

SUN	MON	TUE	WED	THUR	FRI	SAT
		8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ring Toss (W) 10:00 AM Room Visits (FW) 10:30 AM New Month...New Calendar! (FW) 10:30 AM Time to Bake! (Sprinkles Cookies) (LEC) 2:30 PM 1:1 Visits (FW) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Chatting by the Birds (Bird Cage) 10:30 AM Roll-A-Picture Craft & Game(Happy Fall) (LEC) 2:30 PM Lottery Bingo (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:45 PM Evening News Chatter and Coffee. (Ch.5) (LEC)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Reminiscing & Trivia (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Indoor Fishing! (W) 10:30 AM Independent Activity Cart Comes to You (FW) 2:30 PM NHC Welcome baskets (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 10:30 AM Saturday Morning Exercise (W) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 2:45 PM Afternoon Scarf Exercises (W) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
Daylight Savings Time Ends 9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Bowling (W) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Office Assistants Group (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:15 AM Encouragers Music LIVE (Main Dining Room) 2:30 PM 1:1 Visits (FW) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ring Toss (W) 9:45 AM Ping Pong Toss (W) 10:00 AM Room Visits (FW) 10:30 AM Time to Bake! Salted Caramel Pretzel Cups (LEC) 2:30 PM Coloring Crafts (W) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Music Therapy VISITS! (FW) 10:30 AM Courtyard Chats (Courtyard) 10:30 AM Music Therapy with Traci Z. (LEC) 1:30 PM Resident Council (LEC) 2:30 PM Lottery Bingo (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:45 PM Movie Night (W)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Bowling! (W) 10:00 AM Calendar Planning (LEC) 10:30 AM Puzzle Packs (FW) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW)	Veterans Day 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Independent Activity Cart Comes to You (FW) 11:30 AM Veteran's Day Luncheon (LEC) 2:30 PM Crafting w/Virginia (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 10:30 AM Fueling Station Prayer Ministry (LEC) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Morning Balloon Volleyball (C) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Puzzles and Table Games (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Penny Toss (W) 10:30 AM Table Ball (W) 10:30 AM Arts & Crafts(Foam craft) (LEC) 2:30 PM Letter & Card Writing (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ring Toss (W) 9:45 AM Ping Pong Toss (W) 10:30 AM Room Visits (FW) 10:30 AM Chili Cookoff (LEC) 2:00 PM Will Parker (LEC) 2:30 PM MyndVR- Virtual Reality (FW) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Chatting by the Birds (Bird Cage) 10:30 AM Roll-A-Picture Craft & Game(Fall mobile) (LEC) 2:30 PM Lottery Bingo (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:45 PM Evening News Chatter and Coffee. (Ch.5) (LEC)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Nail Care (FW) 2:30 PM Tony Washington Sings LIVE (LEC) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:15 AM Jim Seem Plays the Oldies (LEC) 10:30 AM Independent Activity Cart Comes to You (FW) 2:30 PM Fall craft w/Takema (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 10:30 AM Saturday Morning Exercise (W) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Morning Balloon Volleyball (W) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Sunday Afternoon Baking(Snickerdoodle) (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Batting Practice (W) 10:30 AM Balloon Volley (W) 10:30 AM Spot the Difference (FW) 2:30 PM Matinee Movie Mondays (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ping Pong Toss (W) 10:00 AM Lovely Hymns LIVE (Main Dining Room) 10:00 AM Room Visits (FW) 2:30 PM Jewelry Making (LEC) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Music Therapy VISITS! (FW) 10:30 AM Courtyard Chats (Courtyard) 10:30 AM Music Therapy with Traci Z. (LEC) 2:30 PM Monthly Birthday (FW) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:45 PM Movie Night (W)	Thanksgiving 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Bowling! (W) 10:30 AM Sewing Craft(Sweet Potato Pie) (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Independent Activity Cart Comes to You (FW) 2:30 PM NHC Welcome baskets (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 10:00 AM Deck the Halls w/ Michael (Lobby and Dinning room) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Morning Balloon Volleyball (C) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Story Lines (LEC) 10:30 AM Table Ball (W) 2:30 PM Words With... (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ring Toss (W) 10:00 AM Room Visits (FW) 10:30 AM Time to Bake! (LEC) 2:30 PM MyndVR- Virtual Reality (FW) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Chatting by the Birds (Bird Cage) 10:30 AM Roll-A-Picture Craft & Game(Finger Puppets) (LEC) 2:30 PM Lottery Bingo (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:45 PM Evening News Chatter and Coffee. (Ch.5) (LEC)	LOCATION KEY BS - Beauty Shop C - Cooper Day Room FW - Facility Wide LEC - Life Enrichment Center W - Wando Day Room		

November 2022

NHC Charleston 2230 Ashley Crossing Drive 29414 (843)766-5228

