

Administrative Staff

Jessica Bader

Dr. Jackie Sutherland

Aaron Chase Alissa Hilburn

Emily Guthrie

Jennifer Ward

Kim Jones
Ashley Collins

Brandy McNabb

Sheri Reeves

Brad Deckard

Raymond Solijon

Michael Staggs

Courtney Ingram

Alicia Morris

Tonya Holmes

Rebecca Wagster
Debbie Massey

Administrator

Medical Director

Director of Nursing

Nettie Miles Unit Manager

Carl Adams Unit Manager

Admissions Coordinator

Social Services

Dietary Manager

Recreation Director

Laundry/Housekeeping

Director of Rehab

Asst. Director of Rehab

Maintenance Director

Medical Records Director

Bookkeeping/ Office Manager

Bookkeeping

Human Resources Director

MDS Coordinator

AUGUST 2023













Jpcoming Events

RESIDENT'S MEETING

3rd Monday of each month in the Activity Room @2:00pm

DINE IN (RESIDENT'S CHOICE) Every Third Thursday of Each Month @ Noon

BOOK CLUB-Every Tuesday Morning in the Activity Room @ 10:30am

PET DAY- First Tuesday of every month @ 10:00am, Bootheel Commons—9:30am

BINGO! Every Tuesday & Friday @ 2:00pm and twice a month on Saturdays @ 10:30am! We will be playing bingo on Friday, August 11th @ 10:00am instead of the afternoon due to End of **Summer Celebration.**

CHURCH SERVICE—Every Sunday @ 3:30pm, Bootheel Commons @ 3:00pm.

GOSPEL MUSIC-Every Monday @ 2:00pm

DOUGHNUTS & DEVOTIONAL Every Wednesday @ 10:45am.

MANICURES-Every Thursday @ 9:30am (because of high demand, every other Thursday we will also be doing manicures at 1:30pm); Bootheel Commons—every Tuesday @ 9:30am

EXERCISE & HYDRATION-Every Friday @ 10:30am & Every Monday & Wednesday at 10:15am. Bootheel Commons- Every Wednesday at 3:30pm & on Friday's at 3:15pm. There will be no exercise/hydration on Friday, August 11th due to End of Summer Celebration.

HEALTHY SNACK SOCIAL-Every Monday @ 3:00pm

Patient Shopping is done biweekly by the Social Services Department.

End of Summer Celebration-Water Fun & Summer Snacks-Friday, August 11th @ 2:00pm. Kids and Youth are encouraged to come join! This will be outdoors. There will be waterslides, sprinklers, frozen toys to break open, snow cones, watermelon, and water balloons.



Special Days

1st- Horse's Birthday

2nd-Forgiveness Day & Ice Cream Sandwich Day

3rd-National Watermelon Day

4th-Beer Day & Chocolate Chip Cookie Day

6th-Sisters Day

8th-Cat Day

9th-World Indigenous Day

10th-NHC Interior Design Partners Recognition Day & National S'mores Day

11th-Son & Daughter Day

12th-International Youth Day

13th-Left Handers Day

15th- Ferragosto Festival & Indian Independence

16th- National Tell A Joke Day & Lemon Meringue Pie Day

17th-Baby Boomer's Recognition Day

18th-Soft Serve Ice Cream Day

19th-Lighthouse Weekend & National Aviation Day (Orville Wright's Birthday 1871)

21st- National Senior Citizen Day

22nd-Be an Angel Day & Eat A Peach Day

24th- National Waffle Day & Peach Pie Day

25th- Daffodil Day & National Banana Split Day

30th- National Toasted Marshmallow Day

31st- National Trail Mix Day

Food Related: National Catfish Month & National **Peach Month**

NOTICEBOARD



LIBRARY SERVICE

We have a Library in the Activity Room and on 2 halls on the Nettie Miles unit, that is available 24 hours a day, 7 days a week. Magazines, games, puzzles and all purpose greeting cards are located in this section as well. There is also a corner in the Carl Adams dining room full of independent coloring, puzzles, games and trivia. The residents are encouraged to take advantage of these services as often as they please.

HAIRDRESSER

We have a hairdresser who attends twice weekly. Your loved ones are getting their hair cut and styled as they wish. If there is a certain way your loved one likes their hair, please let a partner know that way we can get them in to see the beautician!

August Partner Anniversaries

Debbie Massey- 30 Years Gloria Collier- 5 Years

Emily Guthrie- 10 Years

Rebecca Wagster-33 Years

Brenda Thompson-16 Years

Monica Thompson-1 Year

Laci Knuckles- 3 Years

Jennifer Ward- 8 Years

Nykkya Dickson- 4 Years **Facebook** Tonya Holmes - 21 Years Kayla George - 1 Year

THANK YOU

We would like to issue a heartfelt thanks to relatives, hospice companies, and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

Like us on

Can you contribute?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to the receptionist, or email us anytime.

Thank you!

The Month of August:

Admit You're Happy Month

Family Fun Month

American Artist Appreciation Month

National Immunization Awareness Month

National Golf Month

In August we celebrate birthdays:

RESIDENTS: Kay Cooper 8-01

Mary Dodson 8-04 Patricia Bailey 8-18 Barbara Roach 8-04 Steven Holsten 8-18

Zelma Lacy 8-05 Jerry Smith 8-22 Amelia Baugh 8-09 **Rhonda Kenner 8-23**

William Johnson 8-17 Anna Bryant 8-31

We encourage staff and residents to join us in the Carl Adams dining room on Wednesday, August 30th at 3:00 pm to celebrate! We will also celebrate on the Bootheel Commons at

Larry McNear 8-30



Laura Morrow 08-05

Angleina Pritchett 08-15

Clarice Adaway 08-24

Lisa Chastain 08-26

Jada Clark 8-29

Jennifer Tucker 8-31



CELEBRITY BIRTHDAYS

Halle Berry 08-14-1966

Steve Corell 08-16-1962

Robert De Niro 08-17-1943

Patrick Swayze 08-18-1952

Andrew Garfield 08-20-1983

Kenny Rogers 08-21-1938

Sean Connery 08-25-1930

Shania Twain 08-28-1965

Cameron Diaz 08-30-1972

Macaulay Culkin 08-26-1980

Tim Burton 08-25-1958

Bill Clinton 08-19-1946

Donnie Wahlberg 08-17-1969

Jennifer Lawrence 08-15-1990

Laurie Clipson 8-12

ason Momoa 08-01-1979 Wes Craven 08-02-1939 Martin Sheen 08-03-1940 Martha Stewart 08-03-1941 Tony Bennett 08-03-1926 Tom Brady 08-08-03-1977

Billy Bob Thorton 08-04-1955 Cole & Dylan Sprouse 08-04-1992 Charlize Theron 08-07-1975 **Dustin Hoffman 08-08-1937**

Anna Kendrick 08-09-1985 Sam Elliot 08-09-1944

Melanie Griffith 08-09-1957 Antonio Banderas 08-10-1960

Chris Hemsworth 08-11-1983 Hulk Hogan 08-11-1953

Magic Johnson 08-14-1959 Mila Kunis 08-14-1983

Steve Martin 08-14-1945

Ben Affleck 08-15-1972

Madonna 08-16-1958

Sean Penn 08-17-1960

Robert Redford 08-18-1936

Matthew Perry 08-19-1969

John Stamos 08-19-1963

Amy Adams 08-20-1974

Kobe Bryant 08-23-1978

Blake Lively 08-25-1987

Melissa McCarthy 08-26-1970

Jack Black 08-28-1969

Michael Jackson 08-29-1958

Richard Gere 08-31-1949

August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: Leo & Virgo

Birthstone: Peridot Flower: Gladiolus

Missing

I've hunted near, I've hunted far, I even looked inside my car, I've lost my glasses, I'm in need, To have them now so I can read. I loudly swear, and I curse, Did I leave them in my purse? Are they behind the sofa or under the bed? OH! there they are - on my head!

Leo (July 22 -August 21)

By Anne Scott

Lovable Leos are famously known for their exuberance, loyalty and self-confidence.

Virgo (Aug 22 - Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

Partner of the Month



NHC would like to remind everyone to contact the Recreation Department, if you would like to volunteer or donate. Volunteers of all ages are welcome! Also, visitation is open for family & friends.



This month's Partner of the Month goes to Latondra Wilson! Latondra has been a CNA (Certified Nursing Assistant) for 8 years. She was born in Kennett and has lived here her entire life. She was big into playing volleyball in high school and she graduated in 2014. She has 2 children, a 9 year old daughter named Lamiyah and an 8 year old son named Bentrell. In her free time she enjoys playing with her kids. Latondra stated, "I enjoy spending time with my patients and getting to know them in between taking care of their wants and needs. That is my favorite thing about my job." Congrats Latondra!!!



August is like the Sunday of Summer



August in History: Pluto Downgraded

The redefinition of Pluto as a "dwarf planet" in 2006 by

the International Astronomical Union prompted scientific discussions, reshaped

our understanding of the solar system, and sparked renewed curiosity about celestial objects.

Resident Spotlight



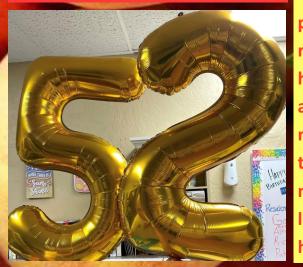
Why doesn't the sun go to college?

Because it already has a million degrees!

Quote of the Day

Life is 10% what happens to you and 90% how you react to it.

NHC (National Healthcare)
Celebrated their 52nd
Anniversary on July 23rd.



Our Resident Spotlight this month is Terry Batchelor! Terry is such a joy to be around. He will brighten your day the second you say hello to him. He is always smiling, laughing, loves to joke around with residents and staff and is such a loving and caring man, it is hard not to adore him. Terry was born in Kennett and growing up he moved back and forth between Kennett and Senath. His brother Ricky is his roommate and Terry stated, "He is my best friend." He stated his other best friends are Brad & Raymund in the therapy department & Randy (Brandy) in the recreation department. He even has 2 stuffed animals in his room named after Brad & Raymund. He also has 3 sisters named Margie, Phyllis, and Janice. He has 2 nephews and 3 nieces who he is very proud of. He said that his best memory of growing up was playing with all of his toys. He loves to dance and sing. He sings to the staff and will also dance with them. It is such a joy to hear him singing. He also likes making up rhymes. Terry's favorite food is cheeseburgers and his favorite activity is going to book club and listening to Kay (recreation assistant) read. He loves to look at books, especially ones with lots of pictures. Terry is of the Baptist faith and stated he really misses his church but enjoys the church they have at NHC on Sundays. When asked if he had anything else he wanted to say, he stated "I've never been married and never want to be, girls are too much trouble. I have lots of friends here that make me happy, I don't need a wife." He really is a lot of fun to talk to. We love being around him and his joyful presence.