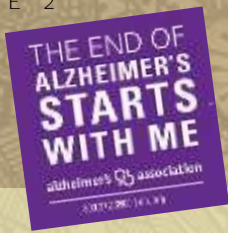


" The breezes taste  
Of apple peel.  
The air is full  
Of smells to feel-  
Ripe fruit, old footballs,  
Burning brush,  
New books, erasers,  
Chalk, and such.  
The bee, his hive,  
Well-honeyed hum,  
And Mother cuts  
Chrysanthemums.  
Like plates washed clean  
With suds, the days  
Are polished with  
A morning haze. "

- John Updike, *September*





# WALK TO END ALZHEIMER'S

### Upcoming Alzheimer's fundraisers:

Purple Fridays. All partners, residents, and family members are encouraged to wear purple. Purple Flowers and Purple Bracelets will be on sale in September for \$1 each.

Mud Bath Challenge- September 6th is the day whoever has the most money in the money war jars will be taking a mud bath in the garden. We will live stream this to the tv in the living room .

**Rosa's Potato Soup**- September 4th 10:30-3pm.

**The Alzheimer's Walk** at St. Charles Community College is September 28th. Please see Kyra in Social Services or Bridget in Admissions to register to walk on our team!

### Fundraising Totals so far...

Queen of Hearts—\$103

Omelets for a Cure—203.74

**Lauren's Cupcakes for a Cure**—344+

Homemade Jams/pickles by Hema- 49+



We are excited to be working with Amphorae Publishing Group. This is a woman and veteran owned business. Amphorae works with authors across the United States to publish titles over a wide range of genres. We received 2 copies of their newest releases. We will be loaning these out on a weekly basis and giving an overview here each month in our newsletter. All titles are available for purchase online.



### Amphorae Book Overview—A Slant of Light by Steve Wiegenstein

Set on the verge of the civil war, this novel traces the lives of James Turner, an impulsive writer and lecturer; Charlotte, his down-to-earth bride; and Cabot, a Harvard-educated abolitionist as they are drawn together deep in Missouri Ozarks.

Turner dreams of building a new utopian society, and nity Daybreak. The problem is some involved in the being the leader of this remote farming community ships accompanying rural life, maturing quickly to husband's betrayals, and her own budding attraction staying near the women he loves and leaving Day- gets closer, the members of Daybreak need to make



he is given a stretch of land to found his new commu- project are not doing so willingly, and Turner finds isn't how he envisioned it. Charlotte faces the hard- deal with the challenged faces the community, her to Cabot. At the same time, Cabot struggles between break to join the fight against slavery. As the war choices in their political and personal lives.



Join us for a Sip and Savor event Thursday, September 5, 5-8 pm at Lakeside 370. \$30 Ticket. Sip and Savor will host local restaurants waiting to dish out their finest. A vast array of food and beverage vendors to enjoy a delightful evening of fun, food, and drinks while listening to live music.



## Home

Robert Chronister  
 Patsy Stewart  
 Nancy Samuels  
 Shelia Gist  
 Melvin Janis  
 Shirley Cox  
 Darlene Kaid  
 Carol Schuler  
 Charlotte Pfluger

## Resident Birthday's!

Shirley Mercer	9/11
Adriane Bradley	9/11
Emerita Maldonado	9/18
Audrey Hysore	9/26

## In Memory

Marjorie Rightmire  
 Eleanor Mehrhoff  
 James Darrah  
 Joyce Brannan  
 Gerald Poeling  
 Constance Stephens  
 Dorothy Haynes

## Welcome

Darlene Rhodes  
 Robert Buskirk  
 Mary Burton  
 Shelia Cissell  
 Carol Schuler  
 Don Ohara  
 Ruth Stricker  
 Charlotte Lang  
 Barbara Bridgewatersearle  
 Loretta Ford

## Partner Anniversaries

Venus Cato— 2007  
 Lindsey Gibbons—2017  
 Tracy Johnson—2012  
 Danielle Morrison—2012  
 Brooke Sagerty—2017  
 Lauren Schiefelbein— 2018  
 Sherman Stewart— 2004  
 Ashley Washington- 2010  
 Hope Zweifel— 2014

## Pam's Pen

Flu consent forms are going to be sent out. Our goal is 100% participation. If you can return your loved ones forms ASAP, it is appreciated. It helps us get the laborious task of paperwork started. We will send an information sheet with the

# NHC St. Charles HealthCare

35 Sugar Maple Lane

Seth Peimann	Administrator
Stacy Arroyo	Director of Bookkeeping
Yolanda Nash	Health Info Services Director
Marniquce Campbell	Dietary Manager
Nichole Bouchard	Director of Recreations
Pam Swihart	Director of Nursing
Kyra Luther	Director of Social Services
Donna Davis	Facility Rehab Coordinator
Karl Schnoor, RD	Director of Food and Nutrition services
Edward Oketch	Director of Environmental Service

Phone: 636-946-8887

Fax: 636-946-9288

E-mail: nichole.bouchard@nhccare.com



## Super September

Every Friday- Wear Purple  
**Alzheimer's flowers are**  
available for purchase for \$1

Wednesday, September 4th  
**Rosa's Potato Soup Fundraiser \$3, 10a-1p**

Friday, September 6th 10:30  
Mud Bath for the person who raised the  
most money at the front desk.

Friday, September 13th  
Music W/ David Green @ 10  
Meal of the Month—Free Meal W/ Family

Friday, September 20th  
Casino Day with  
Department Heads @ 10:30

Friday, September 27th  
Music with  
Anita Rosemond @ 10:30

Saturday, September 28th  
Walk for a Cure  
@ St. Charles Community  
College

Dine In: Mod Pizza Due 9/13

Resident Shopping Requests  
Due 8/30 and 9/17 for  
pick up 9/3 and 9/17  
Walmart & Dollar Tree