



This Month's News



Dear Families:

It is hard to believe April is already upon us. April is a rebirth of all things Spring and the moment nature takes on a new life. We are grateful to all of you for the opportunity to care for your loved ones. It is because of our patients, residents, and families, that we stay in full bloom in our community. We look forward to many good times in the next few months with beautiful weather, blossoming flowers, and fun activities.

Important Dates:

National Occupational Therapy Month

6th: National Employee Benefits Day

7th: Good Friday

9th: Easter

16th-22nd: Health Information Professionals Week

22nd –28th: Administrative Professionals Week

25th: Hairstylists Appreciation Day

National Occupational Therapy Month

We would like to thank all our Occupational Therapists for their dedication and the special set of skills they give to our patients and residents. Kami Horsman, Assistant Vice President Rehab, says

“My favorite quote about occupational therapy is by Jessica Kensky: “*OT is where science, creativity and compassion collide.*” This is my favorite quote for our occupational therapists and occupational therapy assistants. They possess a unique ability to take a patient’s particular situation and find an answer with the resources on hand for them to best live their life. We talk

about quality at NHC a lot. It is hard to deny the quality of life that comes out of the occupational therapy departments in our centers.”

To learn more about the benefits of Occupational Therapy according to the American Occupational Therapy Association, click [HERE](#).



Happy Easter!

We want to wish you a Happy Easter from all of us here at NHC! It seems you can never outgrow an Easter basket filled with goodies. Check out some great ideas for Senior Easter baskets [HERE](#).



Flowers and Seniors

With Spring finally here, flowers are blooming and having an amazing effect on seniors. A Rutgers University study showed that flowers can actually “ease depression, inspire social connections, and refresh memory for seniors.” Flowers are an easy way to brighten up a loved one’s room. If you’re curious about the effects flowers have on seniors, [click here](#).



Thank you,

Holly Harbin

Administrator, NHC Healthcare North Augusta

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