

# Macon

## HEALTH CARE CENTER



*Hello Winter*

# Our Staff

Administrator

Rachel Richardson, MHA

Office Manager

Jennifer McGhee

Secretary

Vickie Latchford

Director of Nursing

Jodi Crawford, RN, BSN

Care Plan Coordinator

Cathy Snodgrass, RN

Social Services Director

Corey Blackford

Housekeeping/Laundry Supervisor

Leatta Magruder

Maintenance Director

Steve Crawford

Dietary Manager

Dakota McKenzie

Restorative Coordinator

Rachel Zamora, LPN

Regional Medical Records Dir.

Michelle Knowles, RHIT

Medical Records Director

Julie Collins

Medical Director

Dr. James McDowell

Activity Director

Penny McCully

Therapy Director

Kali Kelso, ST

# 2022 CHRISTMAS PARTY



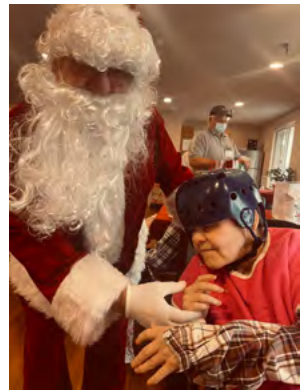
**FOOD ALWAYS MAKES A PARTY  
MORE ENJOYABLE.  
IT WAS SO YUMMY!**





Macon Health Care Center - 3 - "Caring in a Better Way, Day-by-Day"

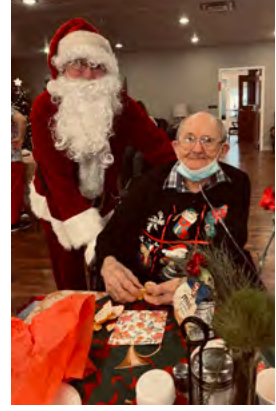




Macon Health Care Center - 4 - "Caring in a Better Way, Day-by-Day"

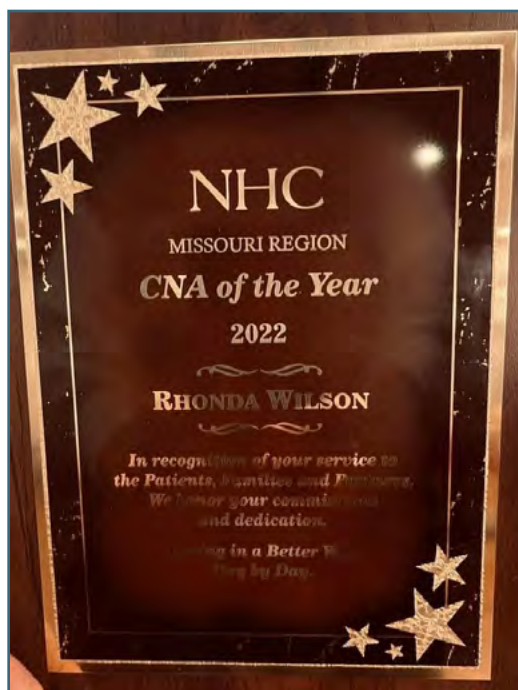


# MORE CHRISTMAS PARTY





# CNA OF THE YEAR - RHONDA WILSON



*Congratulations*



Mail Is Delivered To Our Residents Every Day, **MONDAY THROUGH SATURDAY!**

**RESIDENT COUNCIL IS HELD ON THE 3rd WEDNESDAY OF EVERY MONTH.**

If you have any questions, please contact Rachel Richardson, Administrator or Penny McCully, Activity Director





VISITS CAN BE ANY TIME, FEEL FREE TO CALL AND SCHEDULE AN APPOINTMENT TO SEE YOUR LOVED ONE, 385-5797. CALL US WHEN YOU ARRIVE SO WE CAN OPEN THE DOOR FOR YOU.

# Our *Wonderful* Therapy Department

OVER 50 YEARS OF COMBINED EXPERIENCE BETWEEN OUR PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY

Macon Health Care Center - 7 - "Caring in a Better Way, Day-by-Day"





# LOVE OF MUSIC




**THANK YOU FOR  
SHARING YOUR  
TALENTS WITH US.**

**WE SURE DO ENJOY IT!**




# ACTIVITY CALENDAR

Reflections  
Unit

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	8	9	10	11	12	13
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



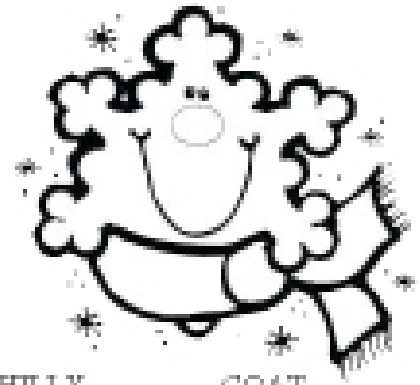
# ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 4:30 .....Church with Jim Wells	2 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:30 .....Stretch & Flex 10:00 .....LCR Game 1:30 .....Bingo	3 8:30 .....Door to Door 9:00 .....Nail Spa 10:00 .....Bible Study with Bill Lear 1:30 .....Trivia 2:30 .....Yahtzee	4 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:00 .....Oh, Shoot! 11:00 .....Annabelle at the Piano 1:30 .....Bingo 3:00 .....Name that Tune!	5 8:30 .....Door to Door 9:30 .....Morning Stretch 10:00 .....Nail Spa (Hospice) 1:30 .....Movie Afternoon in the Day Area	6 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:00 .....CST Group 1:30 .....Nail Spa 3:00 .....Finish the Phrase...	7 Games Available in Activity Room Puzzles, Checkers, Cards, etc. 10:00 ... Bingo
8 4:30 .....Church with Jim Wells	9 8:00 .....Therapeutic Circle 8:30 .....Door to Door 10:00 .....Yahtzee 1:30 .....Bingo 3:00 .....Craft Time	10 8:30 .....Door to Door 9:00 .....Nail Spa & Hand Massage Therapy 1:00 .....Finish the Phrase 2:30 .....Music Trio	11 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:00 .....Morning Stretch 10:00 .....Bingo 2:00 .....Bible Study with Josh Stucki 3:00 .....Hangman	12 8:30 .....Door to Door 10:00 .....Music by the Fosters 1:30 .....LCR Game	13 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:00 .....CST Group 1:45 .....Arm Chair Therapy	14 Activities always available in Activity Room 10:00 ...Bingo
15 4:30 .....Church with Jim Wells	16 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:30 .....Chair Yoga 10:00 .....Bingo 1:00 .....Hangman 2:00 .....Moots Family Music	17 8:30 .....Door to Door 9:00 .....Ladies Club 10:30 .....Sock Toss 1:30 .....Movie in the Day Area 3:30 .....Dominoes <b>THEME DAY: PAJAMA DAY</b>	18 8:00 .....Therapeutic Circle 8:30 .....Door to Door 10:00 .....Oh Shoot! 11:00 .....Annabelle at the Piano 1:30 .....Bingo 3:00 .....Devotions/Hymns	19 8:30 .....Door to Door 10:00 .....Nail Spa (Hospice) 10:00 .....Pastor Kohn Music 2:00 .....LCR Game	20 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:00 .....CST Group 2:00 .....Devotions/Hymns	21 10:00 ... Bingo Games available in activity room, puzzles, checkers, cards
22 4:30 .....Church with Jim Wells	23 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:30 .....Chair Yoga 10:00 .....Bingo 2:00 .....Bill Lear & Friends Music 3:30 .....Hangman	24 8:30 .....Door to Door 9:00 .....Men's Club 10:00 .....LCR Game 1:30 .....Yahtzee 2:30 .....Music Trio	25 8:00 .....Therapeutic Circle 8:30 .....Door to Door 10:00 .....Bingo 11:00 .....Annabelle at the Piano 1:00 .....Bendominoes 2:00 .....Bible Study with Josh Stucki	26 10:00 ...Chair Yoga 2:00 .....Finish the Phrase	27 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:00 .....CST Group 1:30 .....January Birthday Party	28 10:00 .... Bingo Activities always available in Activity Room
29 4:30 .....Church with Jim Wells	30 8:00 .....Therapeutic Circle 8:30 .....Door to Door 9:00 .....Morning Stretch 10:00 .....Hangman 1:30 .....Bingo 3:00 .....Family Fued	31 8:30 .....Door to Door 9:00 .....Balloon Volleyball 10:00 .....Dominoes 1:30 .....Bingo 3:00 .....LCR Game				



# WINTER WORD SEARCH

Y E O T N I M T W I C Y N S G  
 O T Y L C L E I C C O B B N N  
 S K S I J K L E T D L L Q O I  
 X C C O C V S A Q T D O G W D  
 R L A A R K D C B B E N N I D  
 E S J R A F O V C W I N K N E  
 F Y B T F A I K S Z O S S G L  
 Z Z I B T L W E E D S N T T S  
 S N O W M A N E V F L D S V I  
 G C H X Z W R I R E T N I W D  
 F D X I X F Y A V J U W J V S  
 E K A L F W O N S C H I L L Y



CHILLY	COAT
FREEZING	FROSTY
ICICLE	JACKET
SCARF	SKI
SNOWBALL	SNOWLAKE
SNOWMAN	WINTER
COLD	MITTENS
ICESKATING	SLEDDING

Happy  
Birthday!

# January Birthdays



## PARTNERS

Addison Head - 1/3  
 Rhonda Ferguson - 1/4  
 Amber Jesse - 1/18

## RESIDENTS

Jean Hayes - 1/7  
 Jane Dean - 1/20  
 Kathleen Reese - 1/20

**PLEASE HELP US IN SENDING A BIRTHDAY CARD SHOWER TO OUR RESIDENTS.  
 OUR ADDRESS IS MACON HEALTH CARE, P.O. BOX 465, MACON, MO 63552**

**PLEASE BRING IN YOUR NEW MEDICAID, MEDICARE &  
 INSURANCE CARDS TO JENNIFER MCGHEE**

- 112 Bed Skilled Nursing Facility • 24 Bed Alzheimer's Unit • Private & Semi Private Rooms •
- Private Medicare Rooms • Medicaid/Medicare • Managed Care & Assisted Living •



MACON HEALTH CARE CENTER  
29612 KELLOGG AVENUE  
MACON, MO 63552  
(660) 385-5797 or (660) 385-8585  
www.maconhealthcarecenter.com

*Emergency Number, 660-385-0909*

# Macon Health Care Center

## FACTS

- Private Rooms for patients using their Medicare/Managed Care Benefits.  
Rooms included flat screen tv, furniture and mini frig.
- Six Day A Week Therapies
- State of the Art Equipment in our Therapy Gym
- Therapy Catered to Individual Needs.
- Provides Respite Services
- Secure Alzheimer's Unit with Specialized Staff
- Free Wi-Fi
- 148 of Years of Combined Experience in Management  
(Administrator, DON, Bookkeeper, Dietary Manager, Activities,  
Housekeeping/Laundry Supervisor, Maintenance and Social Services Dir.)
- 50 Years of Combined Experience in the Therapy Department
- Variety of Social Events provided by the Activity Department
- In Room Dining Available
- Weekly In-House Beautician
- Communication about your loved one through Care Plan Meetings
- Pet's Visits (With vaccinations provided)
- Free Home Evaluations provided upon request
- Free Transportation to Doctor's appointments in Macon city limits

**WE ARE  
GOING  
GREEN!**

Please email Penny at  
[penny.mccully@nhccare.com](mailto:penny.mccully@nhccare.com)  
for the newsletter

**EMERGENCY #**  
**if other is not working**  
**660-385-0909**  
or go to our Facebook  
**Macon Health & Rehab Center**  
**(like us or listen to KRES)**

**NHC**  
HEALTH CARE

*As a recipient of federal financial assistance, Macon Health Care Center does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, national origin, sex, gender, or on the basis of disability or age in admission to, participation in, or receipt of their services and benefits or any of its programs and activities or in employment.*