

# FEBRUARY 2023

| Sun                                  | Mon   | Tue  | Wed   | Thu  | Fri  | Sat  |
|--------------------------------------|---|--|---|--|--|--|
|                                      |   |  | <p>1</p> <p>10:15 Exercise &amp; Hydration</p> <p>10:45 Doughnuts &amp; Devotional</p> <p>Patient Shopping</p> <p>2:00 Heart Crafts</p> <p>3:00 Painting Heart Canvases</p>   | <p>2 <b>National Tater Tot Day</b></p> <p>9:30 Manicures &amp; Makeup</p> <p>2:00 Bean Bag Toss</p> <p>2:45 Cheese Covered Tater Tots &amp; Music Social</p> <p>3:30 CST Program</p> | <p>3 <b>National Carrot Cake Day</b></p> <p>9:30 1:1's</p> <p>10:30 Exercise &amp; Hydration</p> <p>10:45 Basketball</p> <p>2:00 Bingo for Prizes!</p> <p>3:00 Remembering Buddy Holly, Ritchie Valens &amp; Big Bopper with Carrot Cake</p>   | <p>4</p> <p>10:30 Bingo with Kay</p>   |
| <p>5</p> <p>3:30 Church Service</p>  | <p>6</p> <p>10:30 Exercise &amp; Hydration</p> <p>10:45 Coloring/Painting Roses</p> <p>2:00 Timeless Trivia on DVD in Dining Room and/or Gospel Music in Activity Room</p> <p>3:00 Healthy Snack &amp; Music Social</p>   | <p>7 <b>National Fettuccini Alfredo Day</b></p> <p>9:30 1:1's</p> <p>10:00 Cheese/Crackers/Grapes &amp; Pet Day</p> <p>10:45 Book Club</p> <p>Lunch-Fettuccini Alfredo</p> <p>2:00 Bingo for Points!</p> <p>3:00 CST Program</p>   | <p>8</p> <p>10:15 Exercise &amp; Hydration</p> <p>10:45 Doughnuts &amp; Devotional</p> <p>2:00 Making Valentine's Day Boxes to sale for Resident Council</p> <p>2:30 Valentines Day Jingo</p>   | <p>9</p> <p>*Resident's Selling V-Day Boxes*</p> <p>9:30 Manicures, Makeup</p> <p>2:00 Black History Month-Watching "The Help" with Movie Snacks</p> <p>3:30 CST Program</p>         | <p>10 <b>National "Have A Brownie" Day</b></p> <p>*Wear Your Football Attire Today*</p> <p>9:30 1:1's &amp; Resident's selling V-Day Boxes</p> <p>10:30 Exercise &amp; Hydration</p> <p>Lunch-Brats, Nachos &amp; Brownies</p> <p>1:15 Watch "The Blind Side" &amp; Football or Soccer Trivia</p> <p>2:45 Subs &amp; Bingo for Prizes!</p> | <p>11</p> <p>Happy Saturday!!</p> <p>Independent Supplies Available in the Activity Room &amp; in Carl Adams Dining Room!!</p> |
| <p>12</p> <p>3:30 Church Service</p> | <p>13</p> <p>*Residents Selling Valentines Day Boxes*</p> <p>10:30 Exercise &amp; Hydration</p> <p>10:45 Table Games</p> <p>2:00 Timeless Trivia on DVD in Dining Room and/or Gospel Music in Activity Room &amp; Abraham Lincoln Trivia</p> <p>3:00 Healthy Snack &amp; Music Social</p>                               | <p>14 <b>Valentine's Day</b></p> <p>*Resident's Selling V-Day Boxes*</p> <p>9:30 1:1's</p> <p>10:00 Cheese/Crackers/Grapes</p> <p>10:45 Book Club</p> <p>2:00 Valentine's Day Party "Trip To Paris" V-Day Dice Game &amp; Hospice w/Annalca @ Legacy</p> <p>3:00 CST Program</p> | <p>15 <b>National Chewing Gum Day</b></p> <p>10:15 Exercise &amp; Hydration</p> <p>10:45 Doughnuts &amp; Devotional Patient Shopping</p> <p>2:00 Bingo for Points (Since no Bingo yesterday)</p> <p>3:00 Chewing Gum &amp; Ladder Golf</p>                                    | <p>16</p> <p>9:30 Manicures &amp; Makeup w/Elara Caring Hospice Dine In</p> <p>2:00 Cooking with Kay</p> <p>3:30 CST Program</p>   | <p>17 <b>18th-Wine Day</b></p> <p>9:30 1:1's</p> <p>10:30 Exercise &amp; Hydration</p> <p>10:45 Hot Potato Game</p> <p>2:00 Bingo for Prizes!</p> <p>3:00 Music Social with Non-Alcoholic Wine &amp; Cheese</p>  | <p>18</p> <p>10:30 Bingo with Brandy</p>   |
| <p>19</p> <p>3:30 Church Service</p> | <p>20 <b>National Muffin Day</b></p> <p>10:30 Exercise &amp; Hydration</p> <p>10:45 Therapeutic Figure 8 Art with Sweet Mayhem Muffins</p> <p>2:00 Resident Council</p> <p>2:30 Sentimental Reflections on DVD in Dining Room and/or Gospel Music in the Activity Room</p> <p>3:00 Healthy Snack &amp; Music Social</p> | <p>21 <b>National Biscuit &amp; Gravy Day</b></p> <p>9:30 1:1's</p> <p>10:00 Biscuits &amp; Gravy</p> <p>10:45 Book Club</p> <p>2:00 Bingo for Points!</p> <p>3:00 CST Program</p>   | <p>22 <b>National Cherry Pie Day &amp; National Margarita Day</b></p> <p>10:15 Exercise &amp; Hydration</p> <p>10:45 Doughnuts &amp; Devotional (Lunch will have Cherry Pie)</p> <p>2:00 Daryl Wilcoxson Playing Piano &amp; Non-Alcoholic Margaritas</p> <p>3:00 Bowling</p> | <p>23</p> <p>9:30 Manicures &amp; Makeup</p> <p>Meal of the Month</p> <p>2:00 Watching "Saving Mr. Banks" with Movie Snacks</p> <p>3:30 CST Program</p>                              | <p>24 <b>National Tortilla Chip Day</b></p> <p>9:30 1:1's</p> <p>10:30 Exercise &amp; Hydration</p> <p>10:45 Hungry Hungry Hippo</p> <p>2:00 Bingo for Prizes w/Tristie @ Crown Hospice</p> <p>3:00 Birthday Party for February Birthdays w/Cake, Tortilla Chips with Queso Dip and Salsa</p>  | <p>25</p> <p>Happy Saturday!!</p> <p>Independent Supplies Available in the Activity Room &amp; in Carl Adams Dining Room!!</p> |
| <p>26</p> <p>3:30 Church Service</p> | <p>27 <b>National Chili Day</b></p> <p>10:30 Exercise &amp; Hydration</p> <p>10:45 Horseshoes</p> <p>Lunch-Chili</p> <p>2:00 Sentimental Reflections on DVD in Dining Room and/or Gospel Music in Activity Room)</p> <p>3:00 Healthy Snack &amp; Music Social</p>   | <p>28</p> <p>9:30 1:1's</p> <p>10:00 Cheese/Crackers/Grapes</p> <p>10:45 Book Club</p> <p>2:00 Bingo for Points!</p> <p>3:00 Root Beer Floats &amp; CST Program</p>  |   |  |  |  |
|                                      | <p>*Exercise &amp; Hydration</p> <p>Consists of Seated Exercises, Tai Chi, Dancing, Kickboxing, and Yoga*</p>   | <p>*Outdoor Activities Dependent On Weather*</p> <p>*Playing the Wii &amp; watching movies in activity room M- F* with reservation*</p>  | <p><b>*Calendars Are Subject to Change*</b></p>   | <p><i>Independent Activity Supplies Available 24/7 in Activity Room &amp; in Carl Adams Dining Room</i></p>  | <p>Individualized Programming to fit the need of the residents.</p>  | <p><i>NHC Ice Cream Parlor</i></p> <p><i>Open</i></p> <p><i>24 hours a day, 7 days a week</i></p>                              |

# Boothel Commons February 2023

| Sun                              | Mon   | Tue  | Wed  | Thu   | Fri  | Sat  |
|----------------------------------|---|--|--|---|--|--|
|                                  |   |  | <b>1</b><br>9:30 1:1's<br>9:45 Gospel Music, Devotional, Prayer & Doughnuts<br>10:15 Have You Ever? Game<br>Patient Shopping<br>2:00 Bean Bag Toss<br>3:00 Puzzles<br>3:30 Exercise & Hydration-Seated   | <b>2 National Tater Tot Day</b><br>9:30 Hair & Makeup<br>10:30 Therapeutic Figure 8 Art<br>2:00 Bingo & Cheese Covered Tater Tots<br>3:15 Therapeutic Circle<br>3:45 I Love Lucy & Movie Snacks | <b>3 National Carrot Cake Day</b><br>9:30 Sing-a-long & Nursery Rhymes<br>10:00 Red or Black Game<br>2:00 Heart Crafts<br>3:00 Reading Sunny Street Books & Eating Carrot Cake<br>3:15 Exercise & Hydration-Yoga<br>3:45 Wheel of Fortune w/Dice                     | <b>4</b><br>Independent Coloring & Puzzles Available           |
| <b>5</b><br>3:00 Church Service  | <b>6</b><br>9:30 1:1's<br>9:45 Sentimental Reflections<br>2:00 Jenga & Concentration<br>3:00 Music & Healthy Snack Social   | <b>7 National Fettuccini Alfredo Day</b><br>9:30 Manicures, Makeup & Pet Day<br>Lunch-Fettuccini Alfredo<br>2:00 Painting Heart Canvases & Root Beer Floats<br>3:15 Therapeutic Circle<br>4:00 Bowling   | <b>8</b><br>9:30 1:1's<br>9:45 Gospel Music, Devotional, Prayer & Doughnuts<br>10:15 Pass The Ball-Stop Music<br>10:45 Board Games<br>2:00 Sorting By Color<br>3:30 Exercise & Hydration-Seated  | <b>9</b><br>9:30 Hair & Makeup<br>10:30 Color & Shape Matching Game<br>Patient Shopping<br>2:00 Valentines Day Jingo<br>3:15 Therapeutic Circle<br>3:45 Watch "The Blind Side" & Movie Snacks   | <b>10 National "Have A Brownie" Day</b><br>*Wear Your Football Attire Today*<br>9:30 Music Bar at the Hall<br>10:00 Who Am I? Guessing Game<br>10:30 Painting Roses<br>Lunch-Brats, Nachos & Brownies<br>2:00 Horseshoes & Subs<br>3:15 Exercise & Hydration-Dancing | <b>11</b><br>Independent Coloring & Puzzles Available          |
| <b>12</b><br>3:00 Church Service | <b>13</b><br>9:30 1:1's<br>9:45 Table Games<br>2:00 Guess the Silhouette Game<br>3:00 Healthy Snack Social & Music  | <b>14 Valentine's Day</b><br>9:30 Manicures & Makeup<br>2:00 Valentine's Day Party "Trip To Paris" (V-Day Dice Game & Paris Themed Snacks) w/ Annalea @ Legacy Hospice<br>3:15 Therapeutic Circle<br>4:00 Stick Figure Drawing, Coffee & Story Telling | <b>15 National Chewing Gum Day</b><br>9:30 1:1's<br>9:45 Gospel Music, Devotional, Doughnuts, & Prayer<br>10:15 Ladder Golf<br>Patient Shopping<br>2:00 Cooking with Kay<br>3:00 Hot Potato Game & Chewing Gum<br>3:30 Exercise & Hydration-Seated   | <b>16</b><br>9:30 Hair & Makeup<br>10:15 Mini Golf<br>10:45 Memory Game<br>2:00 Bingo<br>3:15 Therapeutic Circle<br>3:45 Watch "The Andy Griffith Show" & Movie Snacks                          | <b>17 18th- Wine Day</b><br>9:30 Alphabet Game<br>10:30 Balloon Volleyball<br>2:00 Orange Volcano<br>2:30 Music Social & Non-Alcoholic Wine<br>3:15 Exercise & Hydration-Tai Chi<br>3:45 Reminiscing w/Vintage Photos  | <b>18</b><br>Independent Coloring & Puzzles Available          |
| <b>19</b><br>3:00 Church Service | <b>20 National Muffin Day</b><br>9:30 1:1's<br>9:45 Timeless Trivia & Sweet Mayhem Muffins<br>2:00 Playing with Play-Doh<br>3:00 Music & Healthy Snack Social       | <b>21 National Biscuit &amp; Gravy Day</b><br>9:15 Biscuits & Gravy<br>9:30 Manicures & Makeup<br>2:00 Squeeze Ball Activity<br>2:30 Scrapbooking<br>3:15 Therapeutic Circle<br>3:45 Stringing Beads   | <b>22 National Cherry Pie Day &amp; National Margarita Day</b><br>9:30 1:1's<br>9:45 Gospel Music, Doughnuts, Devotional & Prayer<br>10:15 Things That Go Together Game (Lunch will have Cherry Pie)<br>2:00 Parachute Game<br>2:45 Music Reminiscing & Non-Alcoholic Margaritas<br>3:30 Exercise & Hydration-Seated | <b>23</b><br>9:30 Hair & Makeup<br>10:30 Charades<br>Patient Shopping<br>2:00 Jingo<br>3:15 Therapeutic Circle<br>3:45 Watch "The Golden Girls" & Movie Snacks                                  | <b>24</b><br>9:30 Nursery Rhymes Videos<br>10:30 True or False Word Game<br>2:00 Group The Picture's<br>3:15 Exercise & Hydration-Kickboxing<br>3:30 Birthday Party for February birthday's with Tristic @ Crown Hospice   | <b>25</b><br>Independent Coloring & Puzzles Available          |
| <b>26</b><br>3:00 Church Service | <b>27 National Chili Day</b><br>9:30 1:1's<br>9:45 Short Stories<br>Lunch-Chili<br>2:00 Matching Shapes<br>2:30 Picture Puzzle<br>3:00 Music Social w/Healthy Snack | <b>28</b><br>9:30 Manicures & Makeup<br>2:00 Coloring or Painting Famous Artist's<br>3:15 Therapeutic Circle<br>3:45 Cheese/Crackers/Grapes, Music Reminiscing & Dancing   | <b>*Calendars are Subject to change*</b>   | <i>Independent Activity Supplies available 24/7 in Activity Room and on Boothel Commons.</i>  | Individualized Programming to fit the need of the residents.   | <i>NHC Ice Cream Parlor Open 24 Hours A Day, 7 Days A Week</i> |