SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEALT	IC h C a r e L DIN	NOON: Sweet and Sour Chicken, Steamed Rice, Vegetable Stir Fry, Frosty Sherbert w/ Cookie Additional Selections: Grilled Pimiento Cheese Sandwich, Chicken Tortilla Soup EVENING: Baked Spaghetti topped with Parmesan Cheese, Tossed Salad w/ choice of Dressing, Garlic Bread, Add Key Lime Pie Additional Selections: Grilled Chicken Caesar Salad, Crackers	NOON: Old Fashioned Meatloaf, Hashbrown Casserole, Tender Green Beans, 2 Sweet Yeast Roll, Classic Custard Pie Additional Selections: Grilled Swiss & Cheddar Sandwich, Chunky Tomato & Basil Soup EVENING: Savory Chicken Salad Pie, Garlic Roasted Carrots, Butterscotch Pudding Additional Selections: Oven Roasted Shrimp Scampi, Noodles, Tossed Salad w/ Dressing, Garlic Breadstick	 NOON: Pizzeria Pasta Bake, Tossed Salad w/ Dressing, Garlic Bread, Chocolate Cherry Brownie Additional Selections: Black Bean & Cheese Quesadilla, Sauteed Corn and Peppers EVENING: Herb Roasted Pork Loin, Heirloom Potato Medley, Steamed Vegetables Rool, Creamy Lemonade Pie Additional Selections: Rotisserie Roasted Chicken, Heirloom Potato Medley, Steamed Vegetables 	NOON: Hot Dog with Chili, French Fries, Confetti Slaw, Chocolate Chip Cookie Additional Selections: Baked Fish, Roasted Potatoes, Confetti Slaw EVENING: Seasoned Turkey Burger on Bun, Sweet Potato Fries, Lettuce & Tomato, Old Fashioned Fruit Cobbler Additional Selections: Crustless Mushroom and Roasted Pepper Quiche, Side Salad w/ Choice of Dressing, Garlic Toast	NOON: Artichoke baked Chicken, Oven Roasted Potatoes, Pasta & Vegetable Salad, Herbed Flatbread, Caramel Frosted Banana Cake Additional Selections: Sloppy Joe served on Bun, Oven Roasted Potatoes, Pasta & Vegetable Salad EVENING: Open Faced hot Roast Beef w/ Gravy on Texas Toast, Mashed Potatoes, Sicilian Vegetables, Chocolate Cream Pie Additional Selections: Fried Chicken Salad with Choice of Dressing, Assorted Crackers
 NOON: Roasted Turkey & Gravy with Sage Dressing, Seasoned Green Beans, Yeast Roll, Vanilla Mousse Additional Selections: Country Fried Steak with Gravy, Rice, Seasoned Green Beans EVENING: Fire Braised Pork, Sweet Potatoes, Seasoned Greens, Dinner Roll, Chilled Fruit Gelatin Additional Selections: Texas Chili with Beans & Shredded Cheese Topping, Saltine Crackers 	NOON: Spaghetti & Italian Meatballs topped with Parmesan, Spinach Salad w/ Dressing, Butterscotch Blondie Additional Selections: Loaded Potato Tart, Seasoned Broccoli & Cauliflower, Seasonal Fruit EVENING: Teriyaki Glazed Chicken, Fried Rice, Vegetable Stir Fry, Egg Roll, Lemon Chess Bar Additional Selections: Egg Salad Sandwich on Wheat, Potato Chips, Chicken & Rice Soup	NOON: Alice Springs Chicken, Rice, Parslied Carrots, Potato Roll, Cherry Cobbler Additional Selections: Beef Tips w/ Peppers in Gravy, Rice, Parslied Carrots, Potato Roll EVENING: Slow Roasted Pork Loin, Whipped Sweet Potatoes, Roasted Brussels Sprouts w/ Bacon, Parker House Roll, Chocolate Mocha Cake Additional Selections: Gourmet Three Cheese Grilled Sandwich, Chunky Tomato Basil Soup served with Crackers	NOON: Turkey & Rice Casserole, Mixed Vegetables, Roll, Cookies n' Cream Cake Additional Selections: Spinach Quiche, Scalloped Potatoes EVENING: Cheeseburger w/ Caramelized Onions on Bun, Chips, Lettuce & Tomato, Apple Crumb Cobbler Additional Selections: Shrimp Caesar Salad Bowl, Assorted Crackers	NOON: Meatloaf w/ Sweet-Tangy Glaze, 10 Buttermilk Mashed Potatoes, Green Peas w/ Onions, Garlic Thyme Roll, Orange Cream Cake Additional Selections: Baked Vegetable Ziti, Tossed Salad w/ choice of Dressing, Garlic Thyme Roll EVENING: Baked Chicken & Yellow Rice w/ Peppers, Normandy Blend Vegetables, Sweet Yeast Roll, Honey Bun Cake Additional Selections: Deli Sub Sandwich, Potato Chips	NOON: Butter-Crumb Cod Fillet, Roasted Sweet Potatoes, Apple Cabbage Salad, Herbed Flatbread, Raspberry-Peach Crumble Additional Selections: Fruit Plate served with Cottage Cheese, Fresh Baked Muffin EVENING: Three Cheese Meat Lasagna, Ranch Layered Salad, Garlic Bread, Banana Pudding Additional Selections: Pulled BBQ Chicken on Grilled Texas Toast, Corn Nuggets, Ranch Layered Salad	NOON: Orange-Spiced Glazed Ham, Yams, Broccoli w/Cheese Sauce, Wheat Roll, Peach Cobbler Additional Selections: Salisbury Steak with Gravy, Whipped Potatoes, Garlic Sauteed Spinach, Wheat Roll EVENING: Chili-Cheese Hot Dog w/ Onions, Molasses Baked Beans, Broccoli Salad, Creamy Pudding Additional Selections: Crispy Chicken Tenders w/ Dipping Sauce, Molasses Baked Beans, Broccoli Salad w/ Egg Dressing
 NOON: Golden Fried Chicken, Garlic Mashed Potatoes, Green Bean Casserole, 13 Wheat Roll, Cherry Cobbler Additional Selections: Seared Split Bratwurst w/ Onions, Garlic Mashed Potatoes, Green Bean Casserole, Wheat Roll EVENING: Mini Burgers w/Mustard & Onions, Potato Salad, Veggie Sticks, Oatmeal Raisin Cookies Additional Selections: Chef's Salad with Choice of Dressing 	NOON: Herbed Butter Baked Fish, Rice 14 Pilaf, Steamed Broccoli with Cheese Sauce, Wheat Roll, Chocolate Mousse Additional Selections: Marinated Italian Chicken, Rice Pilaf, Steamed Broccoli w/ Cheese Sauce, Wheat Roll EVENING: Roasted Beef w/Gravy, Twice Baked Potato Casserole, Buttered Brussels Sprouts, Sweet Yeast Roll, Carrot Cake w/Cream Cheese Frosting Additional Selections: Fruit Plate with Cottage Cheese, Muffin	 NOON: Herb Roasted Pork Loin w/Gravy, Navy Beans, Seasoned Greens, Cornbread, Strawberry Cream Cake Additional Selections: Bowl of Navy Beans with Onion, Sliced Tomatoes, Seasoned Greens, Cornbread EVENING: Baked Caramelized Ham & Swiss on Bun, Herbed Tomato & Vegetable Soup, Sponge cake w/Peach topping Additional Selections: Derby Hot Brown topped w/ Creamy Mornay Sauce, Herbed Tomato & Vegetable Soup 	 NOON: Chicken Parmesan, Spaghetti Marinara, Baked Zucchini & Squash w/ Herbs, Garlic Bread, Sweet & Salty Crunch Cookie Additional Selections: BLT Chopped Salad w/ Creamy Ranch, Garlic Bread EVENING: Chopped Sirloin w/Steak Sauce, Baby Redskin Potatoes, Buttered Green Peas, Yeast Roll, Peanut Butter Chocolate Lasagna Additional Selections: Grilled Turkey on Wheat Bread, Potato Chips, Lettuce and Tomato 	NOON: Macaroni & Cheese, Pinto Beans, Sauteed Cabbage, Cornbread Muffin, Apple Turnover w/Icing Additional Selections: Pimiento Cheese Sandwich, Fried Green Tomatoes, Pasta & Vegetable Salad EVENING: Pulled Pork w/BBQ Sauce, Maple Glazed Candied Yams, Crunchy Broccoli Salad, Grilled Texas Toast, Chocolate Fudge Brownie Additional Selections: Grilled Cheese & Tomato Sandwich w/ Pickle Spear, Crunchy Broccoli Salad	 NOON: Hamburger on Bun, French Fries, Lettuce & Sliced Tomatoes, Mississispi Mud Cake Additional Selections: Veggie & Cheese wrap, Sunchips EVENING: Personal Pan Pizza, Tossed Salad w/Choice of Dressing, Ice Cream Cup Additional Selections: Grilled Chicken, Powerhouse Salad, Crackers 	NOON: Golden Fried Fish, Chilled Coleslaw, Hushpuppy, Cinnamon Sugar Cookies Additional Selections: Grilled Peanut Butter & Banana on Raisin Bread, Chips EVENING: Chicken & Dumplings, Green Beans, Banana Split Cake Additional Selections: Bacon, lettuce & Tomato Sandwich; Pickle Spear, Creamy Potato & Chive Chowder with Crackers
NOON: French Onion Braise Pork Chops, Hashbrown Casserole, Baby Butterbeans, Spoon Roll, Spice Cake w/ Maple Frosting Additional Selections: Three Bean Enchilada Bake, Fiesta CornEVENING: Baked Ziti w/ Tomato and Basil, Greek Salad w/ Olive Oil Dressing, Garlic Bread, Lemon White Chocolate Chunk Cookie Additional Selections: Dilled Tuna Salad served on Croissant, Lemberjack Vegetable Soup, Assorted Crackers	NOON: Marinated Italian Chicken, Creamy Parmesan Noodles, Zucchini & 21 Tomato Bake, Herbed Flatbread, Coconut Cream Cake Additional Selections: Tender Meatballs in Mushroom Gravy, Creamy Parmesan Noodles, Zucchini & Tomato Bake, Herbed Flatbread EVENING: Taco Salad, Tortilla Chips served w/ Salsa, Cinnamon & Sugar Churro served w/ Caramel Dip Additional Selections: Fried Chicken Livers, Whipped Potatoes, Seasoned Green Beans, Cornbread Muffin	NOON: Pulled Pork w/ Sweet BBQ Sauce, Baked Beans, Creamy Coleslaw, 22 Grilled Texas Toast, Chocolate Fudge Pie Additional Selections: Old Charleston Style Shrimp & Grits, Creamy Coleslaw, Breadstick EVENING: Hamburger Steak w/Mushroom Gravy, Mashed Potatoes, Marinated Cucumbers & Tomatoes, Yeast Roll, Apple Cinnamon Cobbler Additional Selections: Roasted Turkey Club Sandwich, Potato Chips, Marinated Cucumbers & Tomatoes	Peaches and Cream Icebox Cake Additional Selections: Grilled Chicken Strips on Caesar Salad w/ Dressing, Assorted Crackers EVENING: Fried Fish, Roasted Sweet Potato Chunks, Spinach Salad w/Dressing, Wheat Roll, Orange Creamsicle Bar Additional Selections: Egg Salad Sandwich, Minestrone soup, Assorted Crackers	NOON: Turkey and Dressing w/Gravy, Cranberry Sauce,Green Bean Casserole, Wheat Roll,Pecan Pie Additional Selections: Baked Ham,Green Bean Casserole,Whipped Potatoes,Wheat Roll EVENING: Chicken Tenders, Potato Tots, Carrot Raisin Salad Additional Selections: Pimento Cheese Sandwich,Chips,Carrot & Raisin Salad,Cookie	NOON: Grilled Hot Dog, Seasoned Potato Wedges, Apple & Cabbage Salad, Pear & 25 Almond Crumble Additional Selections: Chicken Salad and Fruit Plate, Assorted Crackers EVENING: Hearty Pioneer Beef Stew, Sauteed Yellow Squash, Dinner Roll, Fruit Medley Salad Additional Selections: Belgian Waffles topped w/ Fruit & Whipped Topping, Sausage Links	NOON: Salisbury Steak w/ Gravy, Whipped Potatoes, Tender Green Beans, 26 Sweet Yeast Roll, Chocolate Raspberry Partait Additional Selections: Golden Chicken Cutlet w/ Cream Gravy, Whipped Potatoes, Tender Green Beans, Sweet Yeast Roll EVENING: Pineapple Chicken, Steamed Rice, Braised Collared greens, Yellow Sheet Cake w/ Chocolate Icing Additional Selections: Grilled Ham & Swiss Sandwich, Split Pea Soup, Assorted Crackers
 NOON: Cider Braised Pork Chop, Mashed Red Skin Potatoes, Summer Squash Casserole, Cornbread Muffin, Hummingbird Cake w/ Cream Cheese Frosting Additional Selections: Open Faced Hot Turkey Sandwich w/ Gravy, Mashed Red Skin Potatoes, Summer Squash Casserole EVENING: Grilled Chicken Sandwich, Lettuce & Tomato, Sunchips, Baked Apples Additional Selections: Omelet topped with sauteed peppers & onions, Cheese Grits, Bran Muffin 	NOON: Three Cheese Meat Lasagna, Seven Layer Salad, Garlic Bread, Banana 28 Split Icebox Cake Additional Selections: BBQ Chicken, Seasoned Potato Wedges, Seven Layer Salad, Garlic Bread EVENING: Brown Sugar Baked Ham, Whipped Potatoes, Buttered Green Peas, Grilled Texas Toast, Frosty Sherbert Additional Selections: Fruit plate w/ Yogurt, Fresh Baked Muffin	 NOON: Teriyaki Chicken Stir Fry, Fried Rice, Egg Rol w/ Sweet & Sour Sauce, Raspberry Cheesecake Bites Additional Selections: Heartty Mushroom Stroganoff, Fluffy White Rice, Italian Green Beans EVENING: Country Fired Steak and Whipped Potatoes w/ Gravy, Prince Charles Vegetables, Garlic Herb Biscuit, Cookies & cream Pie Additional Selections: Pork Cutlet, Whipped Potatoes w/ Gravy, Prince Charles Vegetables, Garlic Herb Biscuit 	NOON: Fried Chicken, Whipped Potato, 30 Seasoned Green Beans, Wheat Roll, Peanut Butter Cream Pie Additional Selections: Stuffed Whole Tomato Salad Plate with Crackers EVENING: Swedish Meatballs over Egg Noodles, Broccoli & Cauliflower, Yeast Roll, Marshmallow Krispie Additional Selections: Calzone, Tossed Salad w/Dressing	Name: Room #:	er	

