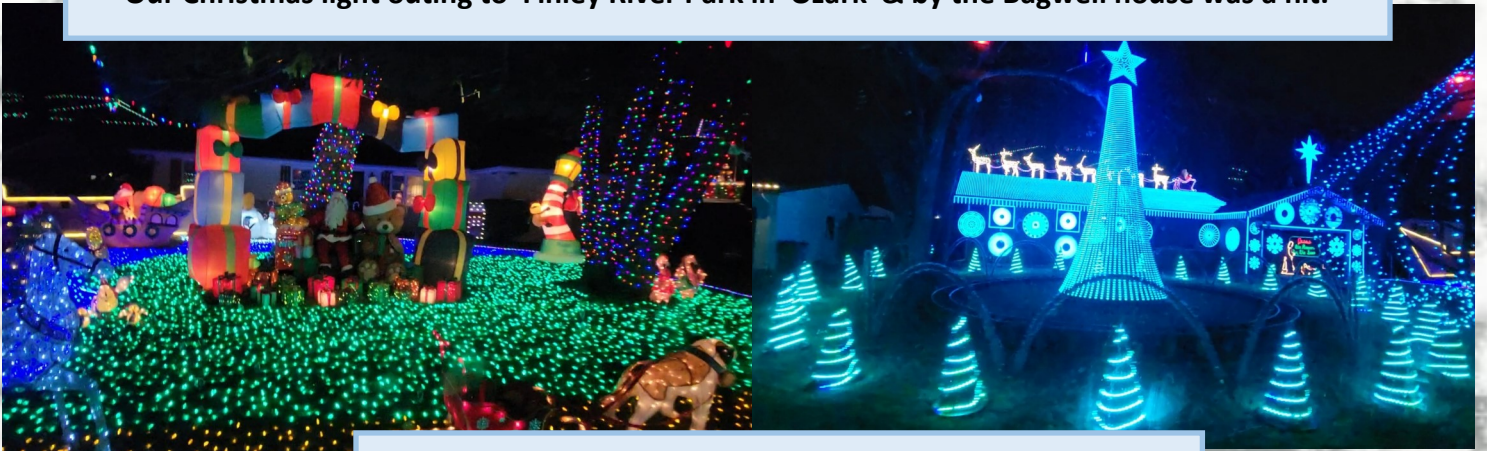
Serena and the elves brought just a touch of the Holidays to the Rehab Halls.



Making hand made greeting cards.



Our Christmas light outing to Finley River Park in Ozark & by the Bagwell house was a hit.



The Residents fundraiser for the Kitchen was a huge success! Thank you to all the Residents, staff, and family that donated. Together we gathered a truckload of food and essentials.



Greenwood School put on a great Holiday performance for our Residents.



Emily Kain's festive creation for Rehab.



Plenty of Holiday crafting making décor and necklaces.



**Our Resident Christmas party with Santa
& a performance by Isaac Kenneth!**



Thank you to all the staff and to Seasons, Phoenix, and Good Shepherd Hospices for helping to make this a special and memorable day for everyone! And a special thanks to Isaac Kenneth & Santa Dan!

More from the Resident Christmas party.



The Holidays wouldn't be complete without an "ugly" sweater contest! Thank you to all who participated.



"Ugliest" went to John Schlipp
 "Uglier" went to Tony White
 & "Ugly" went to Annie Wood





WINTER WORD SEARCH

FIND THE WORDS!



A Y G X D V Q O S O O L H R R S C A R F
 Q L J A N U A R Y X J O Y R M R T G D T
 X D X J Q X G M S S N O W F L A K E U Q
 E I W T G Q I N B T G J C Y C G T T I M
 G N I D D E L S I T O R L H Y K A W S W
 V F E B R U A R Y I Z O F R E E Z I N G
 N P A Q Q H S T L P K I B L U D Q Z C B
 T C J K S K N Y V T A S H O V E L T V E
 J L S K G D O J P Q A N R F D G O A Q N
 D M N B D M W V R X A O R W R Y T Y F W
 J C O L D S M U N P Y W C E Q O Z C V M
 W G W O E R A B V S M B X M B B S Q W A
 B I A G V L N M S E W A K F F M O T F A
 I M N D V U C V T M A L G L O V E S W I
 E I G T C V P Q J S I L X B M B G C Y B
 U G E N E N S F K U I S H L G V P P E X
 I O L B B R U C U G R R T N W L Z T O D
 K Q N C V P E I U N C O H G X F D A U I
 M Q K T Y I W O K U U N Z C S V V H Q Z
 A F R H X X X J A U R K W F Q L P S V C

BOOTS
 COLD
 FREEZING
 HAT
 SCARF
 SLEDDING
 SNOWFLAKE

CHRISTMAS
 DECEMBER
 FROST
 ICE
 SHOVEL
 SNOWANGEL
 SNOWMAN

COAT
 FEBRUARY
 GLOVES
 JANUARY
 SKIING
 SNOWBALLS
 WINTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Independent Activities/Games (Day Room) 4:00 Devotion's w/ Sunset Church of Christ	10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Nickel Jackpot	8:00 Therapeutic Circle 10:00 Bingo 2:00 Gospel Music w/ Jeanie, Karen & Larry	8:00 Memory Care Short Story 10:00 Stronger Longer 10:30 Who, What, Where Am I? 2:30 Ice Cream Social	10:00 Bowling 12:30 Fancy Nails/D-Hall 1:30 Movie Matinee 3:30 Bible Study w/ South Creek Baptist	9:30 Therapeutic Circle 10:00 Coffee & Coloring 11:00 Chair Yoga 2:00 Popcorn & Soda Social	10:00 Bingo 1:30 Movie & Popcorn
8 Independent Activities/Games (Day Room) 4:00 Devotion's w/ Sunset Church of Christ	10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 The Price Was Right: 1960's	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Craft-Winter Owl Magnet	8:00 Memory Care Short Story 10:30 Stronger Longer 1:30 Communion w/ Seasons Hospice 2:30 Ice Cream Social	10:00 Hot Tea Social 12:30 Fancy Nails/R-Hall 1:30 Movie Matinee 3:30 Bible Study w/ South Creek Baptist	9:30 Therapeutic Circle 10:00 Coffee & Trivia 11:00 Chair Yoga 2:00 Happy Hour	14 10:00 Bingo 1:30 Movie & Popcorn
15 10:00 Church w/ Pastor Eutsler Independent Activities Cart (Day Room) 4:00 Devotion's w/ Sunset Church of Christ	10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Rob the Table	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Karaoke w/ Chaplain James & Phoenix	8:00 Memory Care Short Story 10:00 Stronger Longer 10:30 Health Education 2:30 Ice Cream Social	10:00 Snowball Toss 12:30 Fancy Nails/A-Hall 1:30 Movie Matinee 3:30 Bible Study w/ South Creek Baptist	9:30 Therapeutic Circle 10:00 Coffee & Puzzles 11:00 Chair Yoga 2:00 Painting & Wine	21 10:00 Bingo 1:30 Movie & Popcorn
22 10:00 Church w/ Pastor Eutsler Independent Activities Cart (Day Room) 4:00 Devotion's w/ Sunset Church of Christ	10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Name That 60's Tune	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:00 Winter Soup Bar and Contest	8:00 Memory Care Short Story 10:00 Stronger Longer 10:30 Cranium Crunches 2:30 Ice Cream Social	10:00 Craft-Winter 3D Sign 12:30 Fancy Nails/B-Hall 1:30 Movie Matinee 3:30 Bible Study w/ South Creek Baptist	8:30 Therapeutic Circle 10:00 Resident Council/Coffee & Donuts 11:00 Chair Yoga 2:00 Happy Hour	28 10:00 Bingo 1:30 Movie & Popcorn Wal-Mart Shopping Cut Off
29 Independent Activities/Games (Day Room)	10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Boccia Ball w/ Good Shepherd	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Birthday Party w/ Terrace Home Health				

January 2023

Springfield Rehab & Healthcare Center

All Activities Are Subject to Change.

Australia Day (observed)

Acting Professionals Week

Martin Luther King Jr. Day

New Year's Day

Chinese New Year (Year of the Rabbit)