

NEWSPAPER RECYCLING

We have begun saving used newspapers so they can be taken to the Greenville Zoo to help make beds for the smaller animals. Thanks to the suggestion and help from Doris McKinney's daughter, Gail, we will be able to help in a small way to recycle and contribute to the zoo. Please help us by placing your discarded newspapers in the clear bin by the receptionist desk in the lobby. Gail will pick up the papers weekly and take them to the zoo. Thanks, Gail, for the great idea!



NEW MEMBER OF THE TEAM!

We are very excited to welcome Rebecca Farmer to The Palmettos Team! Rebecca has filled the newly created position of Memory Care Coordinator. Rebecca has an extensive background working with dementia and brings fresh, new ideas to enhance our residents' lives. Her email address is rebecca.farmer@nhccare.com. Please help us welcome her when you see her in The Dunes!



Generations

810 East Butler Rd. • Greenville, SC 29607 • 864.627.0803
WWW.THEPALMETTOSMAULDIN.COM


The Palmettos
— ASSISTED LIVING —
A NHC HEALTHCARE AFFILIATE

OCTOBER 2019

Staff

Executive Director
Kathryn Davis

Director of Health Services
Ruby Durham, RN

Director of Marketing
Kimberly Elliott, LBSW

Director of Recreation
Nancy Andrews

Director of Financial Services
Donna Coggins

Director of Dining Services
Denise Jackson

Director of Plant Operations
Sonny Tessnear

Memory Care Coordinator
Rebecca Farmer

GRANDPARENTS DAY AT CADENCE ACADEMY

Cadence Academy invited us to their annual Grandparents Day celebration. We went to their Bike-A-Thon to raise money for St. Jude's Children Hospital. Boy, can those children fly on their bikes and big wheels! We also visited in the infants room; talk about adorable!



Nell Wilson and Carole Willmot loved the babies.

FUN IN THE SUN

The Dunes had a fun beach party that included soaking our feet in salt water, tropical refreshments, blowing pinwheels and getting fans and sunglasses to keep us cool. The Dunes residents know how to have fun and enjoyed being outdoors.



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WHAT'S HAPPENING IN OCTOBER?

Wednesday, Oct. 2 — Shopping at Dollar General

Wednesday, Oct. 2 — Baby Shower for Gianna

Thursday, Oct. 3 — Music by Tom Fisch

Friday, Oct. 4 — Picnic

Friday, Oct. 4 — Make Flower Arrangements

Tuesday, Oct. 8 — Dan Taylor

Thursday, Oct. 10 — Holy Communion

Friday, Oct. 11 — Adult Coloring

Monday, Oct. 14 — Make Fall Door Wreaths

Tuesday, Oct. 15 — Birthday Cake

Thursday, Oct. 17 — Joyful Hearts Gospel Sing

Friday, Oct. 18 — Painting Class

Tuesday, Oct. 22 — Shopping at Hamrick's

Thursday, Oct. 24 — Dine Out for Mom — Stax Omega

Saturday, Oct. 26 — Arts and Crafts with Arifah

Tuesday, Oct. 29 — Jewelry Sale by Amber

Thursday, Oct. 31 — Trick or

Treaters

STOP BY AND DO A PUZZLE!

We always have a puzzle set up in the activities room for anyone who wants to work on it. It is interesting how many people will walk by and stop to try to find a few pieces. Puzzles are good for small motor muscle dexterity, concentration and abstract reasoning. If you are looking for something to do, stop by and work on a puzzle!



Mac McEntyre can really do a puzzle!

DINE OUT FOR MOM

On Thursday, Oct. 24, we are going to Stax's Omega for lunch to support "Dine Out for Mom." This benefits terminally ill mothers who want to leave messages for their children to be given on special occasions such as graduations, weddings, etc. Please join us to support this special event.

TRICK OR TREAT? TREATS FOR SURE!

On Oct. 31, the 3- and 4-year-old children from Cadence Academy will make their annual trip to the Palmettos to Trick or Treat. This is an activity we always enjoy. The children will be here at 10 a.m. and will come to your door. If you want to participate, give Nancy Andrews \$5. She will get your candy for you and deliver it to your door on Halloween morning.

Birthdays

Ina Brown, 10th
Starla Brown, 16th (Employee)
Maya Smith, 17th (Employee)
Hannah Harblin, 20th (Employee)
Gene Gardner, 26th
Gianna Fichter, 26th (Employee)

Locations

Activity Room, AR
Beauty Shop, BS
Bistro, B
Courtyard, CY
Dining Room, DR
Dunes, D
Fireplace, F
Lobby, L
Private Dining, PD
Sun Porch, SP
TV Room, TV

Transportation

Monday:
10 a.m.-4 p.m.
Doctor Appointments
Thursday & Friday:
9 a.m.-4 p.m.
Doctor Appointments

Office Hours

Monday – Friday
9 a.m.-4 p.m.

Hair Salon Hours

Thursday & Friday
1:30-5 p.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>OCTOBER 2019</p>		11:00 Morning Stretch, TV 1 11:20 Devotions, TV 1:30 PoKeNo, AR 2:30 Sewing Group Make Stuffed Animals, AR 4:00 Social Time w/ Friends, F	9:30 Shopping at Dollar General, L 2 11:00 Morning Stretch, TV 11:20 Devotions, TV 1:30 Bingo, AR 2:30 UNO Card Game, AR 3:00 Baby Shower for Gianna, DR 4:00 Social Time w/ Friends, F	10:00 Euchre, AR 3 11:00 Morning Stretch, TV 1:00 Music w/Tom Fisch, DR 2:30 Scrabble, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	10:00 Johnson Sisters Preach in the Dunes, D 4 11:00 Morning Stretch, TV 11:00 Picnic in the Park, L 11:20 Devotions w/ Preacher Tripp, TV 1:30 Uno Card Game, AR 2:30 Make Fall Table Arrangements, AR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 5 11:20 Devotions, TV 1:30 Bingo, AR 3:30 Word Games on Your Own, AR 4:00 Social Time w/ Friends, F
		10:00 "In Touch" w/ Charles Stanley, Ch. 4, TV 6 11:00 "Encouraging Word" w/Don Wilton, Ch.7, TV 1:30 Bingo, AR 3:00 Word Games on Your Own, AR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 7 1:30 Full Card Bingo, AR 2:30 Euchre Card Game, SP 4:00 Social Time w/ Friends, F	YOM KIPPUR STARTS AT SUNSET 8 11:00 Inspirational Stories w/Dan Taylor, TV 1:30 PoKeNo, AR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 9 11:20 Devotions, TV 1:30 Bingo, AR 2:30 UNO Card Game, AR 4:00 Social Time w/ Friends, F	10:00 Holy Communion, TV 10 11:00 Morning Stretch, TV 1:30 Pokeno, AR 2:30 Scrabble, AR 4:00 Social Time w/ Friends, F
10:00 "In Touch" w/ Charles Stanley, Ch. 4, TV 13 11:00 "Encouraging Word" w/Don Wilton, Ch.7, TV 1:30 Bingo, AR 3:00 Word Games on Your Own, AR 4:00 Social Time w/ Friends, F	COLUMBUS DAY 14 9:30 Make Fall Door Wreaths, AR 11:00 Morning Stretch, TV 11:20 Devotions, TV 1:30 Full Card Bingo, AR 2:30 Euchre Card Game, SP 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 15 11:20 Devotions, TV 12:00 October Birthday Cake, DR 1:30 PoKeNo, AR 2:30 Sewing Group Make Stuffed Animals, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 16 11:20 Devotions, TV 1:30 Bingo, AR 2:30 UNO Card Game, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	10:00 Music by Grateful Hearts Gospel Group, DR 17 11:00 Morning Stretch, TV 1:30 Pokeno, AR 2:30 Scrabble, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	10:00 Nails by Nancy, AR 18 10:00 Johnson Sisters Preach in the Dunes, D 11:00 Morning Stretch, TV 11:20 Devotions w/ Preacher Tripp, TV 1:00 Painting Class – Fall Trees, AR 2:00 Euchre Card Game, SP 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 19 11:20 Devotions, TV 1:30 Bingo, AR 3:30 Word Games on Your Own, AR 4:00 Social Time w/ Friends, F
10:00 "In Touch" w/ Charles Stanley, Ch. 4, TV 20 11:00 "Encouraging Word" w/Don Wilton, Ch.7, TV 1:30 Bingo, AR 3:00 Word Games on Your Own, AR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 21 11:20 Devotions, TV 1:30 Full Card Bingo, AR 2:30 Euchre Card Game, SP 4:00 Social Time w/ Friends, F	9:30 Shopping at Hamrick's, L 22 11:00 Morning Stretch, TV 11:20 Devotions, TV 1:30 PoKeNo, AR 2:30 Sewing Group Make Stuffed Animals, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 23 11:20 Devotions, TV 1:30 Bingo, AR 2:30 UNO Card Game, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	10:00 Euchre, AR 24 11:00 Morning Stretch, TV 11:00 Dine Out for Mom – Stax Omega, L 11:20 Devotions, TV 1:30 Pokeno, AR 2:30 Scrabble, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	10:00 Nails by Nancy, AR 25 10:00 Johnson Sisters Preach in the Dunes, D 11:00 Morning Stretch, TV 11:20 Devotions w/ Preacher Tripp, TV 1:30 Uno Card Game, AR 2:30 Chair Yoga, TV 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 26 11:20 Devotions, TV 1:30 Bingo, AR 2:30 Arts and Crafts w/Arifah, AR 3:30 Word Games on Your Own, AR 4:00 Social Time w/ Friends, F
10:00 "In Touch" w/ Charles Stanley, Ch. 4, TV 27 11:00 "Encouraging Word" w/Don Wilton, Ch.7, TV 1:30 Bingo, AR 3:00 Word Games on Your Own, AR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 28 11:20 Devotions, TV 1:30 Full Card Bingo, AR 2:30 Euchre Card Game, SP 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 29 11:00 Jewelry Sale by Amber Dobbins, L 11:20 Devotions, TV 1:30 PoKeNo, AR 2:30 Sewing Group Make Stuffed Animals, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	11:00 Morning Stretch, TV 30 11:20 Devotions, TV 1:30 Bingo, AR 2:30 UNO Card Game, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F	HALLOWEEN 31 10:00 Trick or Treaters Visit, L 11:00 Morning Stretch, TV 11:20 Devotions, TV 1:30 Pokeno, AR 2:30 Scrabble, AR 3:30 Book Club: Nancy Reads, You Listen, DR 4:00 Social Time w/ Friends, F		