












March 2023 Calendar of Activities for Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chair Yoga Card Games	2 Happy Birthday 	3 Visit from Chloe The Dog!  Ice Cream Treat 	4 10:30am- Independent Activities
5 9:00 Mass (Ch. 189) 10:00am Church with Pastor Scott (non- denominational)	6 Morning Stretches Word Play	7 10:30 Mary from Music for Life  Pretty Nails	8 Move and Groove The Story of St. Patrick's Day	9 Big Bowling 2:30pm- Love on a Leash	10 Visit from Chloe Library Stops Pop-up Library @ 1:30 Ice Cream Treat	11 10:30am- Independent Activities
12 9:00 Mass (Ch. 189) 10:00am Church with Pastor Scott (non- denominational) Spring Forward Daylight savings time begins	13 St. Patrick's Day Craft And Snack  	14 Pretty Nails 60's Classics Sing-along	15 Chair Yoga Card Games	16 St. Patrick's Day BINGO! 	17 Visit from Chloe Irish Music and Craft St. Patrick's Day! Popcorn, soda and treats Provided!	18 10:30am- Independent Activities
19 9:00 Mass (Ch. 189) 10:00am Church with Pastor Scott (non- denominational)	20 Painting Flowerpots First Day of Spring!	7 Pretty Nails  70's Classics Sing-along	22 Chair Yoga Card Games Spring Window Decor	23 Devotional Reading and Music Movie and popcorn "The Wizard of Oz"	24 Starting Seeds for the Garden Ice Cream Treat 	25 10:30am- Independent Activities
26 9:00 Mass (Ch. 189) 10:00am Church with Pastor Scott (non- denominational)	27 Pretzels and Cheese Dip	28 Big Bowling Resident Council 2p (SP)	29 Pretty Nails 80's Classics Sing-along	30 Devotional Reading and Music Movie Matinee "True Grit"	31 Visit from Chloe Cleaning the Garden Ice Cream Treat	The Calendar is developed by the wellness team please contact them with any requests and is Subject to change to meet the safety of our residents

