

August 2023 Calendar of Activities Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Morning Devotions and music Pretty Nails	2 Morning Stretches Balloon Volleyball	3 Morning Devotions Hydration Cart Art Therapy	4 Ice Cream Social Hydration Cart Afternoon move and	5 Independent Activities
					groove time	
6	7	8	9	10	11	12
9:00 Mass (Ch. 189) 10:00am Church with Pastor Scott (non-	Hydration Cart Did you know	Special Performance by Mary @ Music for Life 10a	Morning Stretches Hydration Cart	Morning Devotions Hydration Cart	Ice Cream Social Hydration Cart Afternoon Move and	Independent Activities
denominational)	Discussion and snack	Pretty Nails	Corn Hole	Love on a Leash	Groove time	
13 9:00 Mass (Ch. 189)	14 Hydration Cart	15 Morning Devotions	16 Morning Stretches	17 Morning Devotions	18 Ice Cream Social	19
10:00am Church with Pastor Scott	Did you know	and Music	Balloon Volleyball	Hydration Cart Movie "Adventures in	Hydration Cart	Independent Activities
(non- denominational)	Discussions and snack	Pretty Nails	Happy Hour	America's Western Parks" and Snack	Remember When Discussion	
20	21	22	23	24	25	26
9:00 Mass (Ch. 189) 10:00am Church	Hydration Cart	Morning Devotions and Music	Morning Stretches Hydration Cart	Morning Devotions Hydration Cart	National Banana Split Day!	Independent
with Pastor Scott (non- denominational)	Did you Know Discussions and snack	Pretty Nails	Corn Hole	Art Therapy	Hydration Cart Afternoon Move and Groove time	Activities
9:00 Mass (Ch. 189) 10:00am Church with Pastor Scott	28 Hydration Cart Did you Know	29 Morning Devotions and Music	30 Morning Stretches Balloon Volleyball	31 Morning Devotions Hydration Cart		
(non- denominational)	discussions and snack	Pretty Nails	Happy Hour	Movie "The Notebook" and popcorn		