

MARCH 2023
VOLUME: 2 ISSUE: 3

The Grapevine

NHC HealthCare of Mauldin Newsletter



A Month of International Celebrations!

March is the beginning of a new season, Spring! All around the world countries celebrate this arrival of color, new life, and love; and we never say no to a party! In the spirit of spring, we will be celebrating all month along with different cultures from around the world.

What are some ways that you welcome the arrival of spring? Anything from planting new flowers, doing a spring cleaning of your closet, or simply going outside to enjoy the sunshine; we love to welcome the warmer weather and the new season.

We encourage you to get out and enjoy the sunshine! In honor of the season of new birth, do something new!

NHC
HEALTHCARE
MAULDIN

Administrative Team

Administrator

Gideon Sellars

Director of Nursing

Carrie Turnquist

Business Office

Lisa Bollinger

Admissions and Social Services

Waleed Berber

Rehab

Evan Hammett

Dietary

David Cathcart

Medical Records

Yolanda Brockman

Plant Operations

Joey Hanks

Activities

Brittany Ashbrook

Laundry & Housekeeping

Lamel Porter

Resident of the Month

Margaret "Sherry" Johnson



Margaret is one of our new residents at NHC Mauldin!

She was born in Belton, South Carolina and has two children. She also has one beautiful grand daughter.

Margaret, AKA Sherry, has many hobbies. Her first love is go to shopping! She also loves to go out to eat and would go to her favorite restaurant daily. She also enjoys gardening and being outside. She loves to have fun, socialize, and being with other people. We are so glad you are here Sherry! Welcome to NHC Mauldin!

Resident Events

- March 1 - St. David's Day Celebration!
- March 3 - Resident's Council
- March 8 - Tony Washington
- March 14 - March Madness!
- March 16 - Gospel Music with Benny
- March 17 - St. Patrick's Day Parade and Party!
- March 22 - Drive-In Movie: Leap Year
- March 24 - Color Fest
- March 31 - Memorial Service



PARTNERS OF THE MONTH

Rebecca Scribano

Rebecca Scribano is a very hardworking and compassionate CNA. She started out in the CNA class taught here at NHC and she has done such an amazing job since starting on unit 1. She is always willing to help out anyone with any task. She is great at orientating our new CNAs and helping with the students in the class. We truly blessed to have her here at NHC!



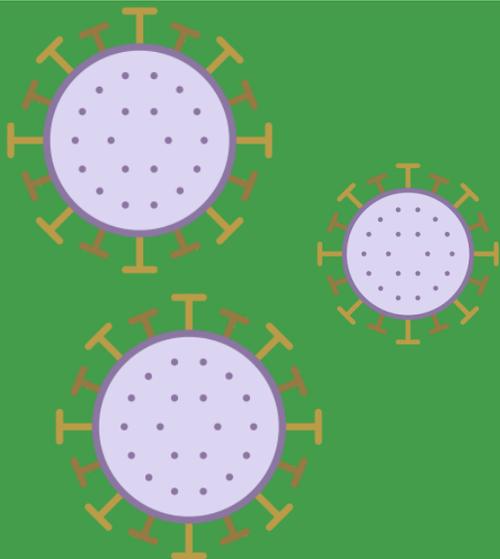
Octavia Perry

Octavia has been a pivotal partner 10 years. She is always willing and eager to help with whatever is needed. She goes above and beyond helping with activities, residents transportation to and from areas around the building, and anything else that needs to be done. Octavia is a perfect example of someone who always goes above for the residents and has a smile on her face.

COVID-19 and Influenza

In the month of November we had a total of 9 residents with COVID, and 12 residents with the Flu. Symptoms of COVID-19 and the flu are fever, chills, sore throat, runny nose, headache, cough, and body aches. We continue to instill infection prevention practices of hand hygiene, wearing masks throughout the building, not visiting loved ones when sick, and offering vaccine/booster clinics periodically.

If you have any questions or are interested in your loved one receiving their COVID-19 vaccination or Bivalent booster please reach out to Tabatha Elliott, Infection Prevention.





ALL ABOUT MARCH

March 1 - 20: Pisces (The Fish)

March 21 - 31: Aries (The Ram)

Pisces are incredibly sensitive and empathetic. They often tap into their boundless imaginations and dreamy attitudes to become accomplished artists.

Rams are headstrong, charging forward into adventures with confidence and ambition. Aries' charisma and confidence make them effective leaders.

Flowers: Daffodils

Special Day: Girl Scout Day, March 12

Birthstone: Aquamarine

Fun Fact: The first telephone was patented on March 7th, 1876 by Alexander Graham Bell.

HAPPY BIRTHDAY!

If you see the following partners this month, wish them a Happy Birthday!

- 1 - Glenda Lone
- 4 - Jennifer Balon
- 4 - Kieaunna Downs
- 6 - Jennifer Gilstrap
- 11 - Ellen Martin
- 12 - Courtney Harkness
- 12 - Jennie Province
- 22 - Cheryl Tutt
- 24 - Adam Patterson
- 28 - Okemia Blackmon



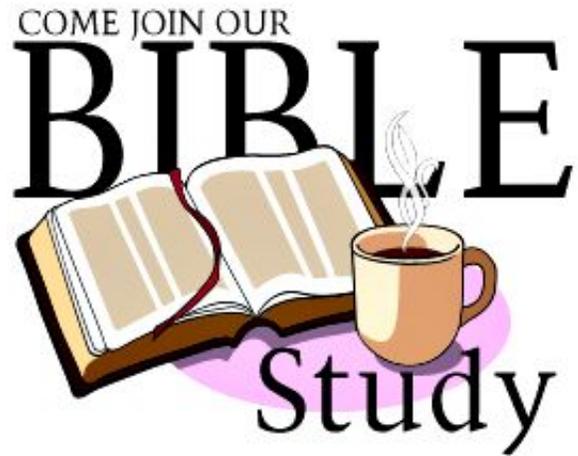
Sunday March 12th is the start of Daylight Savings Time, remember to set your clocks forward one hour! Daylight savings time was first suggested in 1784 by Benjamin Franklin as a satirical suggestion, but was implemented during World War 1 to conserve energy. One year ago the U.S. Senate passed the Sunshine Protection Act, making Daylight Savings Time permanent, but the House of Representatives has yet to vote on it.

Bible Study with

Joe Franks

Starting this month we will be having a new Bible Study. Joe Franks is the senior pastor at Horizon Church and will be leading a weekly Bible Study on the Parables of Jesus. Each week will be centered around a different parable, join anytime!

Anyone who is interested in attending please let an activities partner know.



The Hindu festival of Holi has been celebrated on the Indian subcontinent since the fourth century. It is celebrated at the end of winter and this year falls on March 8th. The holiday has many names: The Festival of Spring, the Festival of Colors, and the Festival of Love. Like many spring festivals, Holi is a holiday of rebirth and renewal.

Historically, Holi was an agricultural festival, a time to give thanks to the fertile land and the crops it brings. For Hindus, it is also a holiday of forgiveness and new starts. People forgive past wrongs and renew relationships.

This year, NHC Mauldin will hold a Color Fest as our version of this special event to celebrate the arrival of Spring! We will celebrate all the colors of this wonderful season by eating fresh fruits, drinking colorful drinks, and doing art projects and a very special color smash event!

Come Celebrate the arrival of Spring with NHC Mauldin!

Color Fest!



Holi's colors have symbolic meaning.

Red symbolizes love while yellow represents health and happiness

ST. DAVID

VS

ST. PATRICK?



Born: c. 520 near St. Bride's Bay, Pembrokeshire, Wales. According to legend, he was born during a fierce storm, the spot is now marked by the ruins of Non's Chapel. A well nearby is said to have healing powers

St. David later became a renowned pracher, founding monastic settlements in Wales, Brittany, and southwest England.

St. David followed a simple life. He and his monks ploughed fields by hand (not using oxen) and was a vegetarian! They didn't at any meat or drink any beer.

St. David died on March 1, 589 AD. His last words to his followers came from a sermon he gave on the previous Sunday: "Be joyful, keep the faith, and do the little things that you have heard and seen me do." The phrase "do the little things in life" is still a well-known saying in Wales.

Born: c. 387 in Roman Britain.

When he was around 14 he was captured by Irish pirates and taken back to Ireland as a slave to herd and tend sheep. He was a captive in Ireland until he was 20 years old, when he escaped and returned to Britain to be with his family.

A few years after returning to Britain, St. Patrick had a vision which prompted him to study for the priesthood. He studied under St. Germanus, who also ordained him. He was later ordained as a bishop and was sent to take the Gospel to Ireland.

Patrick preached and converted all over Ireland for 40 years. He often used the shamrock to explain the Holy Trinity, and converted thousands of people.

He died March 17, 461.

Use the visual clues in the puzzle to figure out the common phrase!

The first 3 people to give the correct answers to Brittany will win a free snack off the snack cart!

FUSS
nothing

Gun Jr.