



This Month's News



Dear Families:

It is hard to believe July is already here and summer is really starting to heat up. We hope you are keeping cool and incorporating some fun into your

days. Here's some of the latest news from NHC!

Independence Day- July 4th

Happy Independence Day from all of us at NHC! We are blessed to live in a country with freedom. We hope each of you had a safe and wonderful 4th!



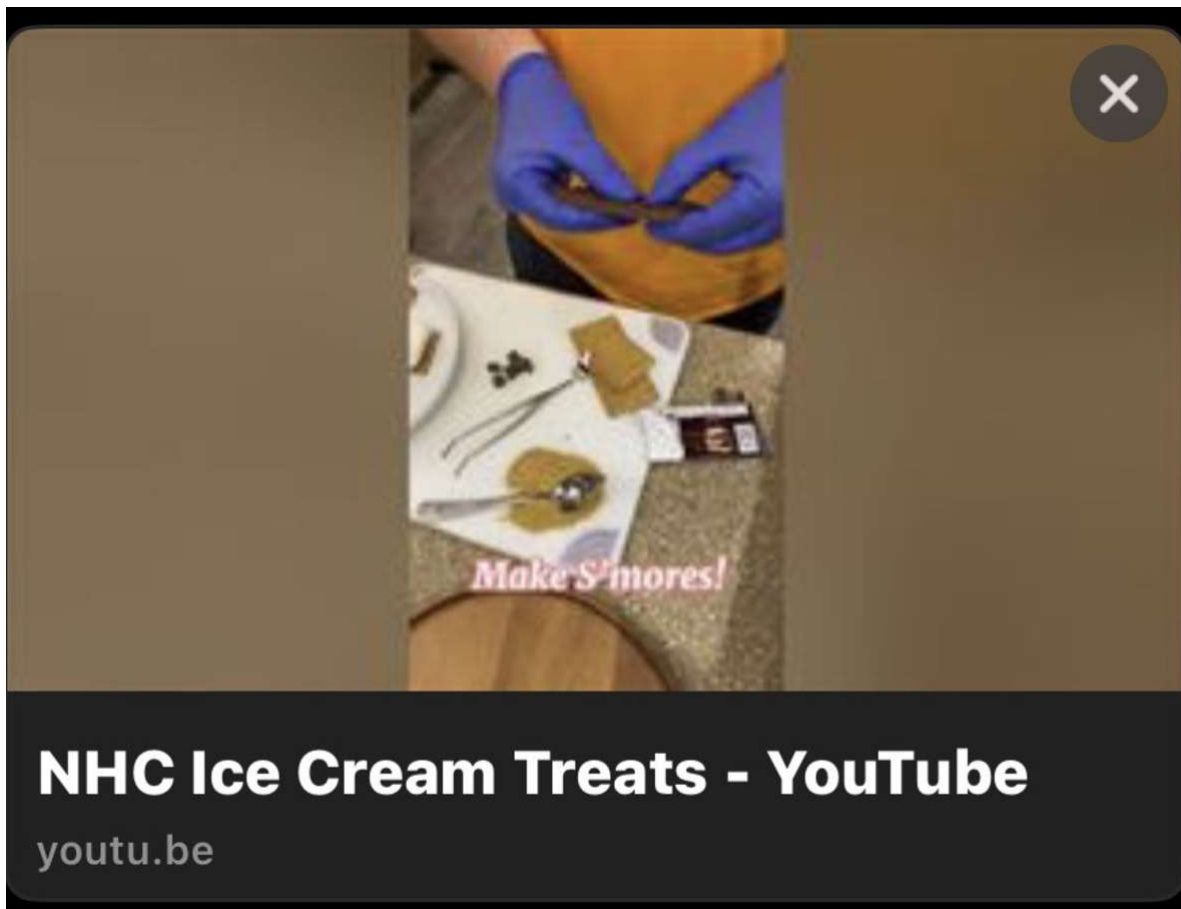
NHC'S 52nd Anniversary- July 23rd

NHC is proud to have served our patients and residents for 52 years this year. We thank you for the opportunity to provide continuous care and for entrusting us with your loved ones. It is truly a privilege to care for our patients.



National Ice Cream Month

Beat the summer heat with a sweet, COLD treat. What better way to celebrate National Ice Cream Month than grabbing a cup, or cone, of your favorite flavor? Check out one of NHC's extremely talented chefs, Chef Alan, as he gives us a delicious recipe for S'Mores Ice Cream Cake [HERE](#).



Thank you,

Debbie Hubbard

Administrator, NHC HealthCare Kingsport

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