

Macon

HEALTH CARE CENTER



Our Staff

Administrator

Rachel Richardson, MHA

Office Manager

Jennifer McGhee

Secretary

Vickie Latchford

Director of Nursing

Jodi Crawford, RN, BSN

Care Plan Coordinator

Cathy Snodgrass, RN

Social Services Director

Corey Blackford

Housekeeping/Laundry Supervisor

Leatta Magruder

Maintenance Director

Steve Crawford

Dietary Manager

Dakota McKenzie

Restorative Coordinator

Rachel Zamora, LPN

Regional Medical Records Dir.

Michelle Knowles, RHIT

Medical Records Director

Julie Collins

Medical Director

Dr. James McDowell

Activity Director

Penny McCully

Therapy Director

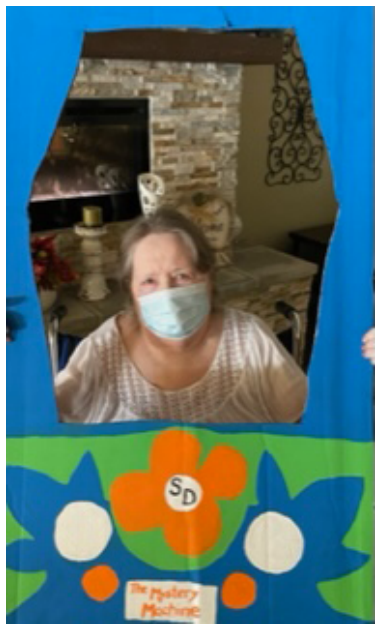
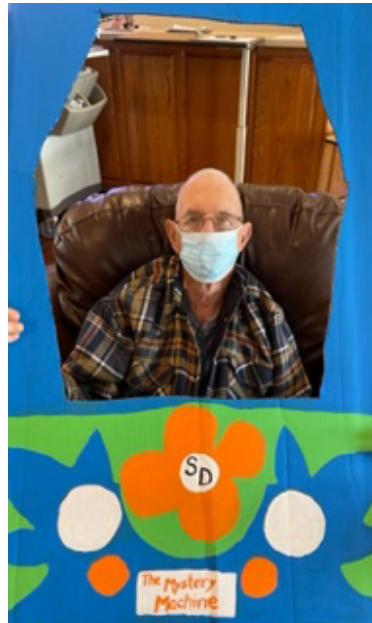
Kali Kelso, ST



Scooby-Doo Day

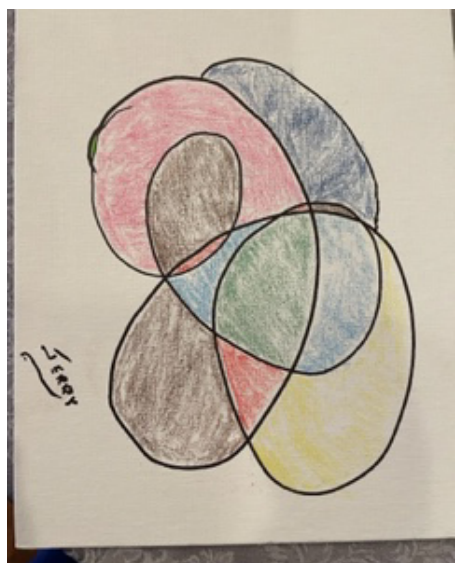
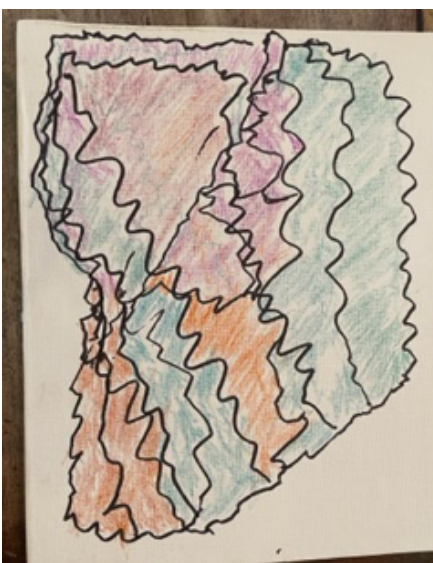
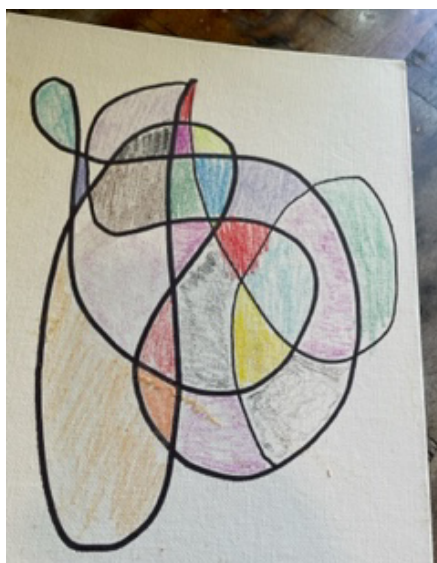
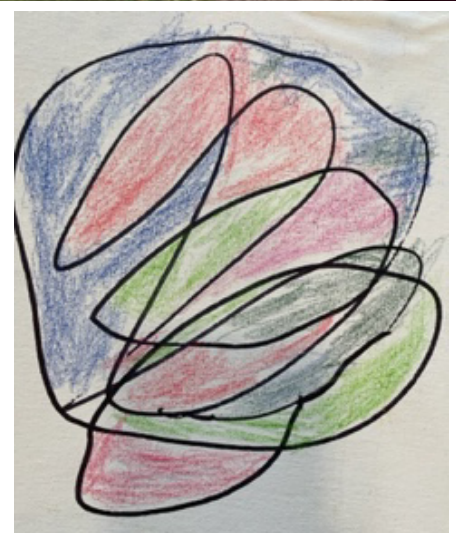
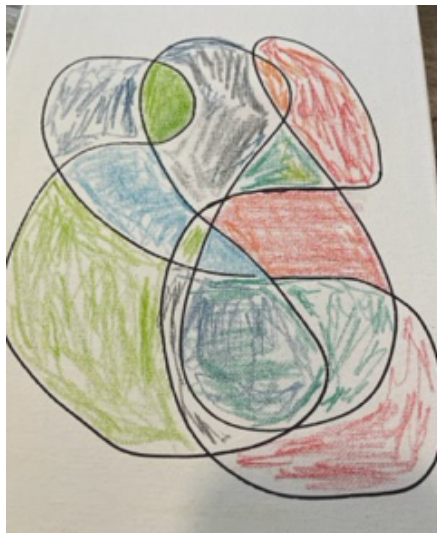
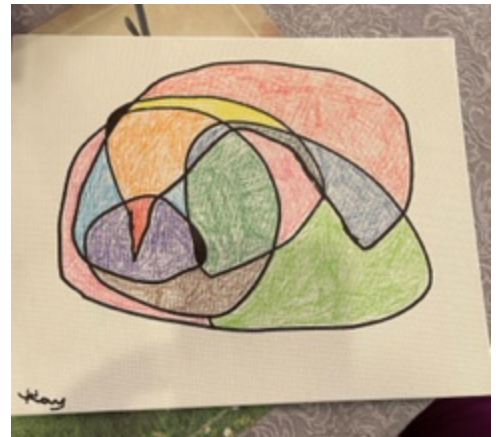
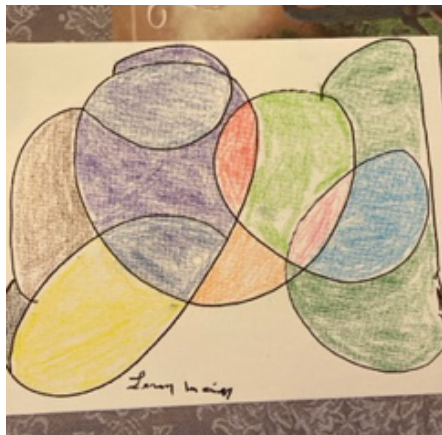
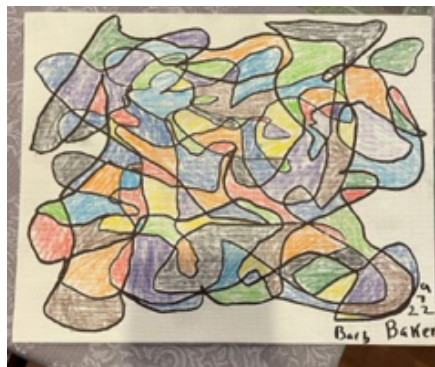


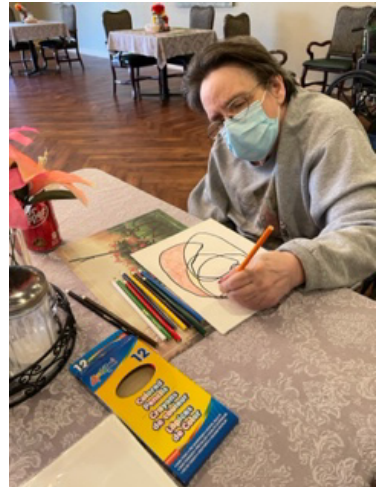
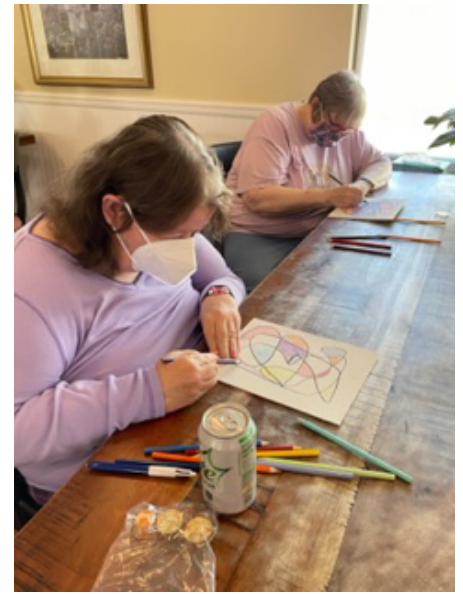
Lunch served was
Cheese Pizza,
Swamp Dip,
Chilly Chips
and
Scooby Snacks



Macon Health Care Center - 3 - "Caring in a Better Way, Day-by-Day"

ART THERAPY





**Our Residents like to Play BINGO.
If you have any items you would like to donate
for prizes contact Penny, 660-385-5797**

We LOVE our Volunteers



Music by
Glen Moots & Margaret Hall



Bill Lear & Friends Music

*"In October, a maple tree before your window lights up
your room like a great lamp.
Even on cloudy days, its presence helps to dispel the gloom."*
JOHN BURROUGHS

*"October, tuck tiny candy bars in my pockets
and carve my smile into a thousand pumpkins...Merry October!"*
RAINBOW ROWELL



Mail Is Delivered
To Our Residents
Every Day, MONDAY
THROUGH SATURDAY!

**RESIDENT COUNCIL IS
HELD ON THE 3rd WEDNESDAY
OF EVERY MONTH.**

If you have any questions, please contact
Rachel Richardson, Administrator or
Penny McCully, Activity Director

Our *Wonderful* Therapy Department

OVER 50 YEARS OF COMBINED EXPERIENCE BETWEEN OUR
PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY



“PUPPY CHOW”

is one of our
favorite snacks
we enjoy
and it is so
easy to make



**VISITS CAN BE ANY TIME, FEEL FREE TO CALL AND SCHEDULE AN
APPOINTMENT TO SEE YOUR LOVED ONE, 385-5797.
CALL US WHEN YOU ARRIVE SO WE CAN OPEN THE DOOR FOR YOU.**



Autumn Word Search

W	J	W	O	R	C	E	R	A	C	S	U	K	T	N
E	H	X	S	N	I	K	P	M	U	P	O	M	I	D
R	G	C	J	W	U	Z	J	Q	L	D	H	J	U	K
T	A	E	Y	E	L	L	O	W	K	S	P	U	O	M
I	D	K	G	C	J	L	L	A	B	T	O	O	F	J
S	K	T	I	E	H	X	T	S	I	A	K	A	P	U
D	M	I	D	N	G	C	J	W	E	Z	L	Q	L	C
R	J	U	R	T	G	E	H	Z	T	L	I	A	N	O
U	U	O	M	I	D	R	I	C	J	W	U	Z	O	L
O	C	H	J	N	K	A	S	E	L	P	P	A	S	O
G	S	P	U	O	M	I	D	R	G	C	J	W	A	R
J	Q	L	D	H	J	U	K	T	L	E	A	V	E	S
I	E	G	N	A	R	O	T	I	D	R	G	C	S	W
H	A	R	V	E	S	T	J	U	K	T	N	E	H	X
T	S	I	A	K	S	P	U	O	A	I	D	R	G	C

See how many of these autumn related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindvall
Grand Poets Herald 2012

- | | | | |
|-----------|-------------|---------------|------------|
| 1. Autumn | 5. Raking | 9. Gourds | 13. Corn |
| 2. Fall | 6. Harvest | 10. Football | 14. Maize |
| 3. Leaves | 7. Pumpkins | 11. Season | 15. Yellow |
| 4. Colors | 8. Apples | 12. Scarecrow | 16. Orange |

ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

All Activities are subject to change as conditions change and to meet the needs

MACON UNIT



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Games Available Cards, Checkers & Puzzles	3 9:00 BINGO 10:30 ...Morning Stretch 1:00Hangman PUMPINK PATCH OUTING	4 9:00 Oh, Shoot Dice Games 10:30 ...Nail Spa 1:00Daily Devotionals	5 9:00Bingo 10:30 ...Nail Spa Who Am I? 1:00Balloon Volleyball Memory Boxes	6 9:00Ball Bounce 10:00 ...Pastor Kohn 1:00Sorry Game	7 9:00 Daily Devotionals 1:00 Oh, Shoot Dice Game	8 10:00 ...Bingo 9:00Bingo
9 Games Available Cards, Checkers & Puzzles	10 9:00Bingo 10:30 ...Parchute Fun 1:00Yaltzee	11 9:00Washer Toss 10:30 ...Nail Spa 1:00Arm Chair Travel	12 9:00Bingo 10:30 ...Nail Spa/Hand Messages 1:00Who Am I? Memory Boxes	13 9:00Chair Yoga 10:30 ...I've Got It! 1:00Parachute Fun	14 10:30 ...Morning Stretch 1:00Card Sharks	15 9:00Bingo
16 Games Available Cards, Checkers & Puzzles	17 9:00Binog 10:30 ...Morning Stretch 1:00Daily Devotional & Hymns	18 9:00Pass the Pigs 10:30 ...Nail Spa 1:00How Is It Made?	19 9:00Bingo 10:30 ...Nail Spa/Hand Messages 1:00Sorry Game Memory Boxes	20 9:00Ball Bounce 10:30 ...Parachute Fun 1:00I've Got It!	21 10:30 ...Hangman 1:00Who Am I?	22 9:00Bingo
23 Games Available Cards, Checkers & Puzzles	24 9:00Binog 10:30 ...Card Sharks 1:00Daily Devotional	25 9:00Pass the Pigs 10:30 ...Nail Spa 1:00Craft Time	26 9:00Bingo 10:30 ...Nail Spa/Hand Messages 1:00How Is It Made? Memory Boxes	27 9:00Washer Toss 10:30 ...Who Am I? 1:00Balloon Volleyball	28 9:00Morning Stretch 1:00Rummy! Cards	29 9:00Bingo
30 Games Available Cards, Checkers & Puzzles	31 9:00Binog 10:30 ...Parachute Fun 1:00Halloween Party					

ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>All Activities are subject to change as we continue to follow the CDC Guidelines</i></p> <p>4:30Church with James Wells</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>10:00 ...Chair Yoga</p> <p>1:30Bingo</p> <p>3:00LCR Game</p> <p>Outings for Pumpkin Patch 10 am & 2 pm</p>	<p>8:30Door to Door</p> <p>9:00Balloon Toss</p> <p>10:00 ...Bible Study with Bill Lear</p> <p>1:30Trivia</p> <p>3:00Nail Spa</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:00Crafter's Corner</p> <p>11:00Piano by Annabell</p> <p>1:00Bingo</p> <p>3:00Oh Shoot! Dice Game</p>	<p>8:30Door to Door</p> <p>9:00Morning Stretch</p> <p>9:30Coloring Packets in Activities</p> <p>2:00I,ve Got It!</p>	<p>Dress Up Days</p> <p>October 7 - Smile Day - Bright Colors</p> <p>October 14 - Breast Cancer Awareness - Wear Pink</p> <p>October 21 - Orange & Black Day</p> <p>October 28 - Fall Festive Colors</p>	<p>10:00 ...Bingo</p>
<p>4:30Church with James Wells</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:30Morning Stretch</p> <p>10:00 ...Alail Spa</p> <p>1:30Bingo</p> <p>3:00Skip Bo</p>	<p>8:30Door to Door</p> <p>9:30Cook's Corner</p> <p>1:30Balloon Volleyball</p> <p>2:30Music Trio</p> <p>3:30Devotional/Hymns</p>	<p>Under the Big Top</p> <p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>10:00 ...Bingo</p> <p>11:00Piano by Annabell</p> <p>1-3:00 ...MACC Nursing Carnival Games</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:00CST Group</p> <p>10:30 ...Daily Devotion</p> <p>2:00Hangman</p> <p>3:30Trivia</p>		<p>10:00 ...Bingo</p> <p>Games available in activity room, puzzles, checkers, cards</p>
<p>4:30Church with James Wells</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:30Chair Yoga</p> <p>10:00 ...Bingo</p> <p>2:00Glen Moots Family Music</p> <p>3:00Courtyard Visit</p>	<p>8:30Door to Door</p> <p>9:30Men's Group</p> <p>How's it made?</p> <p>10:30 ...Balloon Toss</p> <p>1:30Arm Chair Travel</p> <p>Fall Foliage</p> <p>3:00Nail Spa</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:00Ball Bounce</p> <p>10:30 ...Resident Council</p> <p>11:00Piano by Annabell</p> <p>1:30Bingo</p> <p>3:00Devotional/Hymns</p>	<p>8:00Therapeutic Circle</p> <p>9:00Door to Door</p> <p>9:00CST Group</p> <p>10:30 ...Daily Devotional</p> <p>1:30October Birthday Party</p> <p>3:30LCR Game</p>		<p>10:00 ...Bingo</p> <p>Activities always available in Activity Room</p>
<p>4:30Church with James Wells</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:30Morning Stretch</p> <p>2:00Bill Lear & Friends Music</p> <p>3:15 ...Yahrtzee</p>	<p>8:30Door to Door</p> <p>9:30Ladies Group</p> <p>10:30 ...Chair Yoga</p> <p>1:00Nail Spa</p> <p>2:30Music Trio</p> <p>3:30Devotional/Hymns</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:30Balloon Volleyball</p> <p>10:00 ...LCR Game</p> <p>11:00Piano by Annabell</p> <p>2:00Bible Study with Josh</p> <p>3:00Hangman</p>	<p>8:00Door to Door</p> <p>9:00Chair Yoga</p> <p>9:30Puzzle Packets in Activities</p> <p>1:00Movie & Snacks</p>		<p>10:00 ...Bingo</p> <p>Activities always available in Activity Room</p>
<p>4:30Church with James Wells</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:30Morning Stretch</p> <p>2:00Bill Lear & Friends Music</p> <p>3:15 ...Yahrtzee</p>	<p>8:30Door to Door</p> <p>9:30Ladies Group</p> <p>10:30 ...Chair Yoga</p> <p>1:00Nail Spa</p> <p>2:30Music Trio</p> <p>3:30Devotional/Hymns</p>	<p>8:00Therapeutic Circle</p> <p>8:30Door to Door</p> <p>9:30Balloon Volleyball</p> <p>10:00 ...LCR Game</p> <p>11:00Piano by Annabell</p> <p>2:00Bible Study with Josh</p> <p>3:00Hangman</p>	<p>8:00Door to Door</p> <p>9-10:30 Trunk of Treat</p> <p>1:00Oh, Shoot Dice Game</p> <p>3:30Tumbling Towers</p>		<p>10:00 ...Bingo</p> <p>Activities always available in Activity Room</p>

HAPPY BIRTHDAY



Happy
Birthday!

September Birthdays

STAFF

Trisha Seward - 10/18
Leaetta Magruder - 10/19
Jana Reed - 10/26
Amy Langdon - 10/29

RESIDENTS

Barbara Baker - 10/1
Thomas "Jack" Nelson - 10/18
Gerald Maloney - 10/21
Elisabeth Blodgett - 10/29



**PLEASE HELP US IN SENDING A BIRTHDAY CARD SHOWER TO OUR RESIDENTS.
OUR ADDRESS IS MACON HEALTH CARE, P.O. BOX 465, MACON, MO 63552**

**PLEASE BRING IN YOUR NEW MEDICAID, MEDICARE &
INSURANCE CARDS TO JENNIFER MCGHEE**

- 112 Bed Skilled Nursing Facility • 24 Bed Alzheimer's Unit • Private & Semi Private Rooms •
- Private Medicare Rooms • Medicaid/Medicare • Managed Care & Assisted Living •

MACON HEALTH CARE CENTER
29612 KELLOGG AVENUE
MACON, MO 63552
(660) 385-5797 or (660) 385-8585
www.maconhealthcarecenter.com

Emergency Number, 660-385-0909

Macon Health Care Center

FACTS

- Private Rooms for patients using their Medicare/Managed Care Benefits.
Rooms included flat screen tv, furniture and mini frig.
- Six Day A Week Therapies
- State of the Art Equipment in our Therapy Gym
- Therapy Catered to Individual Needs.
- Provides Respite Services
- Secure Alzheimer's Unit with Specialized Staff
- Free Wi-Fi
- 148 of Years of Combined Experience in Management
(Administrator, DON, Bookkeeper, Dietary Manager, Activities,
Housekeeping/Laundry Supervisor, Maintenance and Social Services Dir.)
- 50 Years of Combined Experience in the Therapy Department
- Variety of Social Events provided by the Activity Department
- In Room Dining Available
- Weekly In-House Beautician
- Communication about your loved one through Care Plan Meetings
- Pet's Visits (With vaccinations provided)
- Free Home Evaluations provided upon request
- Free Transportation to Doctor's appointments in Macon city limits

**WE ARE
GOING
GREEN!**

Please email Penny at
penny.mccully@nhccare.com
for the newsletter

EMERGENCY #
if other is not working
660-385-0909
or go to our Facebook
Macon Health & Rehab Center
(like us or listen to KRES)

NHC
HEALTHCARE

As a recipient of federal financial assistance, Macon Health Care Center does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, national origin, sex, gender, or on the basis of disability or age in admission to, participation in, or receipt of their services and benefits or any of its programs and activities or in employment.