



Now that March has arrived, we are gearing up for Spring and looking forward to some warmer weather days. The sun will stay out longer, flowers and plants will begin to bloom, and we are hopeful to get outside some and enjoy the beauty of it all.

Special Announcements for Families: NHC Oak Ridge First King & Queen Sweetheart Coronation has been rescheduled. Please look for date announcement in Center. NHC Oak Ridge is looking for volunteer Sunday Church Services for our Residents. If interested, please contact NHC Recreation Department.

Pet Visitation: If you have a pet you would like to visit your loved one, please stop by the front desk to sign visitation agreement and provide a updated copy of your pet's shot record.

Important Dates for March:

- World Day of Prayer March 3rd
- St. Patrick's Day March 17th
- National Puppy Day March 23rd
- National Doctor's Day March 30th
- Social Work Month
- National Nutrition Month

Happy National Social Workers Month

This month we spotlight and honor our Social Workers for National Professional Social Work Month. We thank them for all their dedication to our patients and families. [Here](#) are some great ways our Social Worker team can help you throughout your loved one's stay.

HAPPY PROFESSIONAL SOCIAL WORK MONTH



National Puppy Day!

Puppies can turn any bad day around. We feel it best to celebrate our furry friends, regardless of age, and recognize National Puppy Day. After all, if you are a dog owner, they will always be your “puppy”. Check out this great resource on the positive effects pet therapy can have on seniors [here](#).

